



AFRICA WILD ULTRA™, LIMPOPO, SOUTH AFRICA

TERMS AND CONDITIONS (COMPETITORS)

These Terms and Conditions are deemed to be the full registration contract for participation in the Africa Wild Ultra™ trail race. This document comprises all the general conditions of sale, the race rules, payments, conditions of inclusion on the waiting list for the current Africa Wild Ultra™ edition (2026) and the following Africa Wild Ultra™ edition (2027), conditions of cancellations and refunds, and all others matters pertaining to the information that would be required by a competitor in making their decision to compete in the race.

Registration by a competitor will be regarded as confirmation that the competitor has read through this document, acknowledges that they fully understand the contents, and thereby accept all terms and conditions herein.

Overview and Race

The 2026 edition of the **Africa Wild Ultra™** will take place from Wednesday, the 20th May 2026 to Thursday, the 28th May 2026 in the Limpopo Province of South Africa. These dates include registration, transport to and the duration of the race. The race's home-base town is Hoedspruit.

Every year, the **Africa Wild Ultra™** will be in May within the Kruger to Canyons Biosphere. The race will take place in the northern-most part of the Drakensburg Mountain range and Big5 bushveld in Limpopo, close to the Kruger National Park. It takes the form of a multi-staged, self-sufficient, ultra-marathon trail race over 257km.

Africa Wild Ultra™ is open to runners and walkers. It consists of various stages of differing distances. Each competitor must be food self-sufficient, carry his/her own daypack with the daily emergency requirements, specific mandatory equipment, water, food, and any other necessary items. Competitors race holdalls (with

their race clothing, some mandatory equipment, personal effects and food supplies) will be transported (by vehicle) from camp to camp.

No outside help or seconding of competitors is allowed.

Contact Information

Africa Wild Ultra™

263 Rock Kestrel Rd
Raptors View Wildlife Estate
Hoedspruit
Limpopo
1380
South Africa

Cell: + 27 82 627 4290

Email: info@africawildultra.com

Website: www.africawildultra.com

Official Travel Partner

For pre- or post-race travel bookings, please contact our preferred travel partner below:

Blue Nomad Travel

Website: www.bluenomadtravel.com
Email: info@bluenomadtravel.com

Governing Rules of the Race

Africa Wild Ultra™ will be conducted in accordance with these Terms and Conditions. By registering, all competitors agree to adhere to, and be bound by, these Terms and Conditions.

Eligibility

Anyone 18 years of age or older (as of the date of the race) can enter. All competitors are required to complete the online Registration Form and include a brief biography of themselves. Additionally, competitors must email a medical certificate issued by a licensed physician confirming fitness for participation, accompanied by a resting ECG report to info@africawildultra.com.

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1 Accommodation

- **Africa Wild Ultra™** will provide accommodation in a hotel/lodge/tented camp on the registration evening before departure to the race (20th May 2026) with dinner and breakfast included.
- **Africa Wild Ultra™** will provide accommodation and dinner (awards presentation) in a hotel/lodge/tented camp on the final evening of completion of the race (28th May 2026) with breakfast the next morning. Checkout will be on the 29th May 2026.
- **Africa Wild Ultra™** is not responsible for the account of any alcoholic beverages (at any time), and any other additional beverage orders beyond those at set meals, unless authorised by the Race Director.

2 Ablution Rules

Please make use of the toilet facilities provided at campsites. When on the course, ablutions must be done at least 100m from a checkpoint, the course, or villages. All human waste must be buried at least 25cm below the surface. Toilet paper must be placed in a zip lock bag (as per Paragraph **26 – Mandatory Equipment and Considerations**) and carried to the next checkpoint or campsite for disposal in the bins provided.

3 Acknowledgement

The competitor acknowledges that they have read, understood and acknowledged, prior to purchasing their race entry and registering, all Terms and Conditions and all relevant information in order to make a qualified and informed decision to register and participate in the **Africa Wild Ultra™**.

4 Age Groupings

All competitors will be assigned to an age category based on their date of birth, regardless of their trail running experience. The following age categories apply for both male and female competitors:

- 18-39 years
- 40-49 years
- 50-59 years
- 60-69 years
- 70+ years

5 Application Information

- No late payments will be accepted.
- All payments should be made to **Africa Wild Ultra™**.

- For EFTs, any bank charges shall be at the competitors/payer's expense.
- **Africa Wild Ultra™** reserves the right to refuse a competitor's application.
- In case of cancellation, competitors partially or fully registered on the current edition, may not be replaced (in the cancelled application) by another individual.

Online Applications

- All registrations for the race must be completed via the online registration process found at www.africawildultra.com.
- There is a separate registration for South African citizens.
- This information must be submitted in full on or before registration closure on 20th March 2026.
- Registrations can only be confirmed once the medical form (available online from 01st October 2025) has been completed and emailed to registrations@africawildultra.com.

Given that the total number of competitors is limited to 250, the organization will only accept applications by order of registration, payment, and that being dependant on places available.

6 Campsites and Logistics

Competitors will overnight in designated campsites set up daily throughout the race. These camps offer basic amenities including numbered tents (generally accommodating 10 people), basic sanitation facilities, medical support, technical support, fires (in fire pits), and warm water access. Tent assignments will be determined by the Camp Manager before the race commences and remain fixed for the duration of the event. No tent swopping will be allowed. Competitors are encouraged to use their downtime for rest, preparation, and any necessary medical attention.

Note: No tents are erected at the penultimate campsite – this is an 'open air' campsite under the stars, and in the 'Big5 wild'. No fires may be started by competitors. Fires that get out of control have the potential to cause massive damage.

7 Cancellations / Postponements

Registration Cancellation

Cancellations by competitors, and requests for refunds (this does **not** apply to travel packages that may have been booked), must be made in writing by email and addressed to the following email to avoid delays: registrations@africawildultra.com.

Cancellation refunds will be made on the following basis (subject to the competitor having paid a portion of the total cost, or in full):

- 10% of the amount paid will be retained by **Africa Wild Ultra™** in the event of cancellation up to and including 30th September 2025.
- 25% of the amount paid will be retained by **Africa Wild Ultra™** in the event of cancellation between 1st October 2025 and 31st December 2025.
- 50% of the amount paid will be retained by **Africa Wild Ultra™** in the event of cancellation between 1st January 2026 and 20th March 2026.
- Any cancellations requested after midnight (23:59 SAST) on 20th March 2026 will not be refunded due to costs incurred, including bookings and hiring of staff.

