

All About Lasagna

Resource #2
Resource #3

Use the linked resources to help you answer the following prompts.

LASAGNA and/or LASAGNE: What's the difference in meaning?			meaning?	
2.	asagna can be referred to as a pasta shape and a pasta dish. Describe the lifferences:			
 What are the 3 main components of lasagna? Provide exam with the food group each represents. 			e examples of each along	
	Component	Example(s)	Food Group(s)	
	#1:			
	#2:			
	#3:			
4.	There are two additional components that may make up lasagna. Name them and provide examples along with the food group each represents.			
	Component	Example(s)	Food Group(s)	
	#4:			
	#5:			
Name the country and region that lasagna originated?				
6.	Describe the ingredients used to prepare pasta dough in the northern region.			

7.	7. Describe the ingredients used to prepare pasta dough in the southe			
8.	Tomatoes have always been a main ingredient in the preparation of lasagna. True or False (highlight the correct answer).			
9.	Describe what has to be present in the lasagna if using "no boil" noodles. Brief explain why.			
10.	10. Besides an oven or microwave, what other household appliance could b cook lasagna? Describe how it would be done.			
11.	Which lasagna ingredier	nts provide the following nutrients:		
	Carbohydrates			
	Vitamins & Minerals			
	Protein & Fats			
12.	12. Identify four specific ways you could make lasagna healthier. Namand substitutions, explaining how each affects our health.			
Bonus	_	eter whose favorite food is lassage (1 pt)		
A.	Name the cartoon character whose favorite food is lasagna.(1 pt.)			
B.	B. Name the artist who sang the parody "lasagna" that was playing when yo entered the room. (1 pt.)			
	chtered the room. (1 pt.)			