

EMAIL 1

Subject; No More Food Torture

Hey %FirstName%

To be honest...

If have to see one more “fitness guru” recommending boiled chicken breast with zero seasoning,

I might just lose it. 😊

You know, that might just be one of the reasons why sticking to healthy eating feels impossible.

Because if your meal makes you gag,

You'll be tempted to dive back into junk food.

Cause no one would want to choke down a sad plate of lettuce and tasteless protein.

And the truth is,

If you hate your meals, you'll give up quicker than you can say “olen kyllästynyt häpäisyyn”

Don't worry, no need to hurt your tongue

So %FirstName%, the real magic happens when your meals are delicious, nutrient-packed,

and won't make you cry at the sight of your plate.

That's how you stay consistent, hit your macros,

and actually enjoy the process of getting lean and strong.

I know, because that's exactly how I did it.

Want to know my secret?

[Here's a link to my FREE Protein Recipe Ebook](#)

Inside you'll learn how to prepare high-protein recipes that actually taste good, keep you happy, and gets you to your goal.

Because honestly, food shouldn't feel like punishment.

Let's get it
Hunter

EMAIL 2

Subject; "Either you get jacked or you get stuck"

Hey %FirstName%

You know, when starting out on fitness,

Most of y'all tend to start chasing every trendy workout routine, guzzling down overpriced shakes,

Or just thinking you'll get jacked by doing 100 crunches a day.

No bro,

you don't need to make fitness more complicated than it is.

I get that you just wanna see results fast,

"Who doesn't, right?"

But hopping from one flashy routine to another is a recipe for burnout.

And next thing you know, you're back to square one,

Staring at the mirror and wondering why that dream physique is still... a dream.

But here's the thing mate, it doesn't have to be that complicated.

You just need one thing to set your journey straight.

And no, it isn't that next Instagram-famous routine,

Or some new "miracle" shake.

You need something that cuts through the noise, and gives you the structure to stay on track.

Something that'll build **Strength, Discipline** and **Consistency** in your journey.

Because you ain't getting jacked if you don't have those 3 things.

So what you need is a plan, one that's tailored to your goals no matter where you're starting from.

Because that's what helped me stay on track, after years of fumbling.

So if you want to start seeing real and lasting results just like I did?

[Click here to get access](#) to the **Custom Program**.

This isn't just another workout plan, it's your roadmap to getting jacked, for real this time.

Let's get it
Hunter

