

Relationship Building

Lesson Title: Catch Your Name

Grade: K-3

Risk: Low

Materials:

- Large ball
- Music

Objective(s):

- *Students will practice listening and building connections while tossing a ball around*

Procedure:

1. Round 1: Catch your name- Gather students in a circle and tell them that they are going to play a game using a ball. Explain that you will stand in the center of the circle and throw the ball to each child.
2. When one catches the ball, he or she will say his or her name and then throw it back to you.
3. Go around the circle a few times so students have an opportunity to learn the game and each other's names.
4. Invite students to take turns throwing the ball to each of their classmates.
5. Round 2: Throw it to a friend- Once students have learned all of their classmates' names, invite them to play this game. Suggest students make a circle, and let one student begin the game by calling out the name of one of his or her friends and then throwing the ball to that student.
6. The student who catches the ball will call out another student's name before throwing the ball to him or her.
7. Assist students to make sure that all of their classmates are included in the game.
8. Round 3: Catch your name and boogie-Have students make a circle. Ask one student to step into the center of the circle.

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9. Explain that the student in the center will throw the ball in the air and call out the name of one of his or her classmates.
10. The student whose name is called will run to the center of the circle and catch the ball. Once the ball is caught, he or she will then create a simple movement like wiggling, jumping, or moving his or her arms. Everyone follows along. Play lively music to accompany the game.

***Remember: If you are playing the game with very young children, you can ask them to sit in the circle and roll the ball instead of throwing it.