

Please print and bring this page to the forms drop off Feb 10. 5 - 6:30 in the library.

NORTHGATE GOAL SHEET 2025 – NEW BRONCO SWIMMER ONLY

Name:

Grade:

How long ago did you start swimming?:

What rec. team do you currently/did you previously compete for?:

If you also currently swim for a U.S.A. swim team, which one?:

What are your four favorite individual events (in order)?:

1.

2.

3.

4.

For those four events, please list your lifetime best and your goal time for 2025:

EVENT	LIFETIME BEST	2025 GOAL TIME

What other personal goals do you have? What about team goals?

Please return to Coach Jeff by Feb 15