Dates of receipt of competitors emails advising **Africa Wild Ultra™** of their cancellation will be used to calculate the amount (if any) to be refunded by **Africa Wild Ultra™**.

Cancellation Insurance

Africa Wild Ultra™ reminds competitors that any cancellation of the event is a force majeure and that it is therefore strongly advised that competitors take out a policy to cover this event should it arise.

Postponement of Registration / Carry-Over Policy (2026 to 2027)

This policy outlines the conditions for transferring your registration from the 2026 **Africa Wild Ultra™** to the 2027 **Africa Wild Ultra™** event. Please note that this policy does **not** apply to travel packages that may have been booked.

This is the breakdown of the fees and deadlines:

- Up to and including the 19th December 2025: you can reschedule your registration to the 2027 **Africa Wild Ultra™** free of charge.
- From 20th December 2025 to the 20th March 2026: a rescheduling fee of an extra 15% on the race fees for all competitors, will apply.
- After 20th March 2026: Rescheduling will not be possible.

How to Request a Postponement

All postponement requests must be submitted in writing to the **Africa Wild Ultra™** offices via email to registrations@africawildultra.com.

If a competitor chooses to reschedule to a later offering of the event that costs more than their current registration, the competitor will be responsible for paying the price difference. Only one postponement is allowed per competitor of their initial registration. A competitor cannot postpone an already postponed registration.

We recommend reviewing this policy carefully and reaching out to registrations@africawildultra.com if there are any questions.

Cancellation of Postponed Registration

In a case of cancellation by the competitor of a **postponed** registration, the cancellation refund schedule will be as follows (this does **not** apply to additional travel packages that may have been booked):

- 30% of the amount paid will be retained by the organization from ≥ 6 months before registration closure of the event
- 40% of the amount paid will be retained by the organization in the event of cancellation within 5 months of the event
- 50% of the amount paid will be retained by the organization in the event of cancellation within 4 months of the event
- Any cancellations between 1 and 3 months of the event will not be reimbursed as costs have been incurred, bookings made, and staff hired

Dates of receipt of competitors emails advising **Africa Wild Ultra™** of the cancellation will be used to calculate the amount (if any) to be refunded by **Africa Wild Ultra™**.

8 Complaints / Disputes

All complaints and disputes from competitors must be addressed to the Race Director or a Race Official verbally or in writing, to be resolved within 6 hours.

After the race, any complaints or disputes should be emailed to admin@africawildultra.com within 45 days of the race finish.

9 Course Markings

All competitors in the **Africa Wild Ultra™** must follow the route as marked by the course team.

For each stage, the course will be marked with retro reflective night markers. Competitors will be shown the markers and what they look like before the start of the race.

The course covers a variety of terrain. In the case of a competitor losing their way they should:

1. Stop immediately.
2. Retrace steps to the last course marker seen.
3. Continue to follow the markers.
4. If unable to locate the last marker, the competitor is to remain where they are, attempt to contact other competitors by shouting or with their whistles, failing which they are to activate their distress remote.

10 Data Protection

By registering for the **Africa Wild Ultra™** participants acknowledge and consent to the collection of their personal data through the registration platform, which is owned by **Africa Wild Ultra™** and/or the organizers, and agree that this data will be used by them.

Africa Wild Ultra™ and the organizers are responsible for safeguarding personal data, ensuring its security and confidentiality, and managing its processing and transfer. This includes taking all necessary measures to prevent unauthorized access or misuse of the data.

Data Beneficiaries

The personal data collected during the online registration process may be communicated to:

- **Africa Wild Ultra™** officers, administrative staff, employees, agents, and organisers.
- **Africa Wild Ultra™** providers and partners who contribute directly to the management of registrations and the organisation of the **Africa Wild Ultra™**, hotel/lodge/tented camp, medical assistance, bus operators, etc..
- **Africa Wild Ultra™** has asked its service providers and partners to put in place strict confidentiality measures.

By participating in the **Africa Wild Ultra™** event, competitors acknowledge, understand, and fully accept that:

- Their surname, first name(s), and country will be listed on the official start list available on the website www.africawildultra.com.
- Their geolocation on the race route will be accessible on the website and available to race officials and anyone accessing the website, 24/7 throughout the event.
- Information about their performance, including results, photos, and videos, will be published on the website during and after the event.

- Beyond these provisions, **Africa Wild Ultra™** and/or the organizers will not sell, transfer, or grant access to competitors' data to third parties without the competitor's prior consent, and unless required to do so for legitimate reasons, such as legal obligations.

If a competitor does not want this information published, they must submit a written request to registrations@africawildultra.com no later than forty-five (45) days before the event starts.

Intellectual Property

Africa Wild Ultra™ and the organizers hold all intellectual property rights related to the website, including (but not exclusively) copyright, trademarks, and database producers' rights. This encompasses all elements of the website's structure and content, such as images, videos, photographs, logos, trademarks, tools, software, and other data.

Any production, representation, publication, transmission, use, or modification of the website, or any part of its content, without the prior consent and authorization of **Africa Wild Ultra™** and/or the organizers, is prohibited.

The trademarks of **Africa Wild Ultra™** and those of its partners featured on the website are registered trademarks. Using these trademarks or logos, in whole or in part, without written permission from **Africa Wild Ultra™** or its partners is forbidden.

Africa Wild Ultra™ and/or the organizers are also the producers of the website's databases. Any access, extraction or reuse of these databases by any means, technical or other, without consent is prohibited.

Image rights

Filming and image capture

During the **Africa Wild Ultra™** event, **Africa Wild Ultra™** and/or its partners may film the event itself, the surrounding areas, the start and finish lines, checkpoints, campsites, and competitors.

Africa Wild Ultra™ Use of Competitor Images

By participating in the **Africa Wild Ultra™**, competitors grant **Africa Wild Ultra™** and the organizers permission to use their image (photographs, videos, etc.), name, voice, and sporting performance indefinitely, for various purposes, including marketing and advertising.

Africa Wild Ultra™ holds exclusive rights for photo/film coverage and can use the competitors' individual or group images indefinitely for public communication, including posters, flyers, website banners, social media (Facebook, Instagram, etc.), and the **Africa Wild Ultra™** website. This use can be for informative, promotional, or commercial purposes.

Filming and image capture

During the **Africa Wild Ultra™** event, **Africa Wild Ultra™** and/or its partners may film the event itself, the surrounding areas, the start and finish lines, checkpoints, campsites, competitors and volunteers.

