Let's see some phrases you can use when you state your opinion:

- In my opinion,
- I firmly believe that...
- From my perspective,
- In my view,
- As far as I'm concerned,
- Well, the way I see it...
- I'm of the opinion that... etc.

Here are some phrases you can use when you agree/disagree with something the examiner said to you:

- I agree with the idea that.../I disagree with the idea that...
- I'm in favour of/ I'm against the idea...
- I support the fact that/ I don't support the fact that...
- I see where you're coming from and I would also like to say that../ I see where you're coming from but,
- I completely agree with you/ I will have to disagree with that I'm afraid because...
- I couldn't agree more/ I feel the exact opposite way...

Here are some helpful phrases you can use when you talk about the future and you try to predict the consequences:

- I don't really think that something like that would happen, because...
- It's highly unlikely that...
- I really doubt whether...
- The probabilities of something like that taking place in the future are very slim
- It is *highly/quite* likely that this will happen as...
- It seems probable/likely...
- There are possibilities ...
- There is great likelihood that...
- I'm absolutely/quite sure that this will happen

https://www.dori-ielts.com/ielts-speaking-useful-vocabulary-for-part-3/