

# HARDSHIP RESOURCES

## EXPLORE ACADEMY LAS CRUCES

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# Home/Living Situation

## [McKinney-Vento Act information](#)

Homeless is defined as any situation in which a student does not have a permanent address, such as living on the street, with family, with friends, in shelters, in hotels, etc. Hardships from this can include transportation, apparel, documents, food, hygiene, residency requirements, etc. \*Consider your answer to the following question:

Where do you sleep at night? Do any of these apply to you in the last year?

- o Staying temporarily with friends, relatives or other people (“couch-surfing”) WITH a parent
- o Staying temporarily with friends, relatives or other people (“couch-surfing”) NOT with a parent
- o At a shelter, WITH a parent
- o At a shelter, NOT with a parent
- o In transitional housing or an independent living program, WITH a parent
- o In transitional housing or an independent living program, NOT with a parent
- o At a motel or in a camper or 5th wheel, WITH a parent
- o At a motel or in a camper or 5th wheel, NOT with a parent
- o In a car, tent, park, bus or train station, abandoned building, shed, chicken coop, or other public place, WITH a parent
- o In a car, tent, park, bus or train station, abandoned building, shed, chicken coop, or other public place, NOT with a parent

If you answered yes to any of these, you likely qualify for assistance to help you and your family. Explore Academy is committed to removing or decreasing economic and situational barriers for our students. To report a financial hardship, homelessness, or other hardships, please fill out this form [here](#), or email our McKinney-Vento Liaison, Maria Silva, [silva.m@explore.academy](mailto:silva.m@explore.academy).

[Explore Academy, Las Cruces Survey Link for Family Need and Resource Support](#)

## COVID-19 Rental and Utility Assistance Program

<https://www.donaanacounty.org/rent-utilities-assistance>

## Mortgage Finance Authority -emergency housing

1-800-444-6880

## NM Housing and Urban Development (HUD)- Renting help

[https://www.hud.gov/states/new\\_mexico/renting](https://www.hud.gov/states/new_mexico/renting)

## Renting Assistance Directory- Have resources listed by town

[https://www.rentassistance.us/st/new\\_mexico](https://www.rentassistance.us/st/new_mexico)

Mesilla Valley Housing Authority

<https://www.mvpha.org/>

Loss of Income due to COVID 19 application

<https://www.newmexico.gov/i-need-assistance/>

Dona Ana County Assistance Program:

The Salvation Army of Las Cruces offers numerous assistance programs, including Utility Bill Assistance if you have received a disconnection notice. There may be help paying rent if the individual has received an eviction notice, but note that in order to receive aid there must be some sort of income coming into the household. Mortgage Assistance may be available if you owe past due on your home loan. Other resources are the Dona Ana County thrift store and food pantry. Last, but not least, prescription medication funds may be available. Dial (575) 524-1044, or read more [Salvation Army Dona Ana County](#).

## Food

Seniors who need groceries - 1-800-432-2080

Food for school-aged children

SNAP Benefits - 1-800-283-4465

WIC (Women, Infants, Children) - 1-505-469-0929. 1-505-867-3124

[El Caldido Soup Kitchen](#)

[Las Cruces Gospel Rescue Mission](#) - 575-523-7727

[Casa De Peregrinos Food Program](#) - 575-523- 5542

St.Vincent de Paul Pantry - Food Distribution Center - 575- 526-1129

## Healthcare

Coronavirus health hotline - 1-855-600-3453

Coronavirus information hotline - job issues, school closures, evictions, utilities,

etc. 1-833-551-0518 Dona Ana Indigent Health Care Program

<https://ecode360.com/9674912>

## Clothing and Supplies

If you need assistance with school uniform or a chrome book, please fill out the form found [HERE](#).

## Childcare

Statewide- Child Care Resource and Referral line to help families find child care  
(1-800-691-9067; [www.NewMexicoKids.Org](http://www.NewMexicoKids.Org))

2805 Roadrunner Parkway  
Las Cruces, NM 88007  
(575) 373-6640

Please call 1-833-551-0518 to connect with the state's child care Resource and Referral line or go to [www.cyfd.org](http://www.cyfd.org) to download a child care assistance application. For more information on CYFD Child Care services here is the link: [CYFD Information](#)

Pull Together Org- Services are available by county, also has resources for other family needs <https://pulltogether.org/resources-by-county>

# Mental Health

You are NEVER Alone: Social Emotional Resources. If you are struggling please reach out for help

## **AGORA Crisis Center 1-855-505-40505 or 1-866-HELP-1-NM**

A non-judgmental help for anyone in need of emotional support. A place that anyone can call when they have something to say. You don't have to be in crisis... You can call to talk about good things, bad things, stress, anger, loneliness, or just to vent!

