

Hello Racheal,

I watched your video on your fitness journey tips and appreciate you sharing. It'll help me avoid pitfalls and progress in my own journey.

And I noticed you help women transform their bodies with your 3 stage framework. I understand that despite being easily accessible, it may be challenging for you to stand out and expand your business.

However, there could be various reasons why your business isn't growing as quickly as you'd like. While on your page I noticed a problem and I wanted to reach out to offer you a solution for it.

I've recently discovered a framework called PAS. I've created a document that explains how to use the PAS (Pain-Amplify-Solve) framework effectively.

It has helped me, and I believe it could help you take your business to the next level. Here is the link

(https://docs.google.com/document/d/11zmgOtpTjM0WssUqjTzPqsZgQj3rdm_MJZk9QMTuMOE/edit?usp=drivesdk)

If you have any questions or would like to craft a message for your audience, reach out to me.

Cheers

Jesus