

What A.S.K. Coaching Is About

Who I Am

I'm a Christian life coach who helps young men and women grow in faith, identity, and purpose. I started A.S.K. Coaching to walk with people like you — people who are seeking clarity, healing, direction, and deeper connection with God.

What A.S.K. Stands For

A.S.K. comes from Matthew 7:7 — *"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."*

This coaching is grounded in that promise — that when we ask God sincerely, seek Him fully, and knock with faith, He responds. I'm not here to give all the answers, but to help you hear God's voice and walk with courage.

What to Expect in a Session

- 1-on-1 coaching via Google Meet
- Prayer and Biblical encouragement (if you're open to it)
- Questions that help you reflect, grow, and act
- A safe, non-judgmental space to be real
- Support in faith, decisions, identity, relationships, and more