

Fat Cell Killer Long Form email creatives

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Swipe

Subj: DIY Coolsculpting

Subj 2: DIY Coolsculpting (save THOUSANDS and say goodbye to your saddlebags and love handles)

Subj 3: Expensive fat-reduction treatment now has free AT-HOME version

Subj 4: HOW TO: coolsculpt at home

What if there was a trick you can do from home, that doesn't involve eating only "healthy" foods, takes just 20 minutes, and could help you lose stubborn fat from problem areas like your love handles and saddlebags! Would you be interested in that?

I have been doing this at home and it has completely ERASED my love handles!!!

Here it is...

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Let me know how it goes, okay?

(sign off)



From:

Kill Fat Cells

Belly Fat Killer

Kills Belly Fat

Belly Killer Spice

Add ¼ teaspoon to your coffee [eliminates fat cells]

You've probably heard of "superfoods."

Yet if you're like me maybe you never knew there are "super-spices" too.

And there are several that are actually being used to [kill fat cells on your belly](#).

Yes, you read that right. They don't JUST help you "lose some weight" — they actually set off a self-destruct switch in your fat cells to make them shrivel up and die.

So you end up more like those "naturally slim" folks because you have fewer fat cells in your body!

One of my favorites is turmeric. I just add ¼ teaspoon to my latte each morning.

However there are a ton of these fat cell killing "hacks" and you can find them all here:

=> [Eliminate fat cells permanently by killing them dead](#)

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Belly Fat Killers

Texas mama drops 37lbs for reunion (never gains it back)

Please meet Liss, a Texas mom who had tried everything to lose the weight after she had her babies.

Of course, nothing worked. (maybe you know how that feels?)

Just when she hit rock bottom, she stumbled on a weird evening drink that KILLED her fat cells.

The fancy name for the death of your fat cells is [Apoptosis](#). And as you can see below it allowed Liss to lose 37lbs for her reunion.



image: <https://nutrathesis.com/fat-cell-killer/article/web/i/before-after/04.jpg>

The best part?

That was a few years ago and she never gained the weight back!

Below you'll discover the incredible evening cocktail that killed 37LBS worth of Liss' fat cells.

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Kill Belly Fat

**Diets only “shrink” fat | here’s how you KILL it (for good)
This fat stripping miracle used to be reserved for RICH folks**

No one tells you what really happens when you diet.

Imagine a balloon full of air. You let the air out. The balloon is still there.

Which means you can easily blow it back up again.

Your fat cells are like that, only way, WAY WORSE.

Balloons are passive. They don't care if you fill them back up. Yet fat cells throw the equivalent of a temper tantrum when you empty them.

Which is why you're hungry all the time when you lose weight.

PLUS, once you stop dieting those fat cells trigger a bunch of metabolic nasty tricks so they can get revenge on you by triggering something called "hyperplasia" — which is the creation of brand NEW fat cells.

End result: you gain back more weight than before, and it's harder to lose the next time.

Now, it's not all bad news.

Because the other thing no one tells you is that you can AVOID all this misery by **KILLING the fat cells** as they shrink.

This used to be something only rich folks could afford because you had to go to a fancy clinic.

However now an enterprising independent health researcher has figured out how you can do it at home - almost FREE.

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Losing weight makes you fatter?

Think about it.

How many times have you lost some weight and then stopped "dieting"?

Did you feel like you ended up gaining back all the weight PLUS a little more?

If so then you are not alone. And there is a very well researched scientific reason called fat cell “hyperplasia”.

There is only ONE solution that short-circuits this vicious cycle so that you can permanently lose belly fat. And it’s called [fat cell “apoptosis”](#).

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New cocktail kills pounds of belly fat while you sleep
1 glass tonight destroys pounds of belly fat
Sip tonight to kill pounds of belly fat while you sleep

If you haven’t tried it yet, you’re going to want to add this to your evening routine.

Drinking just one glass between supper and bedtime kick-starts a chain reaction in your body that removes more belly fat than an hour at the gym!

In fact, one mom used it to finally strip away 37 LBS she could never get rid of before — even though she tried everything for years after having her babies.

=> [1 glass of this tonight destroys belly fat \(while you sleep\)](#)

Plus, it’s super easy to make right in your own kitchen and tastes delicious.

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More importantly, my friend and top researcher Brad Pilon has now proven there's a “cheat code” that allows you to do MORE than JUST lose the weight.