Modifications and Permissions

Africa Wild Ultra™ can modify or edit any images or videos taken during the event for the purposes described above. They can also combine the competitors' image with other elements such as logos, slogans, or captions. The competitor agrees that they have no other agreements that restrict the use of their image/s.

Awareness and Objections

By participating, the competitor acknowledges that **Africa Wild Ultra™** and its service providers may capture the competitor's image. The competitor also understands that their image may be identifiable on the **Africa Wild Ultra™** website by searching, utilizing the competitors' name, race number, and other filters. Consent for this is done via the registration process on the website.

If the competitor chooses to revoke permission to the use of their image after registration, they must notify **Africa Wild Ultra™** by email at registrations@africawildultra.com by 20th February 2026 in order for the **Africa Wild Ultra™** to take appropriate action.

Event Imagery

All photographic, video, or film content captured by competitors that feature any **Africa Wild Ultra™** branding during the **Africa Wild Ultra™** event is strictly for personal use by competitors, accompanying persons, and management unless explicit written permission is granted by **Africa Wild Ultra™** and/or the organizers.

Any media projects, including books, short films, medium-length films, or feature-length films, that utilizes content from the **Africa Wild Ultra™** event with branding, requires prior written consent and authorization from **Africa Wild Ultra™** and/or the organizers.

11 Dates

The 2026 edition of **Africa Wild Ultra™** will take place between the 20th May 2026 to 28th May 2026, including registration and transport to the race start. All competitors registering for the **Africa Wild Ultra™** are required to register on the afternoon/evening of the 20th May 2026.

All dates can be seen under Paragraph **23 – Itinerary**.

12 Did Not Finish (DNF) or Withdrawn Competitors

No competitor may leave the race without informing **Africa Wild Ultra™** Race Director or Operations Director as soon as possible and signing a Withdrawal Notice. A competitor that withdraws from the race, accepts that there will be no right or entitlement to a reimbursement of the race fee or part thereof, or related costs, and that they will have no claim against the organisers for any loss occasioned by such withdrawal whatsoever. The competitor risks being charged for any search initiated should race officials not be made aware of their withdrawal.

A team of more than 3 members, may receive a 30-minute penalty if one member of the team withdraws or is disqualified, provided the minimum requirement of 3 team members remain in the race. If there are less than 3 team members, the team can no longer compete and the remaining members in the race, will be ranked individually.

If a serious physical condition arises, the competitor will be taken to the nearest medical facility. If the competitor's physical condition improves and is satisfactory, they will be taken to the host hotel/lodge/tented camp in Hoedspruit.

- The race organisers will arrange to have the competitor's personal bag (left at the hotel/lodge/tented camp) retrieved and made available to them
- **Africa Wild Ultra™** will aid in reserving a hotel/lodge/tented camp booking if necessary. The accommodation, including all food and beverages, will be paid for by the competitor until the race returns to Hoedspruit and the competitor re-joins the race group, as per the itinerary breakdown (see paragraph **23 - Itinerary**).

A doctor will be available for consultation if necessary.

13 Documentation

Mandatory documents to be emailed to the **Africa Wild Ultra™** at registrations@africawildultra.com. All

documents are to be sent to **Africa Wild Ultra™** no later than 20th March 2026 (23:59 SAST) and all documents to be provided as originals (by the competitors) at registration.

- All information regarding the competitor's identity, contact details, next of kin, etc., as per the registration form.
- Photocopy of current valid passport, in .jpeg or .png format. It must be valid for at least 3 months after the end of the planned stay in South Africa.
- South African competitors need to supply a copy of a valid ID
- 1x colour identity document or passport photograph (3,5 cm wide and 4 cm high) in .jpeg or .png format,
- In the case of a competitor receiving long-term treatment for chronic illness, a letter addressed to the Medical Director, sent by email to: registrations@africawildultra.com, attesting to the competitor's ability and fitness to compete in the Africa Wild Ultra™.
- An original medical certificate issued by a licensed physician confirming fitness for participation, accompanied by an original resting ECG report stamped by that physician.
- Confirmation of the issue of mandatory insurances for **extreme sports** (see Paragraph 22 - **Insurance**).

14 Entrants - Minimum

The **Africa Wild Ultra™** and/or the organisers reserve the right to postpone the event, and carry competitor registrations over to the following year, subject to a minimum number of entries being no less than fifty (50) competitors.

15 Entries

- Individual entries will be recorded for the individual overall ranking.
- A team must consist of at least 3 competitors. For a team to maintain its status throughout the race, a minimum of 3 members of the team must complete every stage of the race for the team to be ranked. Each member of a team is also recorded as an individual in the individual overall ranking.

16 Environmental Care

To protect the environment, littering is strictly prohibited on the course, at checkpoints, and at campsites. All waste must be disposed of in the supplied waste bins at checkpoints and campsites. Littering will result in a penalty – 30 minutes per occurrence.

17 Equipment, Clothing, Numbers and Patches Provided by Africa Wild Ultra™

During the physical registration process that will take place in Hoedspruit on Wednesday 20th May 2026, each competitor will receive:

- 1 x Race T-shirt
 - Additional T-shirts can be purchased through **Africa Wild Ultra™**. For orders, please email shop@africawildultra.com
- 2 x race numbers
 - To be placed (with safety pins) as follows:
 - One on the front chest
 - One to be attached to the competitor's backpack
 - Race numbers must be visible at all times
- 8 x **Africa Wild Ultra™** race patches (will have been sent to competitors on confirmation of registration prior to the physical registration process)
 - To be placed on the sleeves of all running shirts/jackets
 - Additional race patches can be purchased by emailing shop@africawildultra.com
- A tracking remote with distress alert capability

The race numbers are to be worn by the competitors throughout the race and positioned according to the requirements, failing which penalties will be issued.

Covering the **Africa Wild Ultra™** race number is not allowed. Each competitor must ensure that the placement of the number is clearly visible and in the correct position.

The tracking remote must be handed in at the end of the race. Losing the tracking remote, or not returning the remote, will incur a penalty of USD 300.00 for International Competitors and ZAR 5,600.00 for South African Competitors, which must be paid directly to **Africa Wild Ultra™**.

