

Nurses International

Clinical Skills

Name of the procedure/Rubric/ *Rationale*: Nasal Sprays

Step	Procedure	Yes	No	Remarks
1.	Check and verify the doctor's orders for nasal sprays with medication administration record (MAR).			
2.	Perform the SEVEN RIGHTS x 3 (must be done with each individual medication): ☐ The right client ☐ The right medication (drug) ☐ The right dose ☐ The right route ☐ The right time ☐ The right reason ☐ The right documentation			
3.	Check the label on the medication for the name, dose, and route, and compared with the order/ client's file at three different times			
4.	If the spray is being used for the first time, prime the nasal spray by spraying it into the air a few times.			
5.	Before instilling nasal spray to the client, don clean non-sterile gloves.			
6.	Provide the client with tissues and instruct that they blow their nose.			
7.	Position the client: ☐ Position the client sitting back or lying back with head tilted forward			
8.	Hold nasal spray in your dominant hand and insert it into the nostril of the client.			
9.	Administer Medication: ☐ Press the spray to release the dose ☐ Instruct the client to breathe in gently and normally through the nose. ☐ Alert the client not to sniff hard as it may risk the medication being swallowed or tasted.			
10.	Remove the nasal spray from the client's nostril and instruct him/her to breathe out through your mouth.			
11.	Repeat the same for the other nostril (if the order is for bilateral nostrils)			
12.	Wipe the nozzle of the spray and then replace the cap.			
13.	Remove gloves and perform hand hygiene.			
14.	Ensure clients' safety: ● Lower and lock the bed ● Assess to determine need for the side rails			

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	● Ask if the client needs any other assistance ● Ensure call bell is within client's reach			
15.	Perform hand hygiene and document as per agency policy. Include date, time, dose, route; which nare the medication was instilled into (or whether it was both nares); and client's response to the procedure.			

Note:

- ☐ Nasal sprays will vary in shape and size, but the technique remains the same.

Reference:

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