

Dear [Name],

I would like to ask for your approval to join the **Rise 2026** offered by Core Confidence & **INSERT PARTNER IF APPLICABLE**. I have reviewed the topics being covered and believe that the workshop will have a positive impact on my performance and leadership capability, and it would benefit my career and our organisation.

### **About Rise 2026**

RISE is a highly interactive workshop for women who are ready to get clear on what they want, build the courage to ask for it, and show up with the confidence to be seen, heard and valued in 2026.

The key learning outcomes include;

- Clarity about who you are, what you want and where you want to go
- Awareness of career roadblocks and strategies to meet any challenges that come your way
- Connect with a network of incredible women that can inspire and support you
- Strategies to advocate for yourself and be recognised for your contributions
- A plan to take clear, confident, aligned action (even when you don't have 100% confidence)

RISE is a free, 2.5-hour workshop (8:30 -11:00 AM AEDT, Fri 23 January) designed to be highly interactive with a mix of explicit learning, coaching discussions, group breakouts and self-completed worksheets to help you get clear, confident and ready to rise in 2026.

They also offer RISE VIP with extended coaching check-ins, 30-day peer pods, lifetime access to the replay and a full resource kit to help me integrate and apply what I learn long after the session ends

Attending Rise will benefit me professionally and have a very positive impact on our organisation. Specifically, the goals that I would like to work should I be approved to attend would include:

1. [Write your goals here]
2. [Write your goals here]
3. [Write your goals here]

I genuinely appreciate you taking the time to read this proposal.

Best regards

[Your Name]