

2025 Washington Club Sectionals

A USA Ultimate Tournament hosted by DiscNW



Tournament Director(s)

Rusty Brown, from DiscNW will be the Tournament Manager (define). Neve Levinson and Daniel Nan from DiscNW will be onsite Tournament Directors. Please contact either of them at Tournament Central if you have any questions ***not pertaining to seeds, schedules, or format*** during the weekend. There will also be additional staff on hand to help run the tournament.

Land Acknowledgement

DiscNW acknowledges that we are gathered on unceded ancestral lands of the Coast Salish Peoples, in particular the Tulalip, Snohomish, Stillaguamish, and Sauk-Suiattle Tribes, who have stewarded this land for countless generations and continue to live here. In acknowledging native lands we can begin to shine a light on histories that go untold of the theft and colonization of native resources, carried out by broken promises such as the Treaty of Point Elliott. To learn more about the native land you live on, visit native-land.ca.

DiscNW invites those of you living in Seattle to join us in paying Real Rent to the Duwamish Tribe at <https://www.realrentduwamish.org/>.

Captains/Coaches Check-in (Saturday Morning)

We will need one captain or coach to come by Tournament Central (on the western lobe near the southern end) let us know your team is here and pick up a garbage bag. You only need to check in sometime prior to your first game and only on Saturday, although grabbing another trash bag Sunday morning might not be a bad idea.

Captains GroupMe



TDs will use this chat to communicate about field numbers, AQI announcements and other related tournament logistics. The chat may also be used to report scores if the USAU app or website are not responding on your phone.

- Please use the format Division - Team A won against Team B #-#.
 - *Example: Mixed - Paper won against Rock 13-8.*

For questions about rules and competition, please ask your sectional coordinator (emails listed later in the packet).

Amenities

The tournament has a bunch of amenities for you to enjoy during the weekend:

- Bathrooms/port-a-potties, which will be cleaned each night and will be checked for TP refill needs throughout the weekend. The building by field 1 is a permanent bathroom structure for those who prefer that over the port-a-potty life.
- Trained medical staff. These folks will be stationed at two central areas, just look for the red medical flags.
- Lined fields. Each field will have playfield lines as well as brick marks. These lines are all in blue. Please make sure to respect the lines and set up tents and personal gear far enough away from the field of play. There should be a large sideline and a smaller sideline with every field so put your gear accordingly.
- Trash (grey bins). If you need extra trash bags for your team sideline, you can get them at tournament central. If you fill a bag, you can tie it off and leave it next to any of the bins around the fields. Please do not overfill the trash cans. We would rather you put bags of trash on the ground next to trash cans for us to dispose of than you overfill the bin.
Please do not leave any trash behind at the end of Saturday or Sunday as it may jeopardize our use of this facility for future events.
- Field Food - Tournament central will have bagels, peanut butter, almond butter, jelly, chips, granola bars, and fruit. Come by and grab a snack.

Field Map

- ✚ Medical
- ✚ Frisbee Central
- ▲ Restroom



Field Address

Main Entrance: 1100 S. Skagit Street, Burlington, WA 98233

South Entrance: 1510 E. Whitmarsh Road, Burlington, WA 98233

Sidelines

Each field will have a large sideline and a smaller sideline, please keep team gear and tents to the larger sideline. ***Teams should bring their own sideline tents for this event.*** Thanks!

Parking

You can park in the lots to the south of the baseball diamonds, along the gravel road, or in the big grass/gravel lot by the playground. There is no parallel parking, please maximize space by parking smart.

Competition

All competition schedules are on the USA Ultimate website here:

- Men's - <https://play.usultimate.org/events/2025-Washington-Mens-Sectional-Championship/>
- Women's - <https://play.usultimate.org/events/2025-Washington-Womens-Sectional-Championship/schedule/Women/Club-Women/>
- Mixed - <https://play.usultimate.org/events/2025-Washington-Mixed-Sectional-Championship/schedule/mixed/Club-Mixed/>

Field Numbers May Change from Saturday to Sunday!

Scores should be inputted directly into the score report via the USAU App, brought to frisbee central, or messaged in the GroupMe.

Teams will need to provide their own game discs for this tournament.

Competition Rules are by [USAU Rules for 2024-25](#) with the following specifications by Division:

	Men's	Mixed	Women's
Teams Competing	11	14	6
Bids to Regionals	4	7	6
Game to	13	13	13
Round Start (1 long horn)	N/A	N/A	N/A
Soft Cap (1 short horn)	75 mins	75 mins	75 mins
Hard Cap (2 short horns)	90 mins	90 mins	90 mins
Halftime Cap	38 mins	38 mins	38 mins
Halftime Length	6 mins	6 mins	6 mins
Round Time	105 mins	105 mins	105 mins
Timeouts	2/half	2/half	2/half

All rules and competition questions should go to your Sectional Coordinator.

Women's Coordinator - Alyssa Weatherford - womens_rc_nw@usultimate.org

Mixed Coordinator - Amir Kaghazwala - mixed_rc_sc@usultimate.org

Men's Coordinator - Mike Fielden - mens_sc_nw_wash@usultimate.org

Rusty and other DiscNW staff cannot make any decisions regarding the format or competition rules.

Tournament Food/Water

We will have bagels, peanut butter and almond butter, chips, granola bars, and fruit at tournament central. Please come grab a snack. There will be water fill stations throughout the fields. These will have tables with water jugs on them. We ask when a jug is empty, please put it below the table to help signal to staff/volunteers that a refill is needed.

Air Quality

There is a chance that the AQI for this weekend on site will get into the low to mid 70s due to local forest fires. Here are the USA Ultimate Air Quality Guidelines:

<https://usultimate.org/wp-content/uploads/2023/06/USAU-AQI-Levels-6.2023.pdf>. Note

that an AQI range of 51-100 indicates that athletes with respiratory issues should monitor their prolonged exertion and make sure to have any rapid respiratory response handy throughout the weekend. It would also be best practice if team members knew where your inhaler or other medicines are in order to bring them to you should you get light headed and not be able to get the medicine yourself. TDs will monitor AQI throughout the weekend and communicate about it via GroupMe.

Medical

While we have trainers on site (730am each morning), if an emergency arises then here is the local options for medical help:

- **PeaceHealth United General Medical Center** (2000 Hospital Drive Sedro-Woolley, WA 98284)
 - Directions 3.7 miles from the sports complex
 - Head north on S Skagit St toward E Gilkey Rd
 - Turn right onto State Rte 20 E
 - Turn left onto Hospital Dr
 - Turn left to stay on Hospital Dr, PeaceHealth will be on the right
- **Skagit Valley Hospital** (300 Hospital Parkway Mount Vernon, WA 98273)
 - Directions Head north on S. Skagit St
 - Turn right onto E Gilkey Rd, use 2nd exit at roundabout onto S Anacortes St
 - Turn left onto S. Burlington Blvd
 - Turn right onto George Hopper Rd
 - Turn left onto I5 S to Seattle, exit #226 onto Kincaid St & 536W
 - Turn left onto E Kincaid St.
 - Turn left onto S 15th St.
 - Turn left onto Hospital Pkwy
 - Turn left in 300 ft, Hospital will be on the right.

Thanks y'all and hope you all have a fun and safe weekend.