



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
SCHOOLS DIVISION OF RIZAL

Name:

School:

Grade and Section:

Quarter 3: Performance Task No. 5:

“Infomercial: Raising Awareness about Physical Activity”

Learning Area	Performance Standards/Competencies	GRASPS with Rubrics
Reading and Writing Skills	The learner critiques a chosen sample of each pattern of development focusing on information, selection, organization, and development. MELCS: 1. Explain critical reading as a form of reasoning. 0. Formulate evaluative statements about a text read a. assertions about the content and properties of a text read, and a. counterclaims in response to claims made in a text read.	Goal To promote physical activities to acquire health benefits. 1. Cite the benefits of doing physical fitness in enhancing relationships. (Personal Development) 2. Include a null hypothesis and alternative hypothesis when we want to test if raising the awareness about physical activity will increase a person’s involvement in physical activities. (Statistics and Probability)
Statistics and Probability	The learner is able to perform appropriate tests of hypotheses involving the population mean and population proportion to	Role

	make inferences in real-life problems in different disciplines. MELCS: 1. Illustrates: (a) null hypothesis; (b) alternative hypothesis; (d) rejection region; and (e) types of errors in hypothesis testing.	You are a one minute video content creator and/or advertiser promoting awareness on physical activities Audience Your infomercial will be submitted to the HOPE teacher, then forwarded to the school's social media account administration if the content meets the standards. Situation Promotional campaign through social media is rampant. Then, learners will be trained on how to become social media influencer Product/Performance Video presentation (ODL) Flyer/Leaflet (MDL) Standards Flyer/Leaflet: Attractiveness & Organization & Interest Content Accuracy Writing Mechanic Physical Science
Health Optimizing Physical Education	The learners lead sports events with proficiency and confidence resulting in independent pursuit and in influencing others positively. MELCS: 1. Set FITT goals based on Training principles to achieve and/or maintain HRF.	
Physical Science	MELCS: 1. Compare and contrast the Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.	
Personal Development	The learners shall be able to appraise one's present relationships and make plans for building responsible future relationships. MELCS: 1. Identify ways to become responsible in a relationship.	
Pagbasa at Pagsusuri	Pamantayan sa Pagganap (Performance Standards) Nakabubuo ng panimulang pananaliksik na napapanahon ang paksa.	Video presentation: Content Originality Usage of Language Physical Science

	Pamantayan sa Pagganap (MELCS) Nasusuri ang ilang halimbawa ng pananaliksik sa Filipino batay sa layunin, gamit, metodo, at etika sa pananaliksik.	Suriin ang iskrip mula sa <i>infomercial</i> na iyong nabuo. Ibigay ang layunin, gamit, metodo, at etika na isinaalang-alang upang mabuo ito.(ODL) Suriin ang nabuong flyer/leaflet at ibigay ang layunin, gamit, metodo, at etika na isinaalang-alang upang mabuo ito. (MDL)
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Rubrics for Flyer/Leaflet:

Category	(20)	(15)	(10)	(5)
Attractiveness & Organization & Interest (HOPE)	The flyer is exceptionally attractive and is organized according to the flyer checklist.	The flyer is attractive and is mostly organized according to the flyer checklist.	The flyer is not attractive or is not organized according to the flyer checklist.	The flyer is not very attractive and is not organized according to the flyer checklist.
Content Accuracy PerDev, Statistics and Probability	The flyer has cited all of the required information on the benefits of doing physical fitness in	The flyer has cited most of the required information on the benefits of doing physical fitness in	The flyer has cited some of the required information on the benefits of doing physical fitness in enhancing relationships	The flyer has cited little or none of the required information on the benefits of doing physical

	enhancing relationship s.	enhancing relationships.		fitness in enhancing relationships
Writing Mechanic (RWS, PAGBASA AT PAGESUSURI)	All of the writing is done in complete sentences. Capitalization and punctuation are correct throughout the brochure.	Most of the writing is done in complete sentences. Capitalization and punctuation are correct throughout the brochure.	Some of the writing is done in complete sentences. Capitalization and punctuation are correct throughout the brochure.	Most of the writing is not done in complete sentences. Most of the capitalization and punctuation are not correct throughout the brochure.
Physical Science	Illustrates at least 3 physical activities showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.	Illustrates at least 2 physical activities showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.	Illustrates at least 1 physical activity showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.	No illustration of physical activities showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.

Rubrics for Video Presentation:

Category	(20) Excellent	(15) Good	(10) Fair	(5) Needs Improvement
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Content (RWS, PAGBASA AT PAGSUSURI, STATISTICS & PROBABILITY)	It covers all the topics in depth with details and examples. The knowledge of the topic is excellent.	It includes basic knowledge about the topic. The content seems to be good.	It includes essential information about the topic, but it has 1-2 mistakes in the facts.	The content includes minor details and it has several mistakes in the facts.
Originality (HOPE, PERDEV)	The video shows great originality. The ideas are creative and witty.	The video shows a certain originality. It shows the use of new ideas and of shrewdness.	The video uses ideas from other people (quoting them) but there is little evidence of original ideas.	He/She uses ideas from other people without quoting them.
Usage of Language (RWS)	There are no mistakes in spelling or grammar.	Three or fewer spelling mistakes or punctuation mistakes .	Four spelling or grammar mistakes.	More than four spelling or grammar mistakes.
Physical Science	Demonstrates at least 3 physical activities showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.	Demonstrates at least 2 physical activities showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.	Demonstrates at least 1 physical activity showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.	No demonstration of physical activities showing Aristotelian and Galilean conceptions of vertical motion, horizontal motion, and projectile motion.