18 Fees and Payments

Individual Fees

- Competitors must proceed to the Payments page on the website, where the choice of International or South African tickets are available, and where fees are detailed
- The fees include the following for the duration of the event:
 - All vehicle transfers
 - Hotel/lodge/tented camp accommodation one night before and one night after the race
 - Catering at the hotel/lodge/tented camp; evening dinner the night before departure, and breakfast before departure to Camp 1, and award ceremony and dinner after the race, with

breakfast the next morning. Beverages and food purchased outside of these set meals are not covered and neither is any alcohol purchased at any time, unless authorised by the Race Director.

- Campsites with tented accommodation (except on the evening of 26th May 2026)
- Holdall transfer from camp-to-camp during the race
- Storage of travel bags during the race at the hotel/lodge/tented camp
- Water supplied throughout the race: hot water available at campsites
- Technical support
- Race Handbook
- 2 x race numbers
- Medical assistance
- Air and ground support
- Tracking remote with emergency capability
- Finishers medal
- Trophies for eligible individuals and teams
- 1 x race T-shirt
 - Additional T-shirts can be purchased through **Africa Wild Ultra™**. For orders, please email shop@africawildultra.com
- 8 x race patches (to be placed on sleeves of running shirts)
- Certificate: **Africa Wild Ultra™** Finisher (downloadable 3 months after the race)

Team Fees

The same fee for individual competitors applies for all team members.

Important notes

All registration fees shall be payable in accordance with the payment structure detailed (below) in this document and by the following mechanisms as set out below:

- By most major international credit and debit cards (eg: Visa, MasterCard) done through the secure PayFast payment platform. Depending on your country, you may also be able to use other payment methods with PayFast (check with your local PayFast provider).
- By EFT to be received and cleared by **Africa Wild Ultra™** by date of registration closure 20th March 2026.
 - For **Africa Wild Ultra™** bank details, please email your request to registrations@africawildultra.com.
 - In the case of EFT, all bank charges are payable by the payer.

- If the competitor wishes to pay by alternative methods, please contact **Africa Wild Ultra™** at registrations@africawildultra.com.
- All payments must be made to **Africa Wild Ultra™**
- Registration closing date: 20th March 2026 at 23:59 SAST
- Competitor field is limited
- Late registrations may be available on request (see Paragraph **35 – Registration: Late Registration**).

Payment Options

Three payment options are available on registration:

Option 1: Full payment by credit card or by EFT at any time of registration

- The total fee is paid by credit card or EFT at the time of registration.
- For all EFT payments, please email registrations@africanwildultra.com for **Africa Wild Ultra™** banking details.

Option 2: Instalment payments by credit card or EFT (for registrations before 31st December 2025)

- Tranche 1: 25% of registration fee on registration
- Tranche 2: 35% on or before the 31st December 2025
- Tranche 3: 40% on or before the 20th March 2026 (23:59 SAST)

Option 3: Instalment payments by credit card or EFT (for registrations after 31st December 2025)

- Tranche 1: 60% deposit on registration
- Tranche 2: 40% on or before the 20th March 2026 (23:59 SAST)

Competitors will receive an electronic acknowledgement of receipt of payment from the **Africa Wild Ultra™**.

Important Notes

On purchasing an entry, the competitor is responsible for:

- Completing the necessary forms to register for the race.
- Verifying the registration information, including the choice of payment method.
- Paying the fees due, and by so doing the competitor confirms registration and the acknowledgement and full acceptance of the entire Terms and Conditions as set out during the registration process.
- Following the instructions of the PayFast online payment system to make payment or use the other payment methods on offer.

- Any change to the competitor's information and details must be sent via email to: registrations@africawildultra.com
- Registration for the event will only be regarded as final and complete after receipt of the full payment, receipt of all necessary information and documents from the competitor, verification and confirmation of the registration of the competitor by **Africa Wild Ultra™**. The competitor will be notified via email of the final registration.
- Registration closes on the 20th March 2026 (at 23:59 SAST) when the last registration payment is due.
- Registrations on or after 31st December 2025 will require a 60% deposit

19 Food and Nutrition

- Competitors are responsible for providing their own food during the race from the afternoon of Thursday 21st May 2026 through to, and including, the morning of Thursday 28th May 2026.
- During timed stages competitors must carry on their person a minimum of 800 k/calories of emergency rations. The only exception is on the final stage when competitors do not need to have emergency rations.
- Food items removed from original packaging must have clearly visible labels indicating nutritional content or product quality.
- Competitors must have a minimum of 2 000 k/calories of food available per day (**excluding** their emergency rations).
- Please note that camping gas stoves are prohibited, however campfires and warm water will be provided at campsites.

20 Governing Law

The parties agree that these Terms and Conditions and the operations resulting therefrom are governed by, and subject to, South African Law. All Terms and Conditions are written in English. In a case involving translation into one or more foreign languages, only the English text will prevail in the event of a dispute.

Dispute

In the event of a dispute, the competitor must contact **Africa Wild Ultra™** via email at admin@africawildultra.com within forty-five (45) days after the event.

The competitor is informed that they may, in any event, resort to arbitration, with the Arbitration Foundation of Southern Africa as an alternative means of dispute resolution, should discussions with **Africa Wild Ultra™** not resolve the dispute.

All disputes to which purchase, and sale transactions concluded pursuant to these Terms and Conditions that may arise concerning their validity, interpretation, performance, termination, consequences and repercussions, and which cannot be resolved privately between **Africa Wild Ultra™** and/or the organisers and the competitor, shall fall within the jurisdiction of the law of the Republic of South Africa.

21 Indemnity

All competitors are to sign the **Africa Wild Ultra™** Indemnity Agreement at registration. Failure to do so will prevent participation in the race.

22 Insurance

To ensure competitor safety and well-being, participants must have the following valid insurance cover in place, these are mandatory. It is imperative that all competitors have the first two insurance cover in place for **extreme sports**. Proof (originals) must be shown at registration.

- **Accident and Death Insurance:** This must cover cases of a serious injury or fatality and repatriation.
- **Medical Insurance:** This must cover any medical expenses incurred during the competition, including doctor visits, hospitalization, and evacuation. South Africans must have medical insurance in place.
- **Travel Insurance:** This protects the competitor against unforeseen travel disruptions or cancellations.

23 Itinerary

Wednesday 20th May 2026:

- Arrival in Hoedspruit, Limpopo, South Africa.
- Accommodation in the team hotel/lodge/tented camp, dinner provided. Exact details of address and GPS location will be provided one month before the race start.
- Race registration 15:00 – 22:00 - technical, administrative, and medical formalities.
- Dinner provided.

