

How To Select A Video Clip For Video Reflection

Selecting an appropriate video clip is very important for a successful video discussion. This should be a collaborative effort between the participant and the coach. We have found that videos can be used from whole-group or small-group instruction effectively. The best way to find a good 5-7 minute clip is first to watch the video footage in its entirety. Sometimes participants like to watch their videos first on their own and then share a couple of interesting parts with their coach (likely, the coach has observed the instruction and has some suggestions as well). If there are particular problems of practice the coach notices several teachers struggling with, the coach may encourage the participant to share a clip that will focus the group on this particular problem of practice. The 5-7 minute clip you choose should meet these basic criteria:

- Sound quality should be good enough so that all participants will be able to hear; creating a transcript helps with this.
- The video clip should not show the absolute best moments of instruction. The teacher who is sharing the clip should identify a segment they are struggling with--especially one they could use the help of the group to look critically at and select a problem of practice to focus on. The point isn't to show off your best instruction but to use the critical feedback of the group to move your instructional practice forward. This will help everyone else in the group as well.

The coach should be able to provide some initial observations and feedback on the video clip and help to develop one or two focal questions for the video discussion group. The participant should then complete the bolded "after the lesson" section of the [IPT Pre-/Post-Lesson Conference Form](#). You will complete the bottom of page 5 and all of page 6 of the [Video Discussion Protocol](#) during the video discussion, and page 7 after the video discussion.