

Sign up for important updates from Coach Grant.

Get information for **2020 RPMS Track** right on your phone—not on handouts.

Pick a way to receive messages for **2020 RPMS Track**:

A If you have a smartphone, get push notification **s**.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/efd7b
g

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.
rmd.at/efd7b
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Join 2020 RPMS Track

First and Last Name

Phone Number or Email Address

B If you don't have a smartphone, get text notifications.

Text the message **@efd7bg** to the number **81010**.

To **8101**

0

If you're having trouble with **81010**,
try texting **@efd7bg** to **(269)**
932-0440.

** Standard text message rates*

apply.
Message
e

@efd7b
g

Don't have a mobile phone? Go to rmd.at/efd7bg on a desktop computer to sign up for email notifications.