



What is Mileage Club at Alta Vista?

Mileage Club is a non-competitive lunch recess outdoor running/walking activity for kids from 1st grade to 5th grade. It is an excellent way to encourage children to:

- remain active during lunch recess
- set and strive to achieve goals
- build confidence

Schedule:

- First Mileage Club will be September 16th and 3-4 parent volunteers are needed. Signup here: [2024-2025 Mileage Club Signup](https://www.signupgenius.com/go/508044CAAA629A0F94-51298191-20242025) (<https://www.signupgenius.com/go/508044CAAA629A0F94-51298191-20242025>)
- Mileage Club will be held at the school field on Mondays and Fridays during lunch break (12:00pm -1:00pm) throughout the year (weather permitting).
- Mileage Club Celebrations:
 - o Fall (November/December)
 - o Spring (March/April)



How it works:

- Students will come out to the field and get their badges and walk/run around half of the school field.
- Each time they complete a lap, their badge will be scanned (either on a dedicated device with an app or a volunteer's phone that has an app).
- Once a student has completed the first 5 miles (25 laps) they will be awarded a chain bracelet and a charm in class. After each consecutive 5 miles (25 laps), they will continue to earn more charms for their bracelet along with a certificate congratulating them on their achievements. They will also be invited to join us for a celebration and receive a treat/prize.
- Students that have completed at least 5 miles since the beginning of the year will be invited to participate in our Mileage Club celebration.





What do you need to run the Mileage Club?

- Mileage Club cart (contains boxes, badges, back up punch cards in case of lost badges, hole punchers)
- Mileage Club banners
- 10-15 Mileage Club cones

You can find the Mileage Club cart, banners and cones from the coach's closet next to the 1 & 2nd grade bathrooms.

How to run Mileage Club?

- Setup:
 - o Arrive at 12:00pm and sign in at the office.
 - o Grab cart and banners from closet
 - o Place two smaller banners on fence facing towards picnic tables, place large banner on field fence entrance facing blacktop
- Place cones near the middle of the field by lining up with tree and placing a cone every 10 paces all the way up to the tree (picture 1)
- Place all boxes on track lined up by grade and in alphabetical order by teacher name. Leave enough room between boxes (2ft) because kids crowd around all at once.



Picture 1. Split the field half with the cones (line it up with tree)



Picture 2. class boxes laid out on track. (First on left and 5th on right)



- Schedule for student arriving and leaving Mileage Club
 - o 3rd grade - 12:10-12:35pm
 - o 4th & 5th grade - 12:20-12:40pm
 - o 1st & 2nd grade - 12:30-12:55pm
- Note: 1 and 2nd graders need a lot of assistance getting badges and tend to leave badges all over the ground. Please make sure to have one person on standby to assist them when they come out.
- Make sure a dedicated device is ready to start scanning or app is downloaded on your device and ready to go.
- As students run/walk their laps, scan their badge with a device after every lap.
- Mileage Club ends for all intermediate grades at between 12:35 & 12:40pm and 12:55pm for primary grades. Have them finish a couple minutes early so they have time to put their cards away, drink water, and head to their destination. (1st and 2nd graders go back to class and 3rd, 4th, and 5th graders head to picnic tables for lunch.)

NOTES for volunteer placement

- 1 volunteer will arrive at 12:00pm to setup banners, boxes, and cones
- 1-2 Volunteers to scan (it is best to have students go to same scanner after each lap)
- 1 Volunteer to be a spotter at tree (this is needed early in the year, but not as much later in the school year)
- 1 of the volunteers above can also help students locate or put away cards.

NOTES about DO's and DON'TS with the students

- DON'T let them start running early. They MUST wait until recess official begins
- DO help them find their card if they are struggling. Many times cards accidentally end up in the wrong box.
- DON'T give students another scan if they claim to have done more than one lap. They may not skip the scan line. They have to wait to have their card scanned after each and every lap to get credit.
- DO make sure to look up towards the cones to ensure children are completing a lap prior to jumping in the punch line or jumping from one line to the other.





- We DON'T give replacement charms/bracelets over and over again. It is their responsibility to keep these safe.
- DON'T let them take their badge to class or home. They must put them back in the box. If they do lose them, we can print a new one. However, we can't do it on campus so please give them a temporary punch card for the day and then the Mileage club Lead and make a new badge for the student.

NOTES for bracelets/charms (Handled by Mileage Club Lead or delegate):

- Completion of 1st 25 laps: Toe token and bracelet will be dropped off in the teachers box. Student's teacher will emphasize that students need to take these home and keep them in a safe place. Name and teacher should be written on the bag and placed in an envelope with a certificate.
- Completion of each additional 25 laps. Monthly charm and new certificate will be issued and dropped in the teacher's box.

NOTES regarding party/recognition:

- Any student who completes at least 25 laps by celebration date may partake in the November party and receive a treat/prize. Any child who completes at least 25 laps by March may attend the party in March. Therefore, if a student qualifies in November, they automatically qualify in March.
- Wooden Nickels are distributed ahead of time to students that qualify for celebration and they trade in their nickel for a treat during lunchtime.
- In late May, all Mileage Club Participants receive a colored certificate and the students with the most laps get a special shout out in our AVHSC newsletter.

