

K-12 Digital Citizenship Lessons Staff Reference 2024-25

PLEASE NOTE: This document is intended for internal **STAFF USE ONLY**. While some of our lessons pull from open-source curriculum, many do not and we do not have the rights to share them digitally. When accessing [Common Sense Media](#) lessons directly, we encourage you to create a sign in by logging in with Google.

Digital Citizenship Week: October 14-18

[Kick-Off Video](#)

[Digital Citizenship Tips and Routines for Back-To-School](#)

HSD's Kick Start Guides [k-2](#) [3-6](#) [7-8](#) [9-12](#)

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12th Grade			

** For PearDeck Slides, make sure to go to Add-Ons and open PearDeck for Google Slides Add-On.

Topic Key:	 Media Balance & Well-Being	 Privacy & Security	 Digital Footprint & Identity	 Relationships & Communication	 Cyberbullying, Digital Drama, & Hate Speech	 News & Media Literacy
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Kindergarten

Lessons: 3

Lesson Duration: 20-30 minute lessons

[Four Day Lesson Plan](#)

- Media Balance & Well-Being [Media Balance is Important](#)
- Media Balance & Well-Being [Pause for People](#)
- Privacy & Security [Safety in My Online Neighborhood](#)

Notes

- CyberBullying Lesson Ideas-
 - Show Edpuzzle Video [Digital Citizenship: Cyberbullying](#)
 -  Be an Upstander - Prevent Bullying: A NED Short
 - 0:00-4:46  Responsible Use of Technology for Kids - First Mobile - Cyberbullying - Fak...

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

Additional Resources or Extensions

- [Be Internet Awesome Pear Decks](#)
- [Digital Citizenship Edpuzzle Originals](#)
- [ISTE Digital Citizenship Lessons: Elementary](#)

Standards and Alignment

- [ISTE Standards](#)
- [CASEL Crosswalk](#)

1st Grade

Lessons: 3

Lesson Duration: 20-30 minute lessons

[Four Day Lesson Plan](#)

- (1) [Pause & Think Online](#)
- (2) Media Balance & Well-Being: [How technology makes you feel](#)
- (3) Privacy & Security: [Internet Traffic Light](#)

Notes

- CyberBullying Lesson Ideas-
 - Show Edpuzzle Video [Digital Citizenship: Cyberbullying](#)
 -  Be an Upstander - Prevent Bullying: A NED Short
 - 0:00-4:46  Responsible Use of Technology for Kids - First Mobile - Cyberbullyin...

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
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Additional Resources or Extensions

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Standards and Alignment

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- [CASEL Crosswalk](#)

2nd Grade

Lessons: 4

Lesson Duration: 20-30 minute lessons

Four Day Lesson Plan

- (1) [We the Digital Citizens](#)
- (2) Privacy & Security: [That's Private!](#)
- (3) Relationships & Communication: [Who is in your Online Community?](#)
- (4) Cyberbullying, Digital Drama & Hate Speech: [Putting a STOP to Online meanness](#)
- [Media Balance & Well-Being: Device-Free Moments](#) (optional)
- [Digital Footprint & Identity: Digital Trails](#) (optional)
- [News & Media Literacy: Let's Give Credit!](#) (optional)

Notes

- CyberBullying Lesson Ideas-
 - Show Edpuzzle Video [Digital Citizenship: Cyberbullying](#)
 -  Be an Upstander - Prevent Bullying: A NED Short
 - 0:00-4:46  Responsible Use of Technology for Kids - First Mobile - Cyberbullyin...

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
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- [CASEL Crosswalk](#)

3rd Grade

Lessons: 4

Lesson Duration: 30-minute lessons

[Four Day Lesson Plan](#)

- (1) Media Balance & Well-Being: [Your Rings of Responsibility](#)
- (2) Digital Footprint & Identity: [This Is Me](#)
- (3) Relationships & Communication: [Our Digital Citizenship Pledge](#)
- (4) Cyberbullying, Digital Drama & Hate Speech: [The Power of Words](#)
- [Privacy & Security: Password Power Up](#) (optional)
- [News & Media Literacy: Is Seeing Believing?](#) (optional)

Additional Resources

- [Cyberbullying - You're Not Alone](#) Video
- [Be Internet Awesome - Explore Interland](#) Games and Lessons
- [Be Internet Awesome](#) Main Page
- [Edpuzzle Originals: Digital Citizenship](#)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

Additional Resources or Extensions

- [Be Internet Awesome Pear Decks](#)
- [Digital Citizenship Edpuzzle Originals](#)
- [ISTE Digital Citizenship Lessons: Elementary](#)

Standards and Alignment

- [ISTE Standards](#)
- [CASEL Crosswalk](#)

