THE MASTER WAR MODE DAY PLAN + REPORT

▶ The Mastery Checklist Explained to achiev...

☑/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✅	10	10	20	Write copy.	1h
✅	10	10	20	Work.	8h
✅	10	10	20	Shoulder recovery exercises.	10min
✅	10	10	20	6 Outreach.	1h
✗	10	10	20	6 Outreach.	1h
✗	10	10	20	No internet before 12am.	-
✗	10	10	20	Tracking 8-12	-
✗	10	10	20	Tracking 12-16	-
✗	10	10	20	Tracking 16-20	-
✅	10	10	20	Shoulder recovery exercises.	10min
✅	10	10	20	Morning powerup	10min
✗	10	10	20	Write copy.	1h
✗	10	10	20	Book study (Kemeny)	30min
✅	10	10	20	Check Marketing IQ and research.	30min
✅	8	10	20	Meditate.	10min
✅	10	10	20	Shoulder recovery exercises.	10min
✗	10	10	20	Write copy.	1h
✗	10	10	20	Walk	15min
✅	10	10	20	Having fun writing.	-
✅	10	10	20	Reviewing copy	10min

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24

📋	📅 DAY NUMBER + DATE + TIME⌚
Day Number:	**15**
Date:	**27.3**
Start Time:	

🙌	🙏3 Things That I Am Grateful To Have In My Life🙏
1.	**My family**
2.	**My friends**
3.	**This opportunity**

🔮	🔮My Top 3 Priority Tasks That MUST Be Completed🔮
1.	**Writing + Submitting a piece of copy.**
2.	**6x outreaches**
3.	

⏳ Hour-By-Hour Tracking: ⏳
[Plan+Measure=Improve]

💲 **Task:**	💲 **Task = Set The Task That I Intend To Complete This Hour?**
🔔 **Sub-Task:**	🔔 **Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?**
🖊️ **Reflection:**	🖊️ **Reflection = Did I Complete This Task For This Hour? If Not, Then Why?**

🏹MY MORNING WAR PLAN🏹

🧠What Do I Plan To Accomplish This Morning?🧠
Write every pocopy with a clear objective. A big idea.

🎯What Is The Main Goal For This Morning?🎯
3 pieces of copy.

🔑How Will I Start My Morning With Power?🔑
I will jump into writing.

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7 am: Task 💲	Firing up brain. Plan day.
Sub-Task's 🔔	Black tea.
Reflection 🖊	

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8 am: Task 💲	Generate 5 big ideas. Write one piece of copy. 10min draft 15min edit.
Sub-Task's 🔔	
Reflection 🖊	

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9 am: Task 💲	Physio.
Sub-Task's 🔔	
Reflection 🖊	

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10 am: Task 💲	Write a piece of copy.
Sub-Task's 🔔	10min draft. 15 edit.
Reflection 🖊	

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11 am: Task 💲	Prepare for call. Certainty, rapport, trust.
Sub-Task's 🔔	
Reflection 🖊	

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12 am: Task 💲	Physio + Med + write copy
Sub-Task's 🔔	10min draft. 15 edit.
Reflection 🖊	

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🎯END-OF-THE-MORNING REPORT🎯

🧠What Did I Learn This Morning?🧠

❌What Problems Did I Face This Morning?❌

🔑How Will I Solve These Problems For This Afternoon?🔑

🏹MY AFTERNOON WAR PLAN🏹

🧠What Do I Plan To Accomplish This Afternoon?🧠

🎯What Is The Main Goal For This Afternoon?🎯

🔑How Will I Start My Afternoon With Power?🔑

1 pm: Task 💲	
Sub-Task's 🔔	
Reflection 🖊	

2 pm: Task 💲	
Sub-Task's 🔔	
Reflection 🖊	

3 pm: Task 💲	
Sub-Task's 🔔	
Reflection 🖊	

4 pm: Task 💲	
Sub-Task's 🔔	
Reflection 🖊	

5 pm: Task 💲	**Call with omar. #1**
Sub-Task's 🔔	
Reflection ✏️	**No show**

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6 pm: Task 💲	**Work out.**
Sub-Task's 🔔	
Reflection ✏️	

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7 pm: Task 💲	**Eat**
Sub-Task's 🔔	
Reflection ✏️	

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8 pm: Task 💲	
Sub-Task's 🔔	
Reflection ✏️	

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9 pm: Task 💲	

Sub-Task's 🔔	
Reflection 🖊	

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10 pm: Task 💲	
Sub-Task's 🔔	
Reflection 🖊	

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🌆End-Of-The-Day Report:🌆

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🧠What Did I Learn Today?🧠

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❌What Problems Did I Face In The Day?❌

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🔑How Will I Solve These Problems Tomorrow?🔑

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🆕 **What Do I Plan To Do Differently Tomorrow?** 🆕

♻️ **What Do I Plan To Do The Same Tomorrow?** ♻️

📱 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 📧

📝 **What Tasks Were Left Undone?** 📝

Brain Dump: