

FAMILY AND CONSUMER SCIENCES DEPARTMENT

Through three core values: **cultivation**, **collaboration**, and **communication**, FC FACS students **explore the art of living** to be more innovative contributors to their *communities, families*, and for *themselves*.

Course	Grade(s)	Semesters	Dual Credit	Pathway	NCAA approved	Prerequisites
Preparing for College and Careers	9-12	1			No	None
Introduction to Housing and Interior Design	9-12	1			No	None
Introduction to Public Service	9-12	1			No	None
Principles of Culinary Arts & Hospitality	9-12	2		Culinary Arts & Hospitality Pathway	No	None
Nutrition	10-12	2			No	Principles of Culinary Arts & Hospitality
Culinary Arts	11-12	2			No	Nutrition
Principles of Early Childhood Education	9-12	2		Early Childhood Education Pathway	No	None
Early Childhood Education Curriculum	10-12	2			No	Principles of Early Childhood Education
Early Childhood Education Guidance	12	2			No	Early Childhood Education Curriculum
Principles of Teaching	9-12	2	YES	Education Careers Pathway	No	None
Child and Adolescent Development	10-12	2			No	Principles of Teaching
Teaching and Learning	11-12	2	YES		No	Child and Adolescent Development
Principles of Fashion and Textiles	9-12	2		Fashion & Textiles Pathway	No	None
Textiles, Apparel & Merchandising	10-12	2			No	Principles of Fashion and Textiles
Advanced Textiles	11-12	2			No	Textiles, Apparel & Merchandising
Principles of Human Services	9-12	2		Social & Community Services Pathway	No	None
Fundamentals of Human Services	10-12	2			No	Principles of Human Services

Community Health Worker	11-12	2			No	Fundamentals of Human Services
Career Exploration Internship	12	1 or 2		n/a	No	None

Preparing for College and Careers

Semester Course - 1 Credit

Grades 9-12

Do you know what you want to do after graduation? If not, you will have a better understanding of how to find out while taking this course.

Preparing for College and Careers addresses the knowledge, skills, and behaviors all students need to be prepared for success in college, career, and life. The focus of the course is the impact of today's choices on tomorrow's possibilities. Topics to be addressed include twenty-first-century life and career skills; higher-order thinking, communication, leadership, and management processes; exploration of personal aptitudes, interests, values, and goals; examining multiple life roles and responsibilities as individuals and family members; planning and building employability skills; transferring school skills to life and work; and managing personal resources. This course includes reviewing the 16 national career clusters and Indiana's College and Career Pathways, in-depth investigation of one or more pathways, reviewing graduation plans, developing career plans, and developing personal and career portfolios. A project-based approach, including computer and technology applications, cooperative ventures between school and community, simulations, and real-life experiences, is recommended.

Introduction to Housing and Interior Design

Semester Course - 1 Credit

Grades 9-12

Do you enjoy watching remodeling shows on tv? Do you want to learn about housing? If so, then this course is for you.

This course addresses the selection and planning of designed spaces to meet the needs, wants, values, and lifestyles of individuals, families, clients, and communities. Housing decisions, resources, and options will be explored including factors affecting housing choices and the types of housing available. Developmental influences on housing and interior environments will also be considered. Basic historical architectural styling and basic furniture styles will be explored as well as basic identification of the elements and principles of design. Design and space planning involves evaluating floor plans and reading construction documents while learning to create safe, functional, and aesthetic spaces. Presentation techniques will be practiced to thoroughly communicate design ideas. Visual arts concepts including aesthetics, criticism, history and production, are addressed.

This course counts toward the **Fine Arts credit requirement for the Core 40 with **Academic Honors** diploma.*

Introduction to Public Service

Semester Course - 1 Credit

Grades 9-12

Introduction to Public Service introduces students to the many ways people serve their communities and country through both military and civilian roles. The course explores U.S. public service history, military traditions, and the importance of ethical decision-making, leadership, and teamwork. Students will also examine career opportunities in fields such as government, public safety, and the military, while gaining the knowledge and skills to consider their own path in public service and the impact they can make.

Principles of Culinary Arts & Hospitality

Year Course - 2 Credits

Grades 9-12

Do you enjoy watching cooking shows on tv? Do you want to learn how to cook? If so, then this course is for you. Culinary Arts & Hospitality focuses on the art of hospitality through food preparation skills and an understanding of the tourism and hospitality industry.

Principles of Culinary and Hospitality is designed to develop an understanding of the hospitality industry and career opportunities, and responsibilities in the food service and lodging industry. Introduces procedures for decision making which affects operation management, products, labor, and revenue. Additionally, students will learn the fundamentals of food preparation, basic principles of sanitation, service procedures, and safety practices in the food service industry including proper operation techniques for equipment.

