

# Hockey

- ★ Matches shall be played according to the rules of the FIH (International Hockey Federation) as adopted from time to time by the Indian Hockey Federation unless otherwise modified.
- ★ Teams will consist of two teams of **16** players each. 11 players would enter the field at a time. You can be substituted at any time during a game except when a penalty stroke or a corner is being taken.
- ★ The tournament shall be played league cum knockout basis.
- ★ Each team must have a captain on the field and they must wear a distinctive arm band.
- ★ Match will be of **4 quarters** each **15** minutes long with a **(2-5-2)** minute break between consecutive intervals. The format is subject to change as per weather conditions or any other circumstances by the umpires.
- ★ No extra time will be allotted in case of tie; we will go with penalty tie-breaker.
- ★ In case of points clash for semi-final matches the team who scored more number of goals will be considered. But if still the point score are level, then committee member will decide.

**Contact: Pankaj Kumar - 9453994875**