

**1 Do you have a healthy lifestyle? Speak about...**

- your diet;
- exercising;
- night sleep;
- stress management;
- things you'd like to change to feel healthier.

**2. What kind of person are you? Speak about...**

- what type of people you get along with best;
- what quality you admire most in people and which one you find the most objectionable;
- what behaviour of others hurts you most;
- what others consider to be your good and bad qualities;
- what qualities help you to have good relationships with others.

**3 Describe one subject you really like in school and one class that doesn't interest you. Explain what makes the class interesting (e.g. a teacher's style, the subject matter, the difficulty of a class, the class materials, etc.).**

**4. Look at the pictures. Describe the lessons in the pictures and what the children are doing. What do you usually do at these lessons?**



**5. Some people think that family has the most important influence on teenagers. Other people think that friends are the most important in the teenage years. What about you? Say how important these people are in your life:**

- family (parents, grandparents, brothers/sisters, etc.);
- other adults (teachers, friends of a family, etc.);
- friends and classmates;
- celebrities.

**6 Do you like to study? Speak about...**

- Do you like school? Why?
- what subjects do you study at school?
- what is your favourite subject? Why?
- what students usually do at this lesson.

**7. Describe a person with an unhealthy way of life. Give this person a name and describe what he/she does which is not healthy.**

**8. Look at the pictures. Describe the lessons in the pictures and what the children are doing. What do you usually do at these lessons?**