4th Grade

Lessons: 4

Lesson Duration: 30-minute lessons

Four Day Lesson Plan

- (1) Digital Footprint & Identity: [Our Online Tracks](#)
- (2) Relationships & Communication: [Keeping Games Fun and Friendly](#)
- (3) Cyberbullying, Digital Drama & Hate Speech: [Be a Super Digital Citizen](#)
- (4) News & Media Literacy: [A Creator's Rights and Responsibility](#)
- [Media Balance & Well-Being: My Media Choices](#) (optional)
- [Privacy & Security: Private and Personal Information](#) (optional)

Additional Resources

- [Internet Safety](#) Video
- [Be Internet Awesome - Explore Interland](#) Games and Lessons
- [Be Internet Awesome](#) Main Page
- [Edpuzzle Originals: Digital Citizenship](#)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

Additional Resources or Extensions

- [Be Internet Awesome Pear Decks](#)
- [Digital Citizenship Edpuzzle Originals](#)
- [ISTE Digital Citizenship Lessons: Elementary](#)

Standards and Alignment

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- [CASEL Crosswalk](#)

5th Grade

Lessons: 4

Lesson Duration: 30-minute lessons

[Four Day Lesson Plan](#)

- (1) Media Balance & Well-Being: [Finding My Media Balance](#)
- (2) Privacy & Security: [You Won't Believe This!](#)
- (3) Relationships & Communication: [Digital Friendships](#)
- (4) Cyberbullying, Digital Drama & Hate Speech: [Is It Cyberbullying?](#)
- [Digital Footprint & Identity: Beyond Gender Stereotypes](#) (optional)
- [News & Media Literacy: Reading News Online](#) (optional)

Additional Resources

- [Digital Citizenship & You](#) Video
- [Be Internet Awesome - Explore Interland](#) Games and Lessons
- [Be Internet Awesome](#) Main Page
- [Edpuzzle Originals: Digital Citizenship](#)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

Additional Resources or Extensions

- [Be Internet Awesome Pear Decks](#)
- [Digital Citizenship Edpuzzle Originals](#)
- [ISTE Digital Citizenship Lessons: Elementary](#)

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- [CASEL Crosswalk](#)

6th Grade

Lessons: 4

Lesson Duration: 20-minute lessons

[Five Day Lesson Plan](#)

- News & Media Literacy: [Finding Credible News](#)
- Relationships & Communication: [Chatting Safely Online](#)
- Cyberbullying, Digital Drama & Hate Speech: [Digital Drama Unplugged](#)
- Digital Footprint & Identity: [Who Are You Online?](#)
- News & Media Literacy: [Artificial Intelligence: Is It Plagiarism?](#)

Games and Activities

- [Digital Compass Games](#)
- Extension Activities
 - [Digital Life 101](#)
 - [Teen Voices: Presenting Yourself Online](#)
 - [Teen Voices: Who You're Talking to Online](#)
- 20 Minute Games:
 - [Is This Private Information?](#) (Relationships & Communication)
 - [Scams and Phishing](#) (Privacy & Security)
 - [Online Identities](#) (Digital Footprint & Identity)
 - [News in Social Media](#) (News & Media Literacy)
- [Be Internet Awesome Pear Decks](#)
- [Digital Citizenship Edpuzzle Originals](#)
- [ISTE Digital Citizenship Lessons: Elementary](#)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

Standards and Alignment

- [ISTE Standards](#)
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7th Grade

Lessons: 5

Lesson Duration: 20-minute lessons

[Five Day Lesson Plan](#)

- News & Media Literacy: [The Four Factors of Fair Use](#)
- Cyberbullying, Digital Drama & Hate Speech: [Upstanders and Allies: Taking Action Against Cyberbullying](#)
- Relationships & Communication: [My Social Media Life](#)
- Digital Footprint & Identity: [The Power of Digital Footprints](#)
- News & Media Literacy: [Artificial Intelligence: Is It Plagiarism?](#)

Games and Activities

- [Common Sense Media SEL Lessons](#)
- [SEL in Digital Life](#)
- [Digital Citizenship Edpuzzle Originals](#)
- Extension Activities
 - [Digital Footprint](#)
 - [Teen Voices: Friendships and Social Media](#)
- 20 Minute Games:
 - [How to Be an Upstander](#) (Cyberbullying, Digital Drama & Hate Speech)
 - [Ads on Social Media](#) (Privacy & Security)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

Standards and Alignment

- [ISTE Standards](#)
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8th Grade

Lessons: 5

Lesson Duration: 20-minute lessons

[Five Day Lesson Plan](#)

