PE - WEEK OF MARCH 23

Hi Students, Each day choose an activity or two to do. Enjoy!

1-2 Grades
Movement Activities <u>Chicken Dance</u> <u>Boom</u>
Drills <u>Spiderman drills</u>
Fitness Activity <u>Physical fitness trail signs</u>

Challenge TIME: Track your physical fitness activity and send your results to Wes.Baker@hilleltorah.org