Nutrition

Year Course -2 Credits

Grades 10-12

Pre/Co-Requisite: Principles of Culinary Arts & Hospitality

Nutrition students will learn the characteristics, functions, and food sources of the major nutrient groups and how to maximize nutrient retention in food preparation and storage. Students will be made aware of nutrient needs throughout the life cycle and apply those principles to menu planning and food preparation. This course will engage students in hands-on learning of nutritional concepts such as preparing nutrient-dense meals or examining the nutritional needs of student-athletes.

This course focuses primarily on nutrition concepts and includes minimal cooking or hands-on food preparation.

Culinary Arts

Year Course - 2 Credits

Grades 11-12

Pre/Co-Requisite: Nutrition

Culinary Arts teaches students how to prepare the four major stocks, the five mother sauces (in addition to smaller sauces) and various soups. Additional emphasis is placed on the further development of the classical cooking methods. This course will also present the fundamentals of baking science including terminology, ingredients, weights and measures, and proper use and care of equipment. Students will produce yeast goods, pies, cakes, cookies, and quick breads.

Principles of Early Childhood Education

Year Course - 2 Credits

Grades 9-12

Do you enjoy working with infants or toddlers? Do you enjoy teaching? Do you enjoy leadership? Yes? See you in Principles of ECE!

This course provides students with an overview of skills and strategies necessary to successfully complete a certificate. Additionally, it provides an overview of the history, theory, and foundations of early childhood education as well as exposure to types of programs, curricula and services available to young children. This course also examines basic principles of child development, Developmentally Appropriate Practices (DAP), importance of family, licensing, and elements of quality care of young children with an emphasis on the learning environment related to health, safety, and nutrition.

This is a prerequisite for Early Childhood Education Curriculum & Guidance. This course is for students who are interested in pursuing careers that work with young children such as education, psychology, pediatrics, nursing or counseling. In this class, students will study the physical, social, emotional, and intellectual development of children ages newborn to eight years old. Additional topics covered include parenting, pregnancy, brain development, guidance and discipline, child abuse, children's literature, health and wellness and careers in early childhood.

Early Childhood Education Curriculum

Year Course - 2 Credits

Grades 10-12

Pre/Co-Requisite: Principles of Early Childhood Education

Early Childhood Education Curriculum examines developmentally appropriate environments and activities in various childcare settings while exploring the varying developmental levels and cultural backgrounds of children. Students will be required to complete observations and field experiences with children as related to this course.

This course covers working with children from birth to 8 years (3rd grade) and provides the foundations to early childhood education and other child-related careers. The course provides exposure to various types of programs such as K-3 elementary education, developmental preschool (ages 3-5), different day care and community-based early childhood programs.

Junior and Seniors with a C- or better in the class will be afforded the opportunity to participate in an Elementary School or Early Childhood classroom during Block Days. Students will plan, develop and implement lessons, assist classroom teachers in daily responsibilities, create learning games and prop boxes, explore children's literature and storytelling, and complete an observation project on the developmental milestones of a child.

Early Childhood Education Guidance

Year Course- 2 Credits

Grade 11-12

Pre/Co-Requisite: Early Childhood Education Curriculum

This course allows students to analyze developmentally appropriate guidance, theory and implementation for various early care and education settings. It also provides a basic understanding of the anti-bias/multicultural emphasis in the field of early childhood. Students will be required to complete observations and field experiences with children as related to this course.

This course covers working with children from birth to 8 years (3rd grade) and provides the foundations to early childhood education and other child-related careers. The course provides exposure to various types of programs such as K-3 elementary education, developmental preschool (ages 3-5), different day care and community-based early childhood programs.

Principles of Teaching

Year Course- 2 Credits

Grades 9-12

Dual Credit

Love learning? Love sharing what you know? Want to know more...perhaps a course in education is the first step towards a career in teaching.

This course provides a general introduction to the field of teaching. Students will explore educational careers, teaching preparation, and professional expectations as well as requirements for teacher certification. Current trends and issues in education will be examined.

Child and Adolescent Development

Year Course- 2 Credits

Grades 10-12

Pre/Co-Requisite: Principles of Teaching

Dual Credit

Child and Adolescent Development examines the physical, social, emotional, cognitive, and moral development of the child from birth through adolescence with a focus on the middle years through adolescence. Basic theories of child development, biological and environmental foundations of development, and the study of children through observation and interviewing techniques are explored. The influence of parents, peers, the school environment, culture and the media are discussed.

Teaching and Learning

Year Course- 2 Credits

Grades 11-12

Pre/Co-Requisite: Child & Adolescent Development

Dual Credit

Teaching and Learning provides students the opportunity to apply many of the concepts that they have learned throughout the Education Professions pathway. In addition to a focus on best practices, this course will provide an introduction to the role that technology plays in the modern classroom. Through hands-on experience with educational software, utility packages, and commonly used microcomputer hardware, students will analyze ways to integrate technology as a tool for instruction, evaluation, and

management. As the course progresses, students will be required to go out into different schools in the township to serve as “student teachers” and apply what they have learned from class.

