

CISD SPORTS MEDICINE INFORMATION

- The role of the sports medicine department is to coordinate the health care, safety, and rehabilitation of injured athletes.
- Head District Athletic Trainer: Rick Redden, ATC, LAT
- Athletic Trainer: Josselyn Castillo, ATC, LAT
- Team Physician: Dr. James Bothwell, MD- [Fort Worth Orthopedics](#)
- Dr. Bothwell and his staff of three physician assistants are available to provide care for orthopedic injuries. Dr. Tracy Henderson provides general sports medicine care as well as concussion management
- The athletic trainers coordinate with parents getting their child into the doctor and assist with documenting the injury/ filling out school insurance paperwork
- Treatment times start at 7:15 AM before school in the Athletic Complex