South Jersey Track Coaches Association

Track and Field Open

Date: May 2nd, 2026

Time: 1:00PM (SAT Date)

Locations:

Girls: Rancocas Valley HS

Entries: Teams are permitted to enter 4 athletes in each event on the track and 3 in the field

Entry Close: Friday May 1st at 6PM

Order of Events:(All are final on time)

1600(4)
100(4)
400(4)
800 (4)
HH (4)
200 (4)
4x800 (1)
4x100 (1)

Field Events

Long Jump (3)	Pole Vault (3)	Shot (3)
Triple Jump (3)	Jav (3)	
High Jump (3)	Disc (3)	

Entry Form

School:_____

Coach:_____

Email: _____

Phone: _____

Individual Entries: _____ x $20 =_____

Relay Entries: _____ x $30= _____

Max entry per gender is $375

Checks Payable: South Jersey Track Coaches Association

Payments should be mailed to: SJTCA
℅: Chris Callinan
765 W. Mt. Vernon Ave.
Haddonfield, NJ 08033