Podcast details:

Music - Guitar House by josh pan (via YouTube Audio Library)

Timestamps:

- 0:00 Introduction – Megan Watson
- 7:00 Mental Health Fellows – Stuart Drake and Renee Hernandez Greenfield
- 38:00 Instructional Fellows – Dr. Sandra Galta and Stephen Johns
- 57:15 Institutional Support and Success Fellows – Andre Jimenez and Sonja Morgan

Resources discussed and/or recommended by EDI Fellows:

Brown, Brené. *The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are*. 1st edition. Center City, Minn: Hazelden Publishing, 2010.

Coleman, Dale, and Pamela Transue. *The Open Door: A History of Tacoma Community College*. Tacoma Community College, 2015.

Crenshaw, Kimberle. "Demarginalizing the Intersection of Race and Sex: A Black Feminist Critique of Antidiscrimination Doctrine, Feminist Theory and Antiracist Politics." *University of Chicago Legal Forum*, 1989, 139–67.

Greene, Ross W. *Lost at School: Why Our Kids with Behavioral Challenges Are Falling Through the Cracks and How We Can Help Them*. 1st edition. Scribner, 2008.

Kendi, Ibram X. *How to Be an Antiracist*. One World, 2019.

Kolk, Bessel van der. *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*. 1st edition. Penguin Books, 2014.

Li, Melody. "We All Need To Be Working Through Racial Trauma. Yes, Even White People." IDONTMIND, August 7, 2020. https://idontmind.com/journal/we-all-need-to-be-working-through-racial-trauma-yes-even-white-people.

Menakem, Resmaa. *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. Central Recovery Press, 2017.

Okun, Tema. "White Supremacy Culture." Dismantling Racism. Accessed April 13, 2021. https://www.dismantlingracism.org/uploads/4/3/5/7/43579015/okun_-_white_sup_culture.pdf.

Perry, Bruce D., and Maia Szalavitz. *The Boy Who Was Raised as a Dog: And Other Stories from a Child Psychiatrist's Notebook -- What Traumatized Children Can Teach Us About Loss, Love, and Healing*. 3rd edition. New York: Basic Books, 2017.

Mental Health America. "Racial Trauma." Accessed April 13, 2021. https://www.mhanational.org/racial-trauma.

Siegel, Daniel J., and Tina Payne Bryson. *The Power of Showing Up: How Parental Presence Shapes Who Our Kids Become and How Their Brains Get Wired*. Ballantine Books, 2020.

The Gottman Institute. "The Gottman Institute | A Research-Based Approach to Relationships." Accessed April 13, 2021. https://www.gottman.com/.

Wilkerson, Isabel. *Caste: The Origins of Our Discontents*. Random House, 2020.

Wood, J. Luke, and Frank Harris III. "Racelighting: A Prevalent Version of Gaslighting Facing People of Color." *Diverse Issues in Higher Education*, February 12, 2021. https://diverseeducation.com/article/205210/.