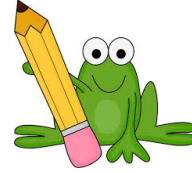


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Home Learning Lockdown Journal



We are living through a major historical event; one which can have a significant effect on our mental health.

You are invited to keep a 'lockdown journal' of your experiences during this time. There are two reasons for this:

1. To record the experiences of people in our school community while life is very unusual.
2. To help process and express what we are experiencing.

Entries are completely optional and can be in any form you want - a drawing, writing, audio, video, slides, a piece of music... be creative! Here are some ideas for what to do to get you started, and more prompts will be posted on the Google Classroom and the school Twitter.

Join the Google Classroom here: [l5knqou](#)

There will be a Showcase Exhibition of the best entries in the library when the school reopens.

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INCLUSION • RESPECT