Parent Advisory Board

October 2024 Public Meeting Minutes

October 9, 2024 - Workout Club, Salem @ 6 pm

Meeting began at 6:07 pm with the following individuals in attendance:

All attending in person:

- Eric Marzano
- Susan Field
- Stephanie Robinson
- Candice DeAngelis
- Marilyn Soroghan
- Noelle Schreiber
- Deidre Knowlton
- Kelly Seichpine

Minute approvals

September 2024 minutes approved by all in attendance.

Monthly financial update

Financial data is redacted from Public Meeting Minutes. Financial data is shared with those who attended meetings.

Coach updates

Request for polo shirts - working with Arena and the agreement is that Vasity will embroidery

Reimbursement for coaches taking courses - there is a sale for coach appreciation week - so $35 per course for 50% off. Last year the PAB agreed to pay a limit up to a certain amount. THe reimbursement should be after they pay and take the course. With $70 per coach and 6 coaches it will be up to $420. Coaches can email their confirmation of payment and finish for reimbursement.

Pam will not be on deck as a coach, but she will be able to help out at the meet - perhaps the bullpen

Phillips Andover meet- we are guaranteed so we need to get those in

No voting on locations for Bronze or Silvers

January meet will probably be Bates, waiting on the meet director

January is very full, and Marilyn is going to encourage those who are going to Silvers to not attend Bronze and take off the weekend

If Golds is run as an everyone championship meet we will probably not attend, keep it tentative now but the idea is that we want them to be rested for UVAC

Having buddies come on Tuesday to help

Home Meet 10/19

Meets

- October 19 - deciding of a 6 or 8 lane meet, we have 8 touch pads - we will run 8 lanes
- Need to check the stopwatches and the batteries, getting them out Friday
- Have already heard from families saying they can't help, but there are so many new families it shouldn't be a problem - we need to have locker room monitors with frequent walk throughs, also need 2 people outside for parking and have signs that direct people to park for the swim meet, we will need someone at the start of session 1 and the start of session 2 and we will need a safety vest: 1 person at the entry and another by the back parking
- Waiting on the Barracudas team and possibly UVAC
- Ringing of the bell and the prize bags for heat winners - Susan will arrange that, does the WOC have cup then we can add candy, Marilyn will ask about cups as an advertising opportunity

Events

- Fall Team Bonding/Trunk of Treat 10/27 Salem parking lot - Noelle will send out a sign up for cars - goal is 20 ish, have pizza and snacks, pumpkin decorating contest with prizes (11-1)
- Update on Mindfulness Coaching Info: Noelle spoke with Biz about workshops, she does intro sessions, a groups session is $350 and has a variety of different courses. Maybe we do 1 group session we pick and then go from there. What would the groups look like? 2 groups or 3

groups - Marilyn can run a report about the numbers to know what we would be looking at. When would we want to look at? Winter? - Maybe on a practice night in December, Noelle will reach out to her again. Willing to pay up to $700 for 2 sessions and if it is in high demand look at a second round,

Fundraising

- Nothing until after the meet and possibly selling a calendar in December for a January pull

Awards

- Ordered ribbons and ducks, Sharon has sent out ducks we can specialize with Rays emblem, Noelle will price it out and we can decide if we want to

Communications

- none

Equipment

- Dan S, Eric M, Jay B, Rich L - Dan has the keys for storage, Eric is going to reach out to Dan - Rich L is going to help with set up and tear down and Eric is going to work with him on the meet equipment
- Second back up starter is charging and Jenn will let us know if it is working. We should look into something that has a mimicked sound, using the actual starter is tricky, the former PAB approval is only the backup because they are expensive and with user error we can't risk it breaking. If the backup doesn't work we can start an out of meeting discussion.
- Workout Club storage update - Marilyn is trying to reach Ron and Noelle will reach out to Lori as well and will touch base about member rates as well - the storage here at WOC will save a lot of time and manpower

Gear

- Vote on quote and pick colors "You just have to want it more than everyone else" - Katie Ledecky is the quote voted on by the kids - doing tye-dye cotton in Royal long and short

sleeved with logo on the front and the quote on the back - Deidre will have sample sizes and we can have a QR code to order cost: Short Sleeve: $18 and Long Sleeve: $20, if we can get Ron to pay for part of them can we get the WOC symbol on the sleeve or back neck as a sponsor for $5 per shirt to help with the cost per family, but if they don't want to do it then that is fine

Motion to end the meeting was made and seconded by all in attendance at 7:06 pm.

Next Meeting: November 13 @ 6pm, Salem WOC