It actually allows you to KILL your fat cells so they can never come back!

One of Brad's fat killing hacks is a delicious “latte” that includes a potent combination of “super spices” proven to kill fat cells:

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Which means they cause your fat cells to self-destruct!

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Do you know why it’s harder to lose the weight the second time?

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It’s because your fat cells get cold blooded revenge on you.

When you lose belly fat your fat cells are NOT happy.

You see, you don’t actually get rid of any fat cells. You just make them smaller. And that makes them mad.

So they get revenge by triggering a bunch of metabolic nasty tricks as soon as you stop “dieting”.

Those nasty tricks result in something called “Hyperplasia” — which means your body creates a bunch of NEW fat cells.

Yep: after every diet your fat cells get to breeding like rabbits.

And that's why it's harder every time you try to "diet" after that.

Which means just "losing the weight" is hopeless.

INSTEAD you need to actual KILL the fat cells so they can't take revenge on you.

And it's much, much easier than you think. Here's how:

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(Banners at the very bottom of the page)

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Subject: Cold kills fat cells

There is a big difference between losing fat and permanently killing off fat cells.

You lose fat with diet and exercise, you KILL fat cells through something completely different...

We used to think fat cells were permanent... once you gained a fat cell it basically became immortal fat, stuck on your belly for the rest of your life...

Turns out, this isn't true, fat cells do live a long time (roughly ten years), but they do eventually die.

And.. sometimes this process can be sped up.

Like when your fat is exposed to cold.

Cold kills fat cells.

This is important.... **COLD KILLS FAT CELLS**

This means something non-exercise and non-nutrition related can have a DIRECT impact on the amount of fat cells in your body.

Now, you may be wondering... why should you care?

Well here's the thing...

When you gain weight you also gain fat cells. People who are overweight typically have MORE fat cells than people who are lean.

However, when someone who has been overweight loses weight, they STILL have more fat cells than someone who is the EXACT same weight, but was never overweight.

When you diet your fat cells shrink, but they don't go away.

This matters because recent research suggests that the number of fat cells you have impact how hungry you are.

And research shows that people who were overweight, but then lost weight are typically hungrier than people who are the same weight, but were never overweight.

In other words, the number of fat cells you have matters.

Losing fat cells also smooths out stubborn fat areas like your love handles and stomach “paunch”.

Even better, research suggests this loss is near permanent.

The best part is you have the ability to alter the number of fat cells you have, WITHOUT diet or exercise.

The process is slow, but the research is impressive.

This is the topic of Brad Pilon’s new book.

If you’re interested you can check it out here —> [Fat Cell Killer](#)

Your friend,
(sign off)

Subj: Anti-Zombie Fat
Subj 2: Goodbye Zombie Fat
Subj 3: not Zombie fat
Subj 4: immortal fat?

There has been an interesting discovery made about Fat Cells. It turns out they can die. that’s right - not just shrink but actually die.

This goes directly in the face of everything we’ve been told. Traditionally we’ve been told that FAT NEVER DIES. that it shrinks when you go on a diet, but that it just fills back up again when you stop dieting.

What you might be interested in - is how many of the things you can do to kill your fat have nothing to do with diet or exercise.

It all ties into something called Apoptosis.

I've recently read a book on this topic, and if you think you may be carrying extra fat cells, then It's something I think you'd really like.

Maybe you're interested...

If you are, click the link below and spend a few reading about Fat Cell Killer, you can see if some of the ideas might work for you,

Fat Cell Killer <—

Subj: One BIG love handle, One SMALL love handle [Pic]

There is a big difference between losing fat mass and actually getting rid of fat cells.

You lose fat MASS with diet and exercise, you lose fat CELLS through something completely different...

Now I understand if this sounds impossible - We used to think fat cells were permanent, but it turns out this isn't true, fat cells live for roughly ten years, then they die.

And.. sometimes this process can be sped up.

Like when your fat is exposed to cold.

COLD KILLS FAT CELLS

Cold exposure is able to trigger something called 'apoptosis' which essentially tells your body to "kill" fat cells... and it's only works on fat cells (not muscle or skin).

In fact, in an extremely interesting case study published in 2013 chronicles 2 patients who exposed ONE love handle to cold therapy. Five years later, the treated love handle was still visibly smaller than the non treated love handle!

