

SENIOR BRAG SHEET

Instructions:

1. Rename this document to include your name (Elizabeth Smith Brag Sheet)
2. Share it with your counselor and teacher recommenders.
3. Complete all areas, and don't be afraid to "brag" about yourself. *The depth/quality of the information you leave will highly affect the quality of your recommendation.* Your counselor and teachers will use this information in recommending you for scholarships, college admission, and other honors/awards. Blue sections will expand as you type --- and additional rows can be added to tables using the tab button.

Personal and Family Information

Full legal name

Name preference for recommender use

--	--

Date of birth

Student Cell #

Personal email address

--	--	--

Name of parents, relatives, or guardians you live with

--

Father's/Guardian Place of Employment

Father's/Guardian Cell Phone

--	--

Mother's/Guardian Place of Employment

Mother's/Guardian Cell Phone

--	--

--	--	--

Awards and Honors (during your high school years from school or community organizations)

Name of Award	Reason for Award	Year(s) Received

Clubs, Honor Societies, Sports, Fine Arts (Band, Chorus, Drama, Journalism), and associated leadership roles beginning with 9th grade.

Activity	Years/Grades	Sports Position played	Leadership Roles

Church, Community, and Work Activities (be specific)

Activity/Job/Job Title	Hours/Length of Time	Duties/ Leadership role

Who Are You? Help us describe what makes you a valuable admissions choice!

Thinking back over the past 3 years, **describe an experience that has interested, or inspired you.** This could include hobbies, travel opportunities, mission work, etc. *Tell us about this experience and its impact on you. For example, what have you gained from this experience that could help you in college or future career? TELL THE STORY OF THE EXPERIENCE AND THE LESSON YOU LEARNED HERE!*

What THREE ADJECTIVES best describe you and explain why. GIVE AN EXAMPLE OF HOW YOU EMBODY EACH ADJECTIVE IN YOUR LIFE.

- 1.
- 2.
- 3.

What sets you apart from your peers who have similar grades and SAT/ACT scores? (Include any special talents, interests, strengths or passions). *Keep in mind that college admission personnel must often distinguish between applicants with similar records.*

--

Is there anything else you would like a recommender to know about you (hardships you have overcome; accomplishments you're particularly proud of, etc.)? Is your academic record a true indicator of your potential? Have any special circumstances affected your performance in high school? What is your biggest weakness? How have you learned to overcome that weakness in order to be successful?

--

SAT/ACT Information

SAT

Date taken	Composite	Critical Reading	Math	Writing

Date taken	Composite	Critical Reading	Math	Writing

ACT

Date taken	Composite	English	Math	Reading	Science	Writing

Date taken	Composite	English	Math	Reading	Science	Writing

Post-Secondary Plans

Check the type of school you will be attending in the following list. Left click on the checkbox. Now right-click on the same box. Choose the checkmark icon from the pop-up window. Or: highlight the school.

- Four Year College
- Two Year College

- Military Academy
- Fine Arts Institute
- Technical School

Enter the subject you may choose as a major and the associated career in the chart. If you can't decide between multiple majors, list your first and second choices.

1.	Career
2.	Career

Complete the following charts if you are planning a military career or a gap work year.

Military	Branch?	<input type="checkbox"/> Enlist	<input type="checkbox"/> ROTC	<input type="checkbox"/> Academy
----------	---------	---------------------------------	-------------------------------	----------------------------------

Work	Where?	Doing What?	Career?
------	--------	-------------	---------

Do you plan on playing a sport in college? If yes, please indicate the sport and level of play you are pursuing (D1,2,3,NAIA,intramural/club). Is there other athletic info you would like to share with admissions/coaches?

Sport:	Level:	Other Info? Depends on the school and what sports they have.
--------	--------	--

IF ANY INFORMATION CHANGES DURING THE YEAR PLEASE UPDATE THIS FORM

The above information is true and accurate to the best of my knowledge.

Type your full name (Use the name that will be seen on your college applications)

Name	Date
------	------