

\*\*\*Notes to take during class! (Make a copy or print out)

## Types of Cartilage

\*provide an example!

Hyaline:

Elastic:

Fibrocartilage:

## Types of Joints (functional)

- S\_\_\_\_\_ - immobile/nearly immobile
- Amphiarthrosis - \_\_\_\_\_
- D\_\_\_\_\_ - moveable

## Types of Joints (structural)

- F\_\_\_\_\_
  - Dense regular connective tissue
  - Immovable
  - Sutures - connects plates in \_\_\_\_\_
  - S\_\_\_\_\_ - bones held together by collagenous \_\_\_\_\_ and ligaments
  - Gomphoses - teeth
- C\_\_\_\_\_
  - Somewhat moveable
  - Synchronosis - h\_\_\_\_\_ cartilage
  - Symphysis - \_\_\_\_\_
- S\_\_\_\_\_
  - Moveable
  - Has synovial fluid
  - Double-layered membrane
    - Outer layer - \_\_\_\_\_ capsule, fibrous w/ ligaments

- Inner layer - \_\_\_\_\_ membrane has cells that clean \_\_\_\_\_ and produce \_\_\_\_\_

Fun Stuff:

Why do you warm up before exercises?

Why do your knuckles crack?