

Course:	Pearson BTEC Level 3 National Extended Diploma in Construction & the Built Environment	Unit/module:	8: Building Regulations and Control in Construction	Year:	2025-2026
Tutor:	Adewale Abimbola	Time:	28 Weeks, 1.75 hours per week		

Week No	Week Completed	Syllabus Ref	Topic	Methods of Delivery	Resources	ESW Opportunities (How will you develop Literacy, Numeracy and ILT?)	Assessment/ Student Activity	Remarks (Please note opportunities for Equality and Diversity ESDGC, Wellbeing, Curriculum Cymraeg, Enterprise, etc. and any Health and Safety issues)
1	INDUCTION WEEK							
2	WC 08/09/2025	LA A	Topic: Introduction to Unit 8 & the Building Regulations Sample activities: Presentation and discussion of the unit brief, Pearson-set theme and topics for student selection. Seminar and discussion of unit Learning Outcomes and Assessment Criteria. Students should be able to	T D GW CE	IWB C Handout DP	PS IT WWO	Q&A Discussion Group Work	Ensure all building regulations content, guidance, and applications reflect the needs of various social, cultural, and disability groups, respecting differences and promoting fair access for all. Encourage learners to reflect on how safe, compliant buildings contribute to personal and community well-being, including mental and physical health.

Methods of Delivery: T – Talk, D – Discussion, GW – Group Work, RL – Role Play, CE – Class Exercise, WS – Worksheet, etc

Essential & Key Skills Opportunities: C – Communications, AN – Application of Number, IT – Information Technology, IOLP – Improving Own Learning & Performance, WWO – Working With Others, PS – Problem Solving, ESDGC (Education for Sustainable Development and Global Citizenship).

Assessment: Assignment Ref, Q&A, Discussion, Group Work, Quiz, etc

Resources: IWB – Interactive Whiteboard, WB – Whiteboard, C – Computer, DP – Data Projector, F – Flipchart, TV/Video, etc.

Remarks: ESDGC, CC (This is an opportunity to plan for developing ESDGC, Curriculum Cymreig, Enterprise, Wellbeing and/or other important curriculum issues). Include any potential Health & Safety risks/hazards which could be encountered during the course of the lesson.

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			Discuss the various requirements of the Building Act 1984. Describe the requirements of the Building Regulations. State the difference between the Building Act 1984, the Building Regulations, and Approved Documents. List Exemptions to the Building Acts 1984 and Building Regulations 2010.					
3	WC 15/09/2025	LA A	Topic: Control and implementation of the Building Regulations (1) Sample activities: Presentation on Control and implementation of the Building Regulations Students, working in groups, assess the impact of team dynamics on project success Students to	T D GW CE WS PowerPoint	IWB C Handout DP	IT WWO PS	Q&A Discussion Group Work	Use regulations and compliance scenarios as a basis for problem-solving, risk assessment, and business planning skills. Stress the importance of accurately interpreting and implementing regulations to prevent accidents, injuries, and ill health during and after construction.

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			Explain the difference between building control and planning permission. Explain the two main methods of applying for approval of a design or installation under the Building regulations - Full plans - Building notice					
4	WC 22/09/2025	LA A	Topic: Control and implementation of the Building Regulations (2) Presentation on Control and implementation of the Building Regulations (2) Students to Identify and categorize the various resources required for a construction project Explain supervision of works and the power of inspectors. Explain the inspection at certain stages of the works.	T D WS CE PowerPoint	IWB C Handout	C IT WWO PS	Q&A Discussion Group Work	Discuss teamwork in enforcement, respecting diverse roles Reflect on regulator's role in public health. Identify how good regulations improve building users' wellbeing

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			State the consequences of non-compliance.					
5	WC 29/09/2025	LA A	LA A REVISION	T D D CE	IWB C Handout	C IT WWO PS	Q&A Discussion Group Work	Work collaboratively in diverse groups Development of research skills Development of academic writing skills
6 – 9	WC 06/10/2025 to WC 03/11/2025	LA B	Topic: Achieving compliance with the Building Regulations Presentation on Achieving compliance with the Building Regulations Students to Outline the requirements of the Approved Documents. Apply Approved Documents to building designs. Evaluate the different methods of achieving compliance with the building regulations.	T D WS CE PowerPoint	IWB C Handout	C IT WWO PS	Q&A Discussion Group Work	Discuss how Approved Documents promote buildings that are accessible for all, including disabled and older people, fostering inclusivity in the built environment. Explore how compliance with health, safety, and wellbeing provisions in Approved Documents (e.g., indoor air quality, safe escapes, daylighting) directly improves the lives of building users and communities Incorporate Welsh-medium resources and project examples to deepen understanding of compliance in a local context.