- Relationships & Communication: [Sexting & Relationships](#)
- News & Media Literacy: [This Just In](#)
- Privacy & Security: [Being Aware of What You Share](#)
- Cyberbullying, Digital Drama & Hate Speech: [Responding to Online Hate Speech](#)
- News & Media Literacy: [Artificial Intelligence: Is It Plagiarism?](#)

Games and Activities

- [Common Sense Media SEL Lessons](#)
- [SEL in Digital Life](#)
- [Digital Citizenship Edpuzzle Originals](#)
- Extension Activities
 - [Teen Voices: The Pressure to be Connected](#)
 - [Teen Voices: Oversharing and Your Digital Footprint](#)
 - [Teen Voices: Sexting, Relationships, and Risks](#)
- 20 Minute Games:
 - [Shaping Your Digital Footprint](#) (Digital Footprint & Identity)
 - [Healthy Social Media Habits](#) (Media Balance & Well-Being)
 - [Social Media Privacy](#) (Privacy & Security)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
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9th Grade

Lessons: 5

Lesson Duration: 20-minute lessons

[Five Day Lesson Plan](#)

- News & Media Literacy: [Hoaxes and Fakes](#)
- Digital Footprint & Identity: [What You Send in "That Moment When ..."](#)
- Relationships & Communication: [Chatting and Red Flags](#)
- Cyberbullying, Digital Drama, & Hate Speech: [Protecting Online Reputations](#)
- News & Media Literacy: [Artificial Intelligence: Is It Plagiarism?](#)

Games and Activities

- [Common Sense Media SEL Lessons](#)
- [SEL in Digital Life](#)
- [Digital Citizenship Edpuzzle Originals](#)
- Extension Activities
 - [Double Check Game](#) (News & Media Literacy)
 - [The Glass Room](#) (News & Media Literacy)
 - [StopBullying.gov](#) (Cyberbullying, Digital Drama, & Hate Speech)
 - [Youth Engagement Toolkit](#) (Cyberbullying, Digital Drama, & Hate Speech)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
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10th Grade

Lessons: 5

Lesson Duration: 20-minute lessons

[Five Day Lesson Plan](#)

- Media Balance & Well-Being: [Social Media and How You Feel](#)
- Privacy & Security: [Risk Check for New Tech](#)
- News & Media Literacy: [Challenging Confirmation Bias](#)
- Cyberbullying, Digital Drama, & Hate Speech: [Countering Hate Speech Online](#)
- News & Media Literacy: [Artificial Intelligence: Is It Plagiarism?](#)

Games and Activities

- [Digital Citizenship Edpuzzle Originals](#)
- Extension Activities
 - [Is The Internet Making You Meaner?](#) (Cyberbullying, Digital Drama, & Hate Speech)
 - [Dealing with Online Hate Speech](#) (Cyberbullying, Digital Drama, & Hate Speech)
 - [The Ups and Downs of Social Media](#) (Digital Footprint & Identity)
 - [Is This Private Information?](#) (Privacy & Security)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
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11th Grade

Lessons: 5

Lesson Duration: 20-minute lessons

[Five Day Lesson Plan](#)

- Media Balance & Well-Being: [Can Media Be Addictive?](#)
- News & Media Literacy: [Clicks for Cash](#)
- Digital Footprint & Identity: [Who's Looking at Your Digital Footprint?](#)
- Cyberbullying, Digital Drama, Hate Speech: [Online Disinhibition & Cyberbullying](#)
- News & Media Literacy: [Artificial Intelligence: Is It Plagiarism?](#)

Games and Activities

- [When Is Your Brain Ready for Social Media?](#)
- [Is the Internet Making You Meaner?](#)
- [Digital Citizenship Edpuzzle Originals](#)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

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- [ISTE Standards](#)
- [CASEL Crosswalk](#)

12th Grade

Lessons: 5

Lesson Duration: 20-minute lessons

[Five Day Lesson Plan](#)

- Privacy & Security: [Debating the Privacy Line](#)
- News & Media Literacy: [Filter Bubble Trouble](#)
- Cyberbullying, Digital Drama, & Hate Speech: [The Consequences of Online Hate Speech](#)
- Digital Footprint & Identity: [The Change You Want to See](#)
- News & Media Literacy: [Artificial Intelligence: Is It Plagiarism?](#)

Games and Activities

- [Digital Citizenship Edpuzzle Originals](#)
- [Screen Time: How Much is Too Much?](#)
- [Civil Discourse Online](#)

Google Family Engagement Resources

- [Be Internet Awesome Family Guide](#)
- [Best Practices for Family Engagement](#)
- [Communicate Technology Choices Letter](#)
- [Digital Wellbeing Family Guide](#)
- [Family Link](#)
- [Tech Toolkit for Families and Guardians](#)
 - [Tech Toolkit for Families and Guardians - Email Template](#)
- [Google for Education Family Tech FAQ](#)

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