2026 Flag Football Dates - As of 3/31/2026

Flag practice is typically from 6-7p on Tues./Thurs. evenings. Games are Sat mornings between 9 - noon

April 1st	Registration Opens
July 17th	Scholarship Applications are DUE by Midnight
July 17th	Early Registration Discount Ends
Aug. 18th	Practice #1
Aug. 20th	Practice #2
Aug. 25th	Practice #3
Aug. 26th	Practice #4 - **Team Pics in Thompson/Practice in other Locations**
Aug. 27th	UND Football Game - **More details to come**
Aug. 29th	Week #1 of Games - Rural Team Photos before games
Sept. 1st	Practice #5 - **Team Pictures in EGF/Practice in other Locations**
Sept. 3rd	Practice #6
Sept. 5th	**NO GAMES - LABOR DAY WEEKEND**
Sept. 8th	Practice #7 - **Team Pictures in Grand Forks at Ben Franklin Park Location**
Sept. 10th	Practice #8
Sept. 12th	Week #2 of Games
Sept. 15th	Practice #9 - **Team Pictures in Grand Forks at Willmar Park Location**
Sept. 17th	Practice #10
Sept. 19th	Week #3 of Games
Sept. 22nd	Practice #11
Sept. 24th	Practice #12
Sept. 26th	Week #4 of Games
Sept. 29th	Practice #13
Oct. 1st	Practice #14
Oct. 3rd	Week #5 of Games
Oct. 6th	Practice #15
Oct. 8th	Practice #16
Oct. 10th or 11th (TBD)	Week #6 of Games - **FRITZ POLLARD ATHLETIC CENTER**

Practice Locations

Girls League - West of Ben Franklin Elementary School on Westward Drive
Crookston - Jim Karn Field
East Grand Forks Teams - Central Middle School -- Bygland Rd SE, EGF
Grand Forks K-1st Teams - Willmar Park -- Located on the corner of 9th Ave S. & S. 15th St.
Grand Forks 2nd-4th Teams - West of Ben Franklin Elementary School on Westward Drive
Hatton-Northwood - D.L. Campbell Park
Hope - High School Football Field
Larimore - Baseball diamonds near the Elementary School
May-Port CG - May-Port HS Sports Complex
Midway - Outfield of West Baseball field
Thompson - Southbrook Park
WAO - 808 E Johnson Ave Warren MN 56762