Send this letter to your MP in under 5 mins by:

- a) copying the letter below
- b) clicking this link & your MP's name
- c) pasting the text (& adding in anything you'd like e.g your personal stories!) & send
- d) confirm your email address

Dear [insert MP name]

I am writing to you as a constituent to ask you to address the response of the Department of Health and Social Care (DHSC) to a petition calling for a Public Inquiry into pre and post diagnosis support for Attention Deficit Hyperactivity Disorder (ADHD).

The DHSC acknowledged that people are experiencing 'long waits' for an assessment of ADHD, but declined to take any further action to address this as it is not their responsibility.

This is unacceptable, considering:

- NHS assessment waiting lists are up to 20 years long in some parts of the UK
- Some parts of the UK, such as Yorkshire, have simply cut off people from accessing any assessments whatsoever
- The NICE guidelines are not being followed as described, such as those relating to treatment plans, and have not been updated since 2018
- There is currently a national ADHD medication shortage, as seen by the recent National Patient Safety Alert, but no alternatives or follow up support has been provided by healthcare professionals
- GP's have called for action to be taken due to chronic underfunding and people in crisis
- The suicide risk is 5 times higher for people with ADHD, yet adult ADHD is not mentioned at all in the Government's Suicide Prevention Strategy.

On 6 February 2023, the then Minister for State for Health, Maria Caulifield, committed to looking at national collection of data for ADHD during a Parliamentary debate about assessments.

Since then the Government has taken no action, and it is clear that it does not intend to do so.

Covid-19 demonstrated the dangers of not coordinating the collection of vital health information. What isn't collected cannot be measured, which means it is impossible to hold to account.

As a democratically elected representative, you can make a significant difference by holding the Government to account on ensuring that those it delegates responsibility to are meeting expectations.

Yours sincerely,

[insert your name]