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10	WC 10/11/2025	LA B	Topic: Alternative methods of achieving compliance with the Building Regulations Presentation on Achieving compliance with the Building Regulations Students to Describe/analyse/evaluate the different methods of achieving compliance with the building regulations.	T D WS CE PowerPoint	IWB C Handout	C IT WWO PS	Q&A Discussion Group Work	Analyse case studies to identify opportunities for improved equal access and inclusion when applying flexible compliance routes. Evaluate how alternative compliance can foster improved health, safety, and occupant wellbeing, beyond baseline regulatory provisions. Assign tasks where students research and justify an alternative compliance method for a new build project, simulating a consultancy or architectural practice.
11	WC 17/11/2025	LA A&B	Issue Assignment 1. Students are introduced to the assessment process for the unit, revisit learning outcomes and criteria. Discussion of submission requirements for the unit.	T WS Assignment Ref	C WS	IOLP PS	Assignment Ref Discussion	Development of research skills Develops an understanding of choices and decisions Development of academic writing skill.

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12 - 16	WC 24/11/2025 to WC 05/01/2026	LA A&B	Topic: Assignment 1 – Independent study & support sessions Students, working individually, begin to identify resources required in relation to their proposed project. Submit Assignment 1.	T CE WS Assignment Ref	C WS	IOLP PS	Assignment Ref Discussion	Development of research skill. Develops an understanding of choices and decisions Development of academic writing skills
17 -18	WC 12/01/2026 and WC 19/01/2026	LA C	Topic: Building Regulations Application (1) Presentation on Building Regulations Application Students to Explain the types of Building Regulation application. Describe the process of making an application for a full plans using a simple narrative or a flow chart. Describe the process of making an application for a building notice using a simple narrative or a flow chart.	T D WS CE PowerPoint	IWB C Handout	C IT WWO PS	Q&A Discussion Group Work	• Encourage learners to consider how building notice applications can be used to ensure proposed building works accommodate the needs of all user groups, including disabled access, age, and cultural background. • Stress the importance of checking that all health and wellbeing provisions (e.g., ventilation, fire escapes, daylight, secure access) are met even with the more streamlined building notice route. • Include case studies involving Welsh local authorities and promote the use of Welsh terminology in the submission process.

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			Give feedback on Assignment 1.					
19	WC 26/01/2026	LA C	Topic: Building Regulations Application (2) Presentation on Building Regulations Application Students to Prepare a full plans application. Produce a schedule of the key stages for on-site inspection from the application stage through to final sign-off.	T D WS CE PowerPoint	IWB C Handout	C IT WWO PS	Q&A Discussion Group Work	- Engage learners in reviewing real plans for inclusivity and social/environmental impact—aligning with ESDGC. - Discuss how detailed planning contributes to healthier and safer built environments—ventilation, lighting, spaces for wellbeing, safe escape routes. - Assign exercises simulating the preparation and submission of full plans as a small business owner, including client communication, legal responsibilities, and cost estimation.
20	WC 02/02/2026	LA C	Issue Assignment 2. Students are introduced to the assessment process for the unit, revisit learning outcomes and criteria. Discussion of submission requirements for the unit.	T WS Assignment Ref	C WS	IOLP PS	Assignment Ref Discussion	Development of research skills Develops an understanding of choices and decisions Development of academic writing skill.

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Assessment: Assignment Ref, Q&A, Discussion, Group Work, Quiz, etc

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21 - 24	WC 09/02/2026 to WC 09/03/2026	LA C	Topic: Assignment 2 – Independent study & support sessions Students, working individually, begin to identify resources required in relation to their proposed project. Submit Assignment 2.	T CE WS Assignment Ref	C WS	IOLP PS	Assignment Ref Discussion	Development of research skill. Develops an understanding of choices and decisions Development of academic writing skills
25 -26	WC 16/03/2026 and WC 23/03/2026	LA C	Topic: Provide assignment 2 feedback. Tutor to begin to provide feedback to assignment 2 submissions.	T D	C IWB	C IT WWO PS	Assignment Ref Discussion	Develops an understanding of choices and decisions Treat all students' submission equally and fairly.
27 - 28	WC 13/04/2026 and WC 20/04/2026	LA A - C	Topic: Assignment Resubmission- Independent study & support sessions Students, working individually, begin to identify resources required for their resubmission. Students may meet with their tutor, individually or in groups, to discuss their feedback on previous submissions and receive advice in support of	T D GW CE WS PowerPoint	C IWB	C IT WWO PS	Assignment Ref Discussion	Development of critical thinking skills Development of research and literacy skills. Develops an understanding of choices and decisions

Methods of Delivery: T – Talk, D – Discussion, GW – Group Work, RL – Role Play, CE – Class Exercise, WS – Worksheet, etc

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			developing the final assignment report. Resubmit Assignments					
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