

## Dear Neighbor,

Thank you for making sure our shelves are stocked. We are here to help, thanks to you.

Here's a list of items the Pantry needs most:

## Non-Perishables:

- Jam and/or jelly
- Ready to Eat (canned pasta, chili, hash)
- Pancake mix / syrup
- Jarred Pasta sauce
- Side dishes (seasoned rice / pasta, Knorrs, Zatarans etc.)
- Cold Cereal
- Ground coffee and tea
- Condiments (dressing, bbq sauce, ketchup, mayonnaise etc)
- White tuna
- Cooking Oil / Pam

The Weymouth Food Pantry receives over 1,400 visits per month from economically-distressed families in our community looking for help, and we are funded mostly by Weymouth residents and neighbors (#WeymouthProud). Thank you for your help!

Donations of 20 bags or fewer are accepted between 10:00 and 11:00 am on:

- Tuesday at The First Church in Weymouth at 17 Church Street
- Thursday at Crossroads Worship Center at 241 Broad Street, or
- Saturday at Old South Union Church at 25 Columbian Street.

Larger donations are welcome at the Pantry's Food Warehouse between 9am and 1pm, Monday through Friday. Address: 40 Reservoir Park Drive, Unit E, Rockland.