An observation experience of 20 hours may be required for completion of this course. There is a Code of Ethics that students must adhere to in order to be allowed to go out from our building: [Code of Ethics](#)

Principles of Fashion and Textiles

Year Course- 2 Credits

Grades 9-12

Are you interested in owning your own business, such as running an online store or fashion boutique? Do you find yourself fascinated by fashion, the fashion industry, marketing? Do you watch Project Runway, Fashion Television or read Vogue? If so, you have already begun the exciting journey of Fashion & Textiles Careers.

Principles of Fashion and Textiles prepares students for occupations and higher education programs of study related to the entire spectrum of careers in the fashion industry. This course builds a foundation that prepares students for all aspects of the fashion creation process. Major topics include: Basic clothing industry careers, construction techniques, pattern alterations, and use of commercial patterns.

[Fashion & Textiles Pathway Advertisement](#)

Textiles, Apparel, and Merchandising

Year Course- 2 Credits

Grades 10- 12

Pre/Co-Requisite: Principles of Fashion and Textiles

Textiles, Apparel, and Merchandising provides a comprehensive overview of the textiles, apparel and merchandising industry specific to fashion related goods including the nature of fashion, raw materials and production, designers, retailers, and supporting services. Students learn industry skills and principles to increase employability and provide students with foundational skills for college or careers. Students will be able to demonstrate proficiency in the construction, alteration, and mending of garments. Students will understand the various aspects of the fashion and textile industry. Additionally, students will demonstrate mastery in the merchandising of bands and products by developing their own concepts and items. Major topics include customer service and supply chain.

[Fashion & Textiles Pathway Advertisement](#)

Advanced Textiles

Year Course- 2 Credits

Grades 11-12

Pre/Co-Requisite: Textiles, Apparel, and Merchandising

Advanced Textiles will focus on the study of textiles concerning fiber, yarn, fabric construction, and finishes which affect the selection, use, and care of textiles. Students expand knowledge of textile production, finish, and care through in-depth study of textiles, exposure to industry, and individual, hands-on projects. Students will focus on connecting the right fabric for the right purpose, investigate fabric treatments and processes, design their own fabric, and even practice weaving techniques. Along with those principles, students will also practice appropriate care for individual fabrics. Major topics include: steps of production, dying finishes, and the differences between ready-to-wear, runway, and haute couture.

[Fashion & Textiles Pathway Advertisement](#)

Principles of Human Services

Year Course- 2 Credits

Grades 9-12

If you have an interest in Human Development and living a life to its fullest, you will love Human Services.

Principles of Human Services explores the history of human services, career opportunities, and the role of the human service worker. Focuses on target populations and community agencies designed to meet the needs of various populations. This course will encourage cultural awareness and appreciation of diversity. Focuses on cultural variations in attitudes, values, language, gestures, and customs. Includes information about major racial and ethnic groups in the United States.

Fundamentals of Human Services

Year Course- 2 Credits

Grades 10-12

Pre/Co-Requisite: Principles of Human Services

Fundamentals of Human Services examines key elements of effective delivery of human services. Topics of discussion include personal values, helping relationships, the impact of diversity, theories of helping, communication, problem-solving processes, crisis situations, abuse, and professional ethics. This course also provides training for identifying characteristics of a crisis and basic crisis intervention skills. Students will evaluate their own personal strengths and limitations and discuss the importance of professional development for the human services social worker.

Community Health Worker

Year Course- 2 Credits

Grades 11-12

Pre/Co-Requisite: Fundamentals of Human Services

Community Health Worker explores care coordination, case management, coaching, cultural competencies, Human Services Code of Ethics, professional development, and employment opportunities for community health workers and case managers. Examines background knowledge of the field of intellectual and developmental disabilities and issues pertaining to community social services. Presents practical and useful information regarding service availability and community resources for individuals and families living with disabilities.

Career Exploration Internship

1 or 2 semester course: 1-2 credits per semester

Grade: 12

Pre/Co-Requisite: none

The Career Exploration Internship course is a paid or unpaid work experience in the public or private sector that provides for workplace learning in an area of student career interests. The career exploration internship is intended to expose students to broad aspects of a particular industry or career cluster. In addition to their workplace learning activities, students participate in 1) regularly scheduled meetings with their classroom teacher, or 2) a regularly scheduled seminar with the teacher for the purpose of helping students make the connection between academic learning and their work-related experiences. Specific instructional standards tied to the career cluster or pathway and learning objectives for the internship must be written to clarify the expectations of all parties – the student, parent, employer, and instructor.