

Практическое занятие № 25

Тема: Избранный вид спорта: Настольный теннис

Цель:

- закрепление и систематизация теоретических знаний по лексической и грамматической теме;
- совершенствование навыков перевода текста профессиональной направленности;
- дальнейшее развитие умений общаться на иностранном языке на профессиональные темы.
- совершенствование навыков поиска информации.

Прочитайте текст и выполните послетекстовые задания:

Learn the basic ping pong rules. Also known as table tennis, ping pong is a great game for improving hand-eye coordination and reaction times.

Table tennis is a fun sport for any skill level, and it can be as intense and competitive as you'd like it to be.

Object

Ping pong is a game for 2–4 players. The singles game is played with one player on each side of the table, and doubles is played with 2-player teams. Small paddles are used to hit a ping pong ball back and forth over a low net in such a way that your opponent is unable to return it.

Equipment

To play ping pong, you need a table with a net, a paddle and a ping pong ball.

Table

The table is a rectangle, 5 feet wide by 9 feet long. It should be 2 1/2 feet high and no higher than 3 1/2 feet. The table typically has a green surface with boundary lines painted in white.



ping pong table

A center line splits the table in half lengthwise for doubles play.

The net is 6 inches high and is mounted on posts across the center of the table.

The playing area should extend at least 5 feet on either side of the table and at least 8 feet on both ends.

Each player needs a table tennis racket, also known as a ping ping paddle. The game is played with one ping pong ball.

Game

The first player or team to reach 21 points wins the game, but the winner must have at least a 2-point lead. If the score is tied at 20-20, play continues until someone scores 2 points in a row.

Match – A match can consist of 1 game, the best of 3 games, or the best of 5 games.

Order of Play

One player who is designated to be the Server by a coin toss puts the ball into play by serving the ball over the net to the Receiver. The time that the ball is in play is called a "rally."

In singles, the Server must first make a good serve, the Receiver must make a good return, and then players alternate hitting the ball back and forth until someone fails to make a good return.

In doubles, the Server serves, the Receiver returns it, the Server's partner hits it, the Receiver's partner returns it, and so on until someone fails to make a good return.

Serving

The ball is tossed up with the free hand only (without putting any spin on it) so that it's visible at all times. As the ball comes down, it is hit with the paddle so that it first hits the Server's side of the table before going over the net. The ball must be hit on the first attempt.

On the serve, the racket must be behind the end of the table.

In doubles, the ball must touch the right-hand half of the court on the Server's side and then the diagonally-opposite court on the Receiver's side.

Change of Service

The service passes from one player to another after every 5 points is scored. For doubles, the service goes like this:

Player #1A (first server on team #1) serves to Player #2A (first server on team #2).

Player #2A serves to Player #1B

Player #1B serves to Player #2B.

Player #2B starts the rotation over by serving to Player #1A.

Play continues in this manner.

If the score reaches 20-20, the serving order stays the same, but each server only gets 1 serve instead of 5.

Service Return

The ball must be hit directly over the net and touch the opponent's court. If the ball touches the net or its supports and lands in fair territory, it's a good return. The ball may not bounce twice before returning it.

Volleying – Hitting the ball before it has touched the table on the Receiver's side of the court is not allowed, and the Receiver loses a point.

The ball is considered out of play if it touches any object other than the net, supports, playing surface, racket, or racket hand below the wrist.

A strike is good if:

the racket hits the ball.

the ball hits the racket hand below the wrist.

ping pong paddle

A strike is NOT good if:

it's made with the hand.

it's made with a racket that has been dropped or thrown.

Points

A player scores a point when his opponent:

- fails to make a good serve.
- fails to make a good return.
- strikes the ball out of order in a doubles game.
- touches the playing surface with his free hand while the ball is in play.
- contacts the ball before it has passed over the end line or side lines without touching the playing surface.
- touches the net with his racket or any part of his body.
- moves the playing surface while the ball is in play.

Let – A let is a rally that results in no points being scored. It occurs when:

- the ball touches the net or its supports on the serve, provided the serve is otherwise good or has been volleyed by the Receiver.
- the Server puts the ball in play before the Receiver is ready.
- the ball is broken during play.

Задание 1. Ответьте на вопросы к тексту

1. How many players in the singles and doubles games ?
2. What Equipment do you need?
3. What techniques have evolved in Order of Play?
4. What kind of Serving In doubles?
5. How many passes from one player to another for doubles ?
6. What is Let ?

Задание 2. Найдите в тексте английские эквиваленты данным ниже русским словам и словосочетаниям

зрительно-моторная координация, уровень мастерства, интенсивный, конкурентоспособный, маленькие ракетки, разделяет, забивать очков подряд, половина вдоль, получатель, хорошая подача, игровая поверхность, рука ниже запястья, сеть, удар, первая попытка, хорошая подача, хорошая отдача, удар хорошо, если, поддерживает на подающем, свободная рука, пока мяч в игре

Задание 3. Заполните пропуски словами из текста.

Ping pong is a game for 1)_____players. The singles game is played with one player 2) _____ of the table, and doubles is played with 2-player 3)_____. The table is a 4)_____, 5 feet wide by 9 feet long. It should be 5)_____ high and no higher than 3 1/2 feet. Each player needs a 6)_____ , also known as a ping ping 7) _____. The game is played with one 8)_____ ball. the Server must first make a good 9)_____, the Receiver must make a good 10)_____, and then players 11)_____ the ball back and forth until someone fails to make a good return. The ball is 12)_____ up with the free hand only (without putting any spin on it) so that it's 13) _____ at all times. In doubles, the ball must touch the 14) _____ of the court on the Server's side and then the diagonally-opposite court on the Receiver's side.