Thursday 21st May 2026:

- Breakfast provided.
- Late registration and completion 06:30 – 08:30
- Race briefing 09:30
- Final preparations for departure.
- 12:00 departure to Camp 1.
- 15:30 arrival at Camp 1.

Friday 22nd May 2026:

- Stage 1

Saturday 23rd May 2026:

- Stage 2

Sunday 24th May 2026:

- Stage 3

Monday 25th May 2026:

- Stage 4

Tuesday 26th May 2026:

- Stage 5

Wednesday 27th May 2026:

- Stage 6

Thursday 28th May 2026:

- Stage 7 Start at 07:00
- **Africa Wild Ultra™ 21** competitors join the field
- Race finish
- Transfer to host hotel/lodge/tented camp
- 18:30 dinner, and awards ceremony.

Friday 29th May 2026:

- Breakfast provided
- 07:00 – 10:00 Competitor, Volunteer and Staff checkout and departure
- Departure for those on booked tour packages.

24 Liability

Of Africa Wild Ultra™ and/or the organisers

Africa Wild Ultra™ and/or the organisers shall be liable towards the competitor for the proper performance of their duties/services resulting from this document, whether performed by **Africa Wild Ultra™** or by other service providers, under the auspices of **Africa Wild Ultra™** and/or the organisers, without prejudice to its right to act against them.

However, **Africa Wild Ultra™** and/or the organisers may be partly or fully relieved from liability if they can provide proof that damage is attributable either to the competitor or to a third-party peripheral to the provision of the duties/services as stipulated in this document, or to circumstances beyond their control. The same applies to the consequences of actions which could not have been avoided even if the party had been able to take all reasonable measures, and which prevents either the competitor or **Africa Wild Ultra™**, the organisers, or its service providers from performing all or some of the obligations.

If the **Africa Wild Ultra™** and/or the organisers liability is automatically invoked as a result of its service providers in accordance with the aforementioned, the limits of compensation under South African Law will apply; failing this, and except in cases of personal injury, intentional damage or damage caused by negligence, damages will be limited by this document to three times the total price of the entry cost. Pursuant to this, claims for the liability of **Africa Wild Ultra™** or the organisers, sponsors and service providers, have a limitation of 45 days post the final race-day of the event.

Africa Wild Ultra™ and/or the organisers cannot be held liable for any non-performance of services purchased by the competitor, which are not included in their entry fee.

Of competitors

The competitor agrees to comply and abide by these Terms and Conditions. Competitors shall automatically be held liable in case of failure to do so.

Africa Wild Ultra™ and/or the organisers reserve the right to claim compensation in the event of damage committed by any one of the competitors.

Africa Wild Ultra™ and/or the organisers reserve the right to disqualify a competitor in the event of damage (to equipment supplied, campsite, stages, route, hotel/lodge/tented camp, environment, etc.) or infringement committed by the competitor, or if the competitor's conduct (social or physical) endangers the safety or wellbeing of any individuals, animals or the environment.

Competitors will be liable to ensure that all necessary travel requirements for the entry/exit of South Africa are complied with. Competitors must advise **Africa Wild Ultra™** well in advance of their point of arrival and the time, to ensure pick-ups are arranged and present.

25 Luggage Restrictions

To ensure a positive experience, competitors must adhere to the following baggage guidelines:

- **Main travel bag (max 25kg):** This bag will be stored at the host hotel/lodge/tented camp in Hoedspruit as of the morning of Thursday 21st May 2026, and should contain items the competitor will not need during the race. Access to this bag will only be on Thursday 28th May 2026. This bag must be clearly marked with competitors name and race number.
- **Race holdall (max 15kg – soft-shell and waterproof):** This bag will be transported between campsites by the race organizers. It should contain everything the competitor will need for the entire race, including their running backpack. Access to this bag will be at each campsite, after each stage, every afternoon/evening.
Bags heavier than the limit will not be transported.
The holdall must be a soft-shell and be waterproof, marked clearly with competitors name and race number.
Competitors will be responsible for taking their holdall bags from, and back to, the collection/drop off point at each campsite.
No items are allowed to be attached to or sticking out of the bag.
- **Running Backpack:** This is the backpack the competitor will carry whilst running. It must fit inside the race holdall when traveling to Camp 1 and must be large enough to carry all the mandatory items and food listed to be carried on the race stages (and any extras that the competitor may wish to carry), as well as a minimum requirement to hold 1,5 litres of liquid/water.

26 Mandatory Equipment and Considerations

All competitors must carry the mandatory equipment as specified below, as well as their emergency food supply (800 k/calories) in their own race backpack, only to be consumed in case of an emergency. Competitors are allowed to carry any extra food that they wish to consume on the race stages.

Race officials reserve the right to inspect mandatory equipment at any time. Failure to comply with the specified mandatory equipment being carried at all times, may result in penalties or disqualification. The balance of the mandatory equipment, not in the race backpack, is to remain in the competitors race holdall.

- Mandatory equipment (those marked with ** are to be carried during every stage of the race):
 - A race holdall bag (soft-shell and waterproof) limited to 15kg in weight
 - A race backpack to hold mandatory equipment and emergency food with a minimum carrying capacity of 1,5 litres of water/fluid*
 - A sleeping bag (rating based on average temperatures)
 - A head torch and a complete set of spare batteries or external/solar charger**
 - 10 safety pins
 - Fleece jacket **
 - A lighter**
 - An emergency whistle**
 - 12 zip lock bags (at least 1 bag is to be carried at all times**)
 - A knife/multitool (e.g.: Leatherman) **
 - A topical disinfectant
 - Sun protection**
 - Topical insect repellent
 - An emergency blanket/survival sheet/sack**
 - Race Handbook (supplied by **Africa Wild Ultra™**) **
 - A hat/cap**
 - Race numbers (supplied by **Africa Wild Ultra™**) **
 - Country and **Africa Wild Ultra™** patches (the latter supplied by **Africa Wild Ultra™**) on race shirts/jackets**
 - A tracking remote with distress alert capability (supplied by, and returnable to **Africa Wild Ultra™**)**

Possible considerations for equipment/race clothing:

- Walking sticks – light, telescopic models are best
- Gaiters – highly recommended
- Trail shoes – good grip, light, and good cushioning
- One change of clothing, weight permitting
- Cap with neck covering, or wide-brimmed hat
- Light, breathable clothing, long sleeves should be considered
- Compression clothing for overnight recovery
- Campsite clothing
- Slip slops or Crocs for camp (closed shoes may be considered)
- Windbreaker jacket
- Beanie and buff
- Extra underwear and socks

- Eating utensils - small pot/mug, knife and fork
- Sun protection lipstick
- Blow-up or self-inflating mattress
- Sunglasses
- Wet wipes (showers are generally not provided during all race stages)
- Anti-chafing cream
- Toilet paper
- Ear plugs
- Toothbrush/toothpaste
- Small, high calorific-valued foods and supplements

27 Medical Care

A dedicated medical team will be present throughout the race. Doctors/paramedics will be stationed at every checkpoint and at the campsite. A Medical Tent will be staffed to address competitors' medical concerns at the campsite.

