



BeeChicas Top Colorado Foothills Native Plants for Pollinators

Spring-blooming

- Pasqueflower (*pulsatilla patens*)
- Showy Fleabane (*Erigeron speciosus*)
- Golden banner (*Thermopsis divaricarpa*)
- Golden Currant (shrub) (*Ribes aureum* or Clove Currant, *Ribes odoratum*)
- Serviceberry (large shrub/small tree) (*Amelanchier alnifolia*)

Summer-blooming

- Penstemons (*Penstemon virens*, *whippleanus*, *strictus*, *eatonii*)
- Blanket flower (*Gaillardia aristata*)
- Chocolate flower (*Berlandiera lyrata*)
- Sulphur Flower (*Eriogonum umbellatum*)
- Rocky Mountain Bee Plant (*Cleome serrulata*)

Fall-blooming

- Gayfeather (*Iatris punctata*, *I. ligulistylis*)
- Goldenrod (*Solidago nana*)
- Brown-eyed Susan (*rudbeckia triloba*)
- Western Aster (*Aster ascendens*, now *Symphyotrichum ascendens*)

The above are true natives to our Boulder area...maybe lesser known to most and would be good additions/native upgrades for existing gardens.

Other Favorite Natives:

Blue Flax (*Linum lewisii*, now *Adenolinum lewisii*)

Purple Prairie Clover (*Dalea purpurea*)

Colorado Evening Primrose (*oenothera caespitosa*, *o. pallida*, *o. laciniata*, *o. flava*)

Harebell (*Campanula rotundifolia*)

Rocky Mountain Columbine (*Columbine caerulea*)

Sopweek Yucca (*Yucca glauca*)

Leadplant (*Amorpha canescens*)

Wild Bergamot (*Monarda fistulosa*)

Desert Four o'Clock (*Mirabilis multiflora*)

Red Birds in a Tree (*scrophularia macrantha*)

Firecracker Penstemon (*Penstemon eatonii*)

Blue Mist Beardtongue (*Penstemon virens*)

Rocky Mountain Penstemon (*Penstemon strictus*)

Tickseed, Lance-leaved Coreopsis (*Coreopsis lanceolata* and other varieties)

Poppy Mallow, WineCup Mallow (*Callirhoe involucrata*)

Prairie Smoke (*Geum triflorum*)

Tall Globe Mallow (*Sphaeralcea angustifolia lobata*)

Mexican Hat Coneflower (*Ratibida columnifera*)

Tall Prairie coneflower (*Ratibida pinnata*)

Purple coneflower (*Echinacea purpurea*)

Colorado Onion (*Allium geyeri*)

Other Favorite Native Shrubs

Dwarf Oregon Grape (*Mahonia repens*)

Redleaf Rose (*Rosa glauca*)

Wood's Rose or Wild Rose (*Rosa woodsii*)

Rabbit brush or Chamisa (*Chrysothamnus nauseosus*)

Chokecherry (*Prunus virginiana*)

Red Twig Osier Dogwood (*Cornus sericea*)

Three leaf Sumac (*Rhus trilobum*)

Native Plum (*Prunus americana*)

Favorite Native Trees

Pinon Pine

White Fir

Ponderosa Pine

Gambel Oak (*Quercus gambelii*)

Rocky Mountain maple (*Acer glabrum*)

Serviceberry

Best plants for Multicultural Lawns

Violets

White Clover

Dandelion

Veronica filiformis

Fall and Spring Crocus (and other small bulbs)

Scilla siberica - BLUE pollen!

Best Honey Bee Plants in no particular order (not necessarily Colorado natives):

Alliums

Salvias

Sedums (tall and groundcovers)

Penstemons

Asters

Dandelions

Joe Pye Weed

Sunflowers

Echinacea

Gaillardia

Lavender

Lead Plant
Rosa glauca
Thyme
Coreopsis
Veronicas
Spring Crocus and ALL EARLY BULBS
Scilla siberica
Fall crocus and Colchicum bulbs
Rabbitbrush, Chamisa
Goldenrod
Helianthus
Rocky Mountain Bee Plant (Cleome serrulata)
Fruit Trees
Maples for early pollen

Best Pollinator Host Plants (Colorado Springs):

Broadmoor Garden Club's Flower Show Conservation Exhibit in 2019

Amelanchier alnifolia (Serviceberry) - Swallowtail butterfly host, berries for birds/wildlife

Ribes aureum (Golden Currant) - Hoary Comma butterfly host, nectar for bees, hummers, butterflies, berries for birds, spring fragrance

Schizachyrium scoparium (Little Blue Stem grass) - Skipper and Common Alpine butterfly host, seeds for birds, use plant for nesting material

Asclepias tuberosa (Butterfly weed) - Colorado Hairstreak, Monarch and Queen butterfly host, bees, hummers, goldfinches all use

Penstemon strictus (Rocky Mountain Penstemon) - Hummers, bees, sphinx moth

Gaillardia aristata (Blanket Flower) - Painted Lady and Blanket Flower (beautiful) moth host, native bees, goldfinches use

Monarda fistulosa (Wild Bergamot) - Sphinx moth host, bees, chickadees use

Helianthus maximilian (Maximilian sunflower - or other native sunflower sp. also good)

Painted lady butterfly host, many bees and birds use

Solidago canadensis or multiradiata (Goldenrod) - Geometrid moths (good baby bird food) host, used by many types of native bees and butterflies

Mirabilis multiflora (Desert 4 O'clock) - Sun moth host, used by hummers, butterflies and Sphinx moth

Quercus gambelii (Gambel Oak) - Colorado Hairstreak butterfly host (adults drink the sap!), used by many birds (nesting, cover, insect food...) and wildlife (acorns)

Prunus virginiana (Chokecherry) - Swallowtail butterfly host, berries for birds/wildlife



Geum triflorum - Prairie Smoke



Ribes odoratum - Clove Currant