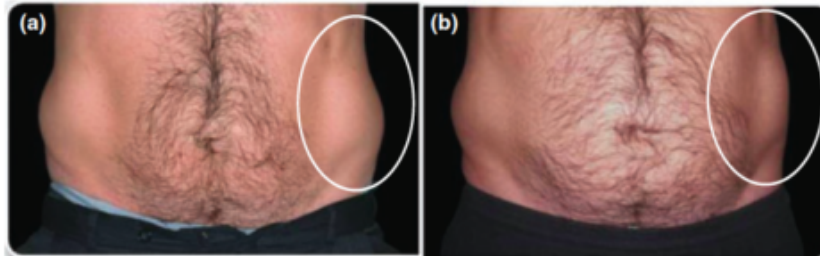


Figure 1 Pre- and post-treatment images showing fat layer reduction on the patient's left (treated) flank at 2-year post-treatment. (a) The image was taken prior to the procedure, and (b) the image was taken 2 years after the procedure.

This means something non-exercise, non-nutrition can have a DIRECT impact on the amount of fat cells in your body.

Now, you may be wondering... why should you care?

Well here's the thing:

Like I said earlier, when you lose weight you shrink your fat cells, but you don't LOSE fat cells.

The fat cells shrink, but they don't go away, so your problem areas will ALWAYS be your problem areas.

Losing fat cells, especially through TARGETED killing of fat cells has the potential to permanently smooth out stubborn fat areas like your love handles.

Now you still have to diet to LOSE weight and get rid of fat mass, however as a "next step" you may have the ability to alter the number of fat cells you have, WITHOUT diet or exercise.

This is the topic of Brad Pilon's new book, and it's not just exposure to cold that has the ability to get rid of fat cells. There are other factors that can initiate fat cell apoptosis.

If you're interested, you can check it out here —> [Fat Cell Killer](#)

Best,
[sign off]

Subj: Have we been wrong about permanent fat loss?

By now I think everyone has heard that there is no such thing as permanent fat loss.

Sure, you lose fat MASS with diet and exercise, but it's never gone forever, you eventually gain it back when you stop dieting and exercising.

However, this is only true for losing fat MASS, as it may NOT be true when you lose fat CELLS.

Fat cells are like any other cell in your body... they eventually die. Now unlike most cells they live for a fairly long time (possibly as long as ten years), but they do eventually die.

Interestingly, research is showing you may have the ability to speed this process up.

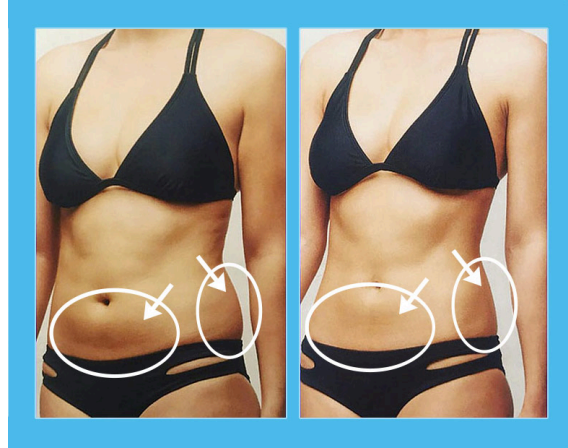
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Removing fat cells doesn't protect you from gaining weight again, but it does seem to be able to direct WHERE you gain that weight...

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Texas mama drops 37lbs for reunion (never gains it back)

With all the sad news on TV, it's fun to share inspiring stories like the one I have for you today.

This story is about Liss, a Texas mom who tried everything to lose the weight after she had her babies.

Of course, nothing worked. (maybe you know how that feels?)

Just when she hit rock bottom, she stumbled on a weird system that was almost like an "anti-diet".

In fact, it was more like a [collection of "lifestyle hacks"](#) that don't JUST help you drop belly fat — they are actually scientifically proven methods to KILL fat cells.

The fancy name for it is [Apoptosis](#). And as you can see below it allowed Liss to lose 37lbs for her reunion.



And the best part?

That was a few years ago and she never gained the weight back!

Here's how she did it:

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PLUS, once you stop dieting those fat cells trigger a bunch of metabolic nasty tricks so they can get revenge on you by triggering something called “hyperplasia” — which is the creation of brand NEW fat cells.

End result: you gain back more weight than before, and it’s harder to lose the next time.

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Banner