Competitors experiencing physical or mental exhaustion will be transported to the host hotel/lodge/tented camp in Hoedspruit. The medical team reserves the right to withdraw any competitor deemed physically unfit to continue the race or requiring critical medical care.

Chafing (feet, groin, shoulders) and blisters (feet) are common occurrences on races of this nature. Competitors must ensure they are able to tend to their own medical conditions. Competitors should be aware of how to treat chafing and blisters (small or large). Medical staff are not expected to tend to minor medical issues.

28 Medical Mandatory Documents

- A medical certificate issued by a licensed physician confirming fitness for participation (original).
- A resting ECG Report and Graph dated within thirty (30) days (20th April 2026) before the start of the race, issued by a licensed physician (original).
- Medical insurance confirmation (see Paragraph **22 – Insurance**)

Submission

All documents, in **original form** with a doctor's signature and stamp, must be presented at Race Registration in Hoedspruit on 20th May 2026. Photocopies are not accepted. Failure to submit these original documents will result in disqualification. There is also an **Africa Wild Ultra™** Medical Certificate downloadable from the website from 1st October 2025, that must be submitted by email to registrations@africawildultra.com as part of the registration process.

Missing Documents

If documents are lost, the Medical Director may be able to arrange testing in Hoedspruit at the competitor's expense. However, this is not guaranteed, and non-compliance with medical standards or requirements may lead to disqualification. Please note that local doctors will not be aware of long-term health issues of a competitor, as known by a personal physician, and any health issues not declared may compromise the medical report provided and the potential health of the competitor.

Recommendation

Competitors over 40 years of age are advised to obtain an effort ECG. This is optional but can be included with the medical certificate and presented at Race Registration.

29 Misconduct and Penalties

Administrative Process

Any competitor whose online applications are incomplete by the 20th February 2026 may have their application cancelled.

Assistance: Land and Medical

- Outside assistance in any form is strictly forbidden unless authorized by a race official.
 - Providing food or drink to a competitor by unauthorized personnel incurs penalties (3 hours or disqualification).
 - Using any form of transportation leads to immediate disqualification.
 - Receiving extra water (without race official approval due to lack, loss, or leaking bottles) results in penalties: 1st occurrence - 30 minutes, 2nd occurrence - 1 hour, 3rd occurrence - disqualification. This does not include freshwater streams of drinking quality that may be used to replenish water containers from time to time over the course of the race, at the competitors risk.
 - Receiving vital medical assistance (administered by race medical staff) is allowed once, but repeat occurrences may lead to disqualification, and removal from the race to safeguard the health of the competitor.

Behaviour

- Any inappropriate or harmful behaviour will not be tolerated and will result in immediate disqualification.
- Mobile phones must not be used at the campsite or at the checkpoints. This will incur a 30-minute penalty per occurrence.
- No littering or excessive noise will be tolerated – this will incur a 30-minutes penalty per occurrence.
- No alcohol/drugs/undeclared medicine/illegal substances will be tolerated. This will result in immediate disqualification.

Camp Site

Tents are numbered and named, and competitors are to remain in the tents allocated to them for the duration of the race. Failure to adhere to this rule will incur a 1-hour penalty. No competitor may swap or change tents. Note, there are no tents erected at the penultimate campsite – sleeping areas will be allocated accordingly.

Check-in Procedure

All competitors must be checked in and signed off by 22:00 on the evening of the 20th May 2026. If a competitor is more than 30 minutes late for these checks, he/she will have to check in and be signed off on the morning of 21st May 2026 from 06:30 – 08:30. No check-ins will be attended to after 08:30 subject to delays beyond and out of the competitor's control.

Checkpoints/Time-Checking

Time checks are mandatory at all stages (finish line and checkpoints). Missing a time check will result in penalties:

- 1st violation - 1 hour
- 2nd violation - 2 hours
- 3rd violation - disqualification

It is the responsibility of the competitor to ensure and validate that he/she has been checked through at each checkpoint and finish line.

Environment

The throwing away of any food packaging or any other items on the race route, at checkpoints or at the campsite is strictly forbidden and will be penalized (30 minutes per occurrence) unless done in supplied refuse bins at checkpoints and at the finish/campsite.

Food Checks

When spot-checks are made, any competitor unable to present and justify the minimum 2 000 k/calories per day during the race, and 800 k/calories of emergency rations on the course, will receive a 2-hour penalty. Total starting k/calories 14 800 (inclusive of emergency rations and pre pre-race supper)

Maximum Time

- Arriving at a checkpoint after the cutoff time may result in disqualification.
- Exceeding the cutoff time for a stage may lead to disqualification.
- Stage and checkpoint cutoff times will be detailed at the race briefing every morning prior to the start of the stage.

Medical Checks

Failure to submit original documents at registration as required will result in disqualification.

Personal Belongings

Inform race staff/volunteer if you abandon any personal belongings at any time during the event. Failing to do so results in a 30-minute penalty.

Race and Stage Starts

Competitors are to be at the starting line 15 minutes before the starting time for each stage. More than 30 minutes late may lead to disqualification unless authorized.

Each morning a briefing (in English) will be held by one of the race staff, relating to that day's stage. This will take place 30 minutes before the start of the stage. In the case of a staggered start, the race briefing will be before the first of the staggered starts.

Race Number

- Always keep your race number visible.
- Loss or damage to the race number requires immediate notification to race officials.
- Tampering with the race number leads to disqualification.
- Stage winners and overall leaders will receive coloured bibs (race numbers to be visible on the bibs) for the following stage.

Route Logging

Competitors will be penalized (30 minutes per occurrence) if they do not have their Race Handbook checked at each checkpoint and checked through and signed off at the end of each stage. All competitors must always follow the route markers. All competitors are to ensure that their tracking/emergency devices are switched on and functional before any stage start.