## **Amistad Family Services Parent-infant psychotherapy (575) 523-2288**

## **Child Abuse and Neglect 1-855-333-SAFE (Toll Free) or #SAFE (#7233) from a cell**

**phone** Protective Services strives to enhance the safety, permanency and well-being of children and families in New Mexico.

## **Domestic Violence Help 1-800-799-7233 (Toll Free) or text 22522**

Supportive services include 24-hour hotlines, crisis intervention, advocacy, individual counseling, support groups, criminal and civil legal advocacy, transitional housing, transportation, specialized services for children, and more.

## **Families & Youth, Inc. (575) 522-4004**

<https://fyiplusnm.org/>

## **La Clínica de Familia Mental Health (575) 647-2800**

Comprehensive community support services, treatment foster care, shelter, group home, therapy, behavioral management services. <https://laclinicadefamilia.org/lcdf/>

## **Mesilla Valley Hospital (575) 382-3500**

Adolescent acute unit, adult inpatient acute unit, adolescent residential treatment center (13 to 18), inpatient substance abuse recovery unit (18 and over)

## **National Alliance on Mental Illness (NAMI) Doña Ana (575) 528-9453 or (510) 770-6264**

Provides mental health services and programs for families.

<https://nami-snm.org>

## **National Child Abuse Hotline 1-800-24-ACHILD**

## **National Child Abuse Prevention Line 1-800-CHILDREN**

## **National Domestic Violence Hotline 1-800-799-SAFE (7233)**

## **National Domestic Violence Hotline (Espanol) 1-800-942-6908**

**National Hope Line 1-800-SUICIDE**

**National Suicide Prevention Lifeline 1-800-273-8255 or 1-800-273-TALK**

The National Suicide Prevention Lifeline is a 24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Your call is routed to the nearest crisis center in our national network of more than 150 crisis centers. The Lifeline's national network of local crisis centers provide crisis counseling and mental health referrals day and night.

**National Runaway Switchboard 1-800-637-0701 Ext. 118**

**National Sexual Assault Hotline 1-800-656-HOPE**

**National Teen Dating Abuse Hotline 1-866-331-9474**

**New Mexico Crisis and Access Line 1-855-662-7474**

New Mexico Crisis Line

**New Mexico PEER to PEER warmline 1-855-466-7100**

New Mexico Peer to Peer Warmline for in-person call and texting services to talk about mental health or substance use concerns in yourself or others before the point of crisis.

**New Mexico Crisis and Access Line 1-855-NM-CRISIS**

A statewide mental health crisis line for anyone who resides in the State of New Mexico. It is a centralized, single telephone number, answered by professional counselors 24 hours a day, 7 days a week, 365 days a year. Counselors have access to emergency workers if needed, are trained in assessing a crisis and responding with the least restrictive alternative. We do not stop at the end of the call, our clinicians refer callers to resources local to them or conduct a follow up call by the next business day to check in.

**New Mexico Rape Crisis Center 505-266-7711**

**New Mexico Substance Abuse Helpline 1-855-505-4505**

**Peak Behavioral Health Services 1-800-599-9808**

Residential treatment center for ages 0 to 17, adolescent acute unit, substance abuse and co-occurring disorder, military substance abuse unit, adult acute unit.

<https://www.peakbehavioral.com/>

**Poison Control 1-800-222-1222**

**Postpartum Support International Support Warmline 1-800-944-4773 (Toll Free)** The PSI

warmline is not a crisis hotline and does not handle emergencies. It is a toll-free telephone number anyone can call to get basic information, support, and resources.

**Pull Together 1-800-691-9067**

**Sexual Assault Nurse Examiners 505-833-8720**

**Spanish-Language Suicide Hotline 1-866-331-9474**

**Southwest Family Guidance Center 575-524-6820**

Individual and family therapy, multisystemic therapy (MST), multisystemic therapy for problem sexual behaviors (MST-PSB), adolescent substance abuse treatment (up to and including IOP), school-based therapy, Thriving Kids® parenting program.

<https://swfamily.com/>

**Suicide 24/7 Emergency Line 575-758-1125**

**Suicide Text Line 741741**

**Substance Abuse and Mental Health Service Administration (SAMHSA's National Helpline) 1-800-662-HELP (4357)**

**Tafoya and Associates 575-556-9585**

Play therapy, counseling, behavior therapy, divorce issues, bereavement, geriatric issues, stress, anger management, domestic violence.

**University of New Mexico Mental Health 505-272-2800**