

Obstacle Balloon Improv Game

Balloon Obstacle game- one circle. One balloon is passed up and around. Everyone must touch balloon twice (and say your own name LOUD), but do not touch the balloon twice in succession/in a row. After you touch it twice you must sit down; you can talk, but cannot touch the balloon again. You become an obstacle that **people must be aware** of so they don't trip and fall. The last person who touches it for the last time, touches it, and then holds it to finish game.

This exercise allows students to share their name with confidence and volume. Actors must also be aware of each other, being mindful not to hurt one another. Actors should treat each other with care and love and not as objects to be used.

“The ABC Balloon.” Have everyone stand in a circle. Introduce a balloon and tell them that they are going to hit this balloon around with their hands like volleyball. Each hit is a consecutive letter in the alphabet. It cannot touch the ground. They must try to get to “z”. Keep track of the farthest letter they get to. It must be hit – not held.