Tracking Remote with Emergency distress capability

All competitors are to ensure that their tracking/emergency devices are functional and activated before the start of each stage. Failure to do so will result in a penalty of 30 minutes for the first infringement, and disqualification on the second occurrence.

Withdrawal/Elimination

- Notify a race official immediately if you withdraw.
- Withdrawal by one member in a team of 3+, results in a 30-minute penalty, provided the remaining members of the team total a minimum of 3, and continue racing.
- The withdrawal of a team member, resulting in a team comprising of two runners will disqualify the team and the remaining runners will compete as individuals
- Refer to Paragraph **12 - Did Not Finish (DNF) or Withdrawn Competitors**

30 Participation in Africa Wild Ultra™

Important: Participation in the **Africa Wild Ultra™** is entirely at the competitor's own risk. Competitors acknowledge the inherent extreme risks and dangers associated with this type of event. This event is a very testing one, it is by no means easy, and competitors must understand that sufficient training must have been done to compete in this event. The **Africa Wild Ultra™** and/or the organizers hold no responsibility for any incident or accident that may occur during the competition. Competitors participate of their own free will.

31 Race Handbook

A Race Handbook will be issued to each competitor at the in-person registration.

The Race Handbook will include various information on the stages: points of interest, distances, checkpoints, terrain, timings, etc. and will also have a checkpoint log and a record of stages completed. It will include certain important details and instructions.

32 Rankings

Each competitor's time is recorded in hours and minutes.

Individuals

- Individual stage race ranking is calculated as the time taken to run a stage of the race (plus penalties, if applicable)
- The overall ranking is calculated by amassing the times for all the stages (plus penalties, if applicable)

Teams

- Individual stage team ranking will correspond to the **average time** taken to run a stage by **all** the members of the team (plus penalties, if applicable)
- The overall team ranking is calculated by amassing the **average times** for all the stages (plus penalties, if applicable)

Any timing queries or discrepancies must be reported to the Race Director and/or Course Director - to be resolved within 6 hours.

Note: There will be no timings taken for the distances run through Big5 areas. Competitors will run in pelotons of eight (8) either a short distance behind a game vehicle, or supported by qualified guides on bicycles, for safety and protection. Timing will resume after exiting the Big5 areas.

33 Registration: General Details

Registration is personal: competitors' registration cannot be used by another person.

Registration fees do not include breakfasts, lunches or dinners (unless stated), any alcoholic beverages, or costs associated with abandoning the race before the final stage (see **Paragraph 12 – Did Not Finish (DNF) or Withdrawn Competitors**).

34 Registration: In-person registration

After check-in at the hotel/lodge/tented camp, technical, administrative, and medical registration checks will take place from 15:00 – 22:00 on the Wednesday 20th May 2026 at the Race Registration area.

All requirements regarding the registration checks must be signed off before 22:00 on Wednesday 20th May 2026. Please ensure that original copies of required documents are made available.

Any late registrations on the day and incomplete by 22:00 on Wednesday 20th May 2026, will be concluded the next morning, Thursday 21st May 2026 from 06:30 – 08:30.

All competitors are responsible for their own equipment. Any objects found that remain unclaimed after 24 hours shall be disposed of, except for valuable items. Valuable items handed in by anyone will be held for safekeeping and returned on claim. Unclaimed items will be announced at the awards dinner after the race and may be claimed at that time.

35 Registration: Late Registration (20th March 2026 to 20th April 2026)

Limited positions may be available for late registration between **20th March 2026 to 20th April 2026**. Please contact **Africa Wild Ultra™** at info@africawildultra.com to confirm availability.

Should there still be space for late registration, applicants will need to follow the steps below in order to be eligible:

- Register online at www.africawildultra.com
- Pay the full (100%) registration fee plus the additional levy as detailed below
- Complete and upload the administrative and medical information forms
- Submit all required documents via email to registrations@africawildultra.com within 72 hours of registration
- Late Registration Fee levy of 15% applies (added to the initial fee)

Because late registration is subject to space availability, early registration is highly encouraged.

36 Registration: Refusal of

Africa Wild Ultra™ and/or the organisers reserve the right to refuse the registration of any applicant. **Africa Wild Ultra™** offices will inform the applicant.

37 Reserved Rights

Africa Wild Ultra™ reserves the right to modify or change or amend any of the following at any time:

- The Terms and Conditions of **Africa Wild Ultra™**
- The course, timings, transfers, campsites and accommodation
- The place, the date and initial destination, brought about by forces beyond **Africa Wild Ultra™** control

In the event of an amendment, the Terms and Conditions applicable shall be those in force as of, and on the date of purchase of the competitor's entry. All competitors will be informed of said amendments and it is the competitors' responsibility to familiarise themselves with these changes.

If **Africa Wild Ultra™** and/or the organisers fail to avail itself of any of these Terms and Conditions, it shall not be construed as a waiver to avail itself of these terms and conditions in the future.

Temporary or permanent failure to enforce one or more clauses of the Terms and Conditions by **Africa Wild Ultra™** and/or the organisers shall not constitute a waiver of the other clauses of the Terms and Conditions, which shall continue to be fully effective.

38 Search and Rescue

Ground and aerial search teams may be deployed if a competitor deviates from the marked route or is unaccounted for. Any person that has not reported at a checkpoint before the sweepers reach said checkpoint will be deemed as unaccounted for and may cause the initiation of a search.

Any search deemed unreasonable may incur a penalty of USD 700.00 for International Competitors, and ZAR 13,000.00 for South African Competitors, charged to the competitor and payable to **Africa Wild Ultra™**.

39 Services

Africa Wild Ultra™ and organizers reserve the right to modify or cancel services at any stage or on a specific route, due to weather, safety, or technical concerns. Every effort will be made to provide equivalent replacements. Competitors understand and accept the inherent risks of this race and agree not to hold **Africa Wild Ultra™** and organizers liable, except in cases of substantial service alterations compromising the race's core nature.

Unused services are non-refundable. Competitors cannot modify existing services or request additional ones without direct payment to local providers. **Africa Wild Ultra™** bears no responsibility for costs incurred by competitors for additional services.

40 Sponsorship and Markings

In addition to official markings, competitors may use other available clothing and race clothing space for their individual sponsors.

Country patches (flag) are to be placed on the outside of the racing shirt sleeves at shoulder height, with the **Africa Wild Ultra™** patch (supplied) to be placed immediately below it. Strict adherence to official **Africa Wild Ultra™** patch placement instructions is mandatory.

Competitors may choose to place different flags on each shoulder in the event of nationality and place of residence being different.

