

Support for Children and Teens

Survivor Resources

The organization provides immediate and long-term emotional support and practical help for the families and friends of those who have died by homicide, suicide or accident. They walk with families understanding the special grieving needs created by violent death and offer essential assistance in easing relationships between police departments, county attorney's offices, and the grieving families. Group meetings are held four times throughout the year on Mondays from 6:30-8:00p.m.

St. Paul Police Department: 367 Grove Street; St. Paul, MN.

Center for Grief and Loss: They offers grief, trauma and life transitions. The staff are trained mental health therapists that assist individuals and families seek mental health care.

651-641-0177

1129 Grand Avenue in St. Paul, MN

griefloss.org

Children's Minnesota: Living with Grief Support Group: The Living with Grief Youth Program is a safe space for teens who are grieving the death of a loved one (sibling, parent, grandparent, friend or any special person) to talk about their special person, and connect with others who have experienced a similar loss.

childrensmn.org

Support for Individuals and Families

All Saints Church Grief Support Ministry: Parish grief support ministry for any and all who are grieving the loss of a loved one, no matter how recent or how long ago.

952-985-9983

19795 Holyoke Ave., Lakeville, MN 55044

www.allsaintschurch.com

Brighter Days Family Grief Center: Eden Prairie Free grief support resources, programs, and services to children, young adults, and adults who are grieving the terminal diagnosis or death of a beloved family member.

brighterdaysgriefcenter.org

952-303-3873

The Grief Club of Minnesota: Seeks to ensure that grieving children, teens, and their families have the preventive programs and individual sessions necessary to heal and process their grief in healthy ways all in one location and at no cost to the participants. Located in Eden Prairie

griefclubmn.org

952-224-4859

Grief Support Groups for Adults

The Minneapolis Coalition for Grief Support provides education and support for grieving. Support groups are designed for adults experiencing grief due to the death of a loved one. Groups are open-ended. Presentations are made. Topics cover a wide range of grief support needs and concerns. There are separate discussion groups for spouse loss and other losses. Individuals may join the group at any time. A suggested donation of \$1 per session. Locations throughout Minneapolis

trustinc.org/programs/grief-support/

612-724-3691

Compassionate Friends South of the River: For all parents grieving the loss of a child of any age from any cause. No cost or registration is required. The group meets on the 3rd Tuesday of the month at 6:30. Contact Sue and Keith Borgerson at 952-797- 6346 Sherard of the Valley Lutheran Church 12650 Johnny Cake Ridge Rd Apple Valley, MN 55124

sotv.org/groups

952-432-6351

Downtown Coalition for Grief Support: The Downtown Minneapolis Coalition for Grief Support is a unique resource to help adults understand and express grief and, most of all, begin moving forward as they grieve the death of a spouse, child, family member, or friend. Saturday from 10 a.m. - 11:30 a.m. is to hear a speaker on various topics of grief and loss. Then break into small discussion groups to talk to others experiencing a similar loss afterward.

952-927-7453

mplsgriefsupport.com

Grief Support: For those experiencing grief related to the loss of a loved one. The group offers weekly guest speakers on an aspect of the grief process followed by safe, confidential, Christ-centered small group emotional support. Small groups are available for those in loss of parent, sibling, spouse, child, and friend. The group meets Mondays 6:00 p.m. - 7:30 p.m. in Room 200 B/C. The group is located at Prince of Peace 13801 Fairview Dr. Burnsville, MN 55337

popmn.org/mission/support-groups/#prince

Contact: Jody Slaughter at 952-898-9312 or email a tjslaughter@popmn.org

Bloomington-Richfield Grief Support Coalition: Churches in the Bloomington-Richfield area are working together to provide free support and education for adults who are grieving the death of a loved one. You can start any series at any time. There is no commitment to attendance and no cost. Group meetings are held on Thursdays, 4:30 p.m.- 6:00 p.m.

brgriefcoalition.com

612-866-8471

West Suburban Grief Coalition: Small groups of those sharing a common loss facilitated by volunteers trained in support group facilitation where participants may share their experiences and help each other heal. Meet year-round every Thursday (no holidays) from 4:00 pm - 6:00 pm.

763-545-1108

westsuburbangriefmn.org

Edina Coalition for Grief Support

Church location varies. Meets Thursdays weekly, 4:30 p.m. - 6:00 p.m.

Contact: Barbara Moore - 952-920-9450

edinagriefsupport.org

This guide is for informational purposes only. It may not be all-encompassing of the service providers available to Hennepin County and Dakota County residents, nor are providers featured in this guide directly endorsed by ISD #917.