59th ANNUAL PAUL ALIANIELLO HENDRICKEN INVITATIONAL
Date: Saturday, May 31, 2024 (Rain Date: Sunday, June 1, 2024)

Time: 10:30 AM – Running and Field Events
(Triple Jump to follow the Long Jump)

Eligibility: 1-1-1 Rule. Each competitor may compete in one running event, one field event and one relay event. Freshmen and sophomores may compete in varsity events but **may not** compete in both freshman or sophomore events **and** varsity events. No entries may be changed once the meet has been seeded.

Awards: Team trophies to Large School and Small School champions. T-shirts to the first six finishers in each individual event and the first three relay teams in each relay event. Champions in individual and relay events will receive T-Shirts with "CHAMPION" printed on the back. Individual trophies to the outstanding running performance and the outstanding field performance.

Scoring: 10-8-6-5-4-3-2-1

Entry Fee: $20 per athlete regardless of the number of events he competes in to a maximum of $150 per team. (All fees must be paid prior to or at the start of the meet.)

Deadline: Entries are due by **Thursday, May 29th at 6 PM**. All entries must be Submitted on MileSplit.

Information: Danny Brennan/Jim Doyle
Home: (401) 829-7211/
(401) 578-2955
e-mail: danieljbrennan@hotmail.com

Mail Checks To: Danny Brennan
Bishop Hendricken High School
2615 Warwick Avenue
Warwick, Rhode Island 02889

Checks Payable To: Bishop Hendricken High School

PAUL ALIANIELLO HENDRICKEN INVITATIONAL

Order of Events

10:30 AM
All Field Events
Except Triple Jump to follow Long Jump

10:30 AM
Sophomore 1500 Meter Run

Freshman 1500 Meter Run

Freshman Sophomore Sprint Medley Relay (400,200,200,800)

400 Meter Relay (4X100)

3000 Meter Run

110 Meter High Hurdles Trials

100 Meter Dash Trials

1500 Meter Run

110 High Hurdles Final

100 Meter Dash Final

400 Meter Dash

300 Meter Intermediate Hurdles

800 Meter Run

200 Meter Dash

3200 Meter Relay (4X800)

1600 Meter Relay (4X400)