

Here is a list of suggested items, but not limited to:

CANDY • Candy (heat resistant) • Twizzlers CORRESPONDENCE • Writing Paper and Envelopes • Pens/Pencils DENTAL • Toothbrushes • Toothpaste • Floss • Mouthwash DRINK • Coffee (instant) • Coffee Creamer • Gatorade • Powdered Drink Mixes • Tea Mixes (sweet) • Kool Aid Bursts- to freeze • FOOD (including dry goods, snacks) • Oatmeal (instant) • Ramen Noodles-any flavor • Bars (Clif or Balance) • Beef Jerky • Girl Scout Cookies • Granola Bars • Pop-Tarts • Canned Fruit (pop top cans) • Cereal (in small boxes) • Gum • Sugar packets • Ravioli (pop top cans) • Tuna Kits GAMES • Playing Cards • Board Games • Travel Size Games • Crossword Puzzles • Sudoku books MUSIC • CDs • Tapes • DVDs new and used • Handheld electronic games	PRINTED MATERIALS • Books (novels, short stories) • Newspapers (local) • Magazines TOILETRIES/HYGIENE • Baby Wipes • Feminine Hygiene Products (for female soldiers) • Travel size body wash • Nose spray • Eye Drops • Throat or Vitamin Drops • Deodorant • Foot Powder • Hairbrushes • Hand Lotion • Hand Sanitizers (waterless) • Nail Clippers • Q-Tips • Razors (disposable) • Shampoo • Sunscreen • Tissues (heavy duty – i.e. Puffs) • Tylenol (individual packets) Other • Plastic spoons • American Flags (small) • Baggies (with zip lock) • Batteries (AA, D,) • Duct Tape • Disposable Cameras • Flashlights (mini/mag lite, extra bulbs, lots of batteries) • Fans (battery powered – small – with extra batteries) • Fly Strips • Fly Swatters • Pre-Paid Phone Cards • Shoe Insole Cushion • Socks (cushioned white calf high) Seasonal • Canned turkey and Thanksgiving food items • Small unbreakable holiday decorations • Christmas stockings
---	---

****Please do not send any aerosol, perishable, or breakable items.**