Africa Wild Ultra™ reserves the right to restrict oversized sponsorships, those directly competing with **Africa Wild Ultra™** and/or their partners, or for other justified reasons.

41 Stages: Finishes

On finishing each stage, it is mandatory for each competitor to have their Race Handbook signed off, and then to proceed to the water distribution point, where water will be allocated for the evening **and** for the first leg of the following days stage.

42 Stages: General

The competition consists of 6 - 7 stages, varying in distance. Throughout each stage, competitors will encounter checkpoints spaced 7 - 12 kilometres apart for check through, rest, attention and water resupply. It is mandatory for each competitor to have their Race Handbook signed off at each checkpoint, and then to proceed to the water distribution point, where water will be allocated.

43 Stages: Starts

- **Grouped Starts:**

All competitors will begin each stage together within their designated group. (Exception: Stage 1 – everyone starts together)

- **Staggered Start for Stages 2 - 7:**

The last 20% of competitors (based on the overall ranking) will begin 45-60 minutes ahead of the remaining competitors.

- **Mandatory Stage Briefings:**

It is mandatory to attend the stage briefing session on the morning 30 minutes before the start of each stage after which the stage will start. See also Paragraph **29 - Misconduct and Penalties - Race and Stage Starts**.

- **Strict Start Times:**

Competitors must be at the start 15 minutes before the start, and they must begin each stage within their designated time slot, which will be posted on the Race Notice Board at the Operations Tent each evening. Failure to do so will result in a penalty.

44 Summary of Awards

Individual general classification (men and women)

- 1st Trophy
- 2nd Trophy
- 3rd Trophy

Team general classification

- 1st Trophies
- 2nd Mention
- 3rd Mention

Age rankings (men and women) - only 1st place per age ranking gets a Trophy:

- 1st 18 – 39
- 1st 40 – 49
- 1st 50 – 59
- 1st 60 – 69
- 1st 70+

General awards for competitors, including (but not limited to):

- Southern Cross Award (spirit)
- Honey Badger Award (effort and grit)
- Race medals for all finishers
- Stage winners – orange bibs during stages
- General classification leaders – purple bibs during stages

45 Teams

Competitors who wish to set up an official team must advise race organisers 3 months prior to the event (by 20th March 2026).

The name of the team must be given to race organisers at the time of registration.

46 Terrain Conditions

Please take note that **Africa Wild Ultra™** is a race through remote, desolate areas, mountainous terrain, and areas where dangerous game (animals) occur. It must be stressed that this event is a very testing one, it is by no means easy. Dangerous game areas will be monitored, and competitors will be escorted (in 'pelotons' of 8) by our qualified teams of **Africa Wild Ultra™** Trail Guides – certified by the Field Guides Association of southern Africa. These sections of the race (in dangerous game areas) are not timed.

Climatic and ground conditions can change rapidly and can be extreme.

47 Third Party Agreements

It is the competitor's responsibility to ensure that any previous contractual agreements, sponsorships or promotions do not infringe on third party rights as a result of participating in the **Africa Wild Ultra™**.

Competitors agree to indemnify **Africa Wild Ultra™** should any infringements arise.

Competitors will be liable for any financial consequences and will compensate **Africa Wild Ultra™** and/or the organizers for any related payments and legal defence costs due to such third-party claims and/or discrepancies that may arise.

48 Transportation

Transportation during the race will be provided by bus, pickup truck, or 4x4 after competitors arrive in Hoedspruit and until the day following the race conclusion. **Africa Wild Ultra™**, its organizers, partners, and sponsors are not liable for lost or damaged personal belongings, holdalls or luggage left on vehicles (or at/in other locations).

49 Vaccinations

All competitors should be up to date on routine vaccinations required for travel in South Africa.

The South African National Department of Health recommends that competitors practice mosquito avoidance in malaria risk areas. Hoedspruit and the areas that the **Africa Wild Ultra™** takes part in, are considered low to moderate risk areas for malaria.

Many visitors to these areas do take some form of malaria prophylaxis, especially during the months of November – April (summer months), and the type of medication varies. The very lowest risk of malaria is between June and October (**Africa Wild Ultra™** takes place in May, which is considered to be a moderate to low-risk month).

Precautions like mosquito repellents and prophylaxis are recommended. Use mosquito repellent on exposed skin and wear long-sleeved, light-coloured clothing, long trousers and socks especially at dawn and dusk. Prevention is always considered a priority over cure. Malaria should not be a discouraging factor for participation.

50 Volunteers

Africa Wild Ultra™ will utilise the services of volunteers for the successful execution of the race. Volunteers need to apply separately for consideration by **Africa Wild Ultra™**. All details applicable to applying and registering for, and the rules, regulations and duties that volunteers may be involved in, are available on the website.

Africa Wild Ultra™ deems all volunteers to have the same authority as race staff regarding the application of race rules protocols and guidance for the duration of the race.

51 Waiting List

If the maximum number of competitors (250) for the 2026 edition is reached, **Africa Wild Ultra™** will have a section for aspiring competitors to add their details to a waiting list on the registration site. The waiting list will always be listed on a first-come-first-served basis.

Competitors on the waiting list will have two possible options:

1. If a place in the current race edition becomes available, the first listed waiting applicant will be advised and his/her participation shall be acknowledged, provided that the conditions for registration are met. Entry fees paid, and registration and administration obligations must be completed within 72 hours of the advisory.
2. If no places become available for the current race edition, the listed applicants will be advised and given a priority entry into the forthcoming years' **Africa Wild Ultra™**, as per their listed order, and subject to the conditions for registration being met.

52 Water supply

Africa Wild Ultra™ undertakes to supply water to all competitors. Water stations will be located at each checkpoint, where competitors must refill their water containers. At the end of each stage, competitors will receive five litres of water for overnight use and for the following day's first section of the stage. Competitors are responsible for managing their water use and consumption based on checkpoint locations, as alternative water sources may not be available. It is mandatory to carry water when leaving campsites or checkpoints.

There may be areas from time to time where natural waters in rivers and streams may be consumed by competitors (at their own risk) – these instances will be brought to competitors' attention at the race briefings in the morning before the start of the days stage.

53 Weather

The average temperatures that can be expected in May are:

- Maximums 22°C - 28°C
- Minimums 9°C - 14°C
- Average chance of rainfall 7% – 11%
- Humidity average 56% - 64%

Take note that these are averages and temperatures and conditions may vary considerably.