

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓	2 ▾	French HW / reflection
2. ✓	1 ▾	Chem Study / HW
3. ✓	1 ▾	World HW / quizlet
4. ✓	1 ▾	Theo notes / study
5. ✓	1 ▾	Orchestra Practice
6. ✓	2 ▾	Math HW
7. ✓	2 ▾	Stretch
8. ✓	2 ▾	Shake
9. ✗	3 ▾	Stage 14
10. ✗	2 ▾	Streak
11. ✗	3 ▾	NFT?
12. ✓	3 ▾	New Resources
13. ✓	2 ▾	Two affiliate videos
14. ✗	3 ▾	Clean Spikes
15. ✓	3 ▾	Membean
16. ✓	2 ▾	Mod Role
17. ✗	3 ▾	29 mistakes (11-20)
18. ✓	3 ▾	NHS teacher recommendations (decide who)
19. ✓	3 ▾	NHS essay (brainstorm)
20. ✓	2 ▾	Organize

Day Number: 4

Date: 3/15

Start Of The Day - Time: 6:30

	 3 Things That I Am Excited To Have In The Future? 
1.	Porsche 911
2.	First Client
3.	Sub 5-minute mile time

 Hour-By-Hour
Tracking:

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 6 am: Task \$	Get up, start morning routine
🔔 Intention 🔔	Same as every day, but a little bit better
✍️ Reflection ✍️	Pretty good, got a lot of my stuff done

\$ 7 am: Task \$	Eat breakfast, get to school, get notes
🔔 Intention 🔔	Get to school by 7:45
✍️ Reflection ✍️	Did ok, got to school on time

\$ 8 am: Task \$	Prep for english, start of english
🔔 Intention 🔔	Look at builitin
✍️ Reflection ✍️	Prepped for class, class was boring though

\$ 9 am: Task \$	End of english, start of orchestra
🔔 Intention 🔔	Be prepped for orchestra run through

 Reflection 	Did good, class was super slow
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\$ 10 am: Task \$	Orchestra
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 Intention 	Concert run through
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 Reflection 	Did good, played well
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\$ 11 am: Task \$	End of orchestra, lunch
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 Intention 	Eat lunch quickly to start studying
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 Reflection 	Did good, played a little outside with friends to get some energy
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\$ 12 pm: Task \$	Flex, grind out hw
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 Intention 	Get a good G work session in
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 Reflection 	Did great, got a lot of work done
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\$ 1 pm: Task \$	End of flex, start of math
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 Intention 	Finished up some hw, started math class
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 Reflection 	Gave myself breathing room for after school and the concert
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\$ 2 pm: Task \$	Math
🔔 Intention 🔔	Get through class
✍️ Reflection ✍️	Class was super slow

\$ 3 pm: Task \$	Get more hw/studying done
🔔 Intention 🔔	Go to a quiet place to get some work done
✍️ Reflection ✍️	Was distracted for the first 30 minutes but still got some work done

\$ 4 pm: Task \$	Grind out hw until people start showing up
🔔 Intention 🔔	Focus on Chem and classes missed Monday
✍️ Reflection ✍️	Stayed focused even though people started showing up

\$ 5 pm: Task \$	Concert prep
🔔 Intention 🔔	Make sure everything sounds right and my clothes are good
✍️ Reflection ✍️	Ready to destroy the concert

\$ 6 pm: Task \$	Concert prep, start of concert
🔔 Intention 🔔	Make sure everything is set, and wait for cue
✍️ Reflection ✍️	Still waiting for my group's cue, will probably take another thirty to forty minutes

\$ 7 pm: Task \$	Wait for cue, perform
🔔 Intention 🔔	Play as good as I can
✍️ Reflection ✍️	Played great, destroyed it

\$ 8 pm: Task \$	Pack stuff up, post-concert conversations
🔔 Intention 🔔	Pack stuff up, talk to parents and other performers
✍️ Reflection ✍️	Did everything, got home and made a shake

\$ 9 pm: Task \$	Shower, unpack, organize, start studying
🔔 Intention 🔔	Go through normal routine and make sure not to get distracted
✍️ Reflection ✍️	Did ok, took a long shower

\$ 10 pm: Task \$	Grind out hw and prepare for test tomorrow
🔔 Intention 🔔	Good late night g work session

 Reflection 	Did good, got some work done. Concert put a huge hole in my night
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\$ 11 pm: Task \$	Finish organization, hw, and get to bed
🔔 Intention 🔔	Try and get to bed for more sleep
 Reflection 	zzzz



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠
There are a lot of good players in the orchestra

NEW What Do I Plan To Do Differently Tomorrow? NEW
Get more work done (tomorrow is my hard work day)

NEW What Do I Plan To Do The Same Tomorrow? NEW
Keep a positive attitude and don't get stressed or nervous about performing or being in front of people

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
Coach, teachers that I missed class, Mom

 **What Tasks Were Left Undone?** 

Studying, hw, 29 mistakes, spikes, TRW, NFT, streak

Brain Dump: Super long performance day I barely got any work done