

DAILY DOMINATION

 	 Today's Tasks & Steps To Success 
1.  	 Task: Wake up Checklist (FAST)  Action Steps: - Review tasks for the day (daily domination) - Post my task list for the day in chat - Post my GMs + Post in the gratitude chat - Fill out morning Rainmaker doc
2.  	 Task: Social Media Work (business account)  Action Steps: - Create today's content to post it to Instagram. - Motivational, something I learned this week. - Search for trends and use for inspiration. - Comment on 10 other accounts.
3.  	 Task: Finish creating my scheduled tasks and plan for my trip  Action Steps: - Get a list of to-dos ready for work related tasks. - Have a schedule filled out for the 4 days I am traveling for (google calendar screenshot). - Do the math on when I'll be working and when I'll be sleeping.
4.  	 Task: Physical exercise.  Action Steps: - Complete today's chosen daily workout
5.  	 Task: Client Project G-work (Hadrien)  Action Steps: - Increase sales from my client's website store page by driving traffic from his Social Media pages. - Mini Objective #1: Post Content on all platforms - Post 3 Instagram Stories (previous image posts) - Make 1 post to pinterest (make sure to use AI). - Make 1 short post to the Youtube account. - Mini Objective #2: Testing & Reviewing ideas - Have a call with my client to go over posting as he said he wanted to test and show me something for posting and discuss the current process. - Review the most recent results and compare them to last week's results. - Talk to my client about what I noticed for high views posts on his account and lay out the pattern.
6.  	 Task: Daily Lessons Check  Action Steps:

	 Today's Tasks & Steps To Success 
	- View the daily Power Up Call - Review the unseen lessons from the CA & SM campus - Review the remaining lessons from the Hero's Year
7. 	 Task: Reflect on today and plan tomorrow  Action Steps: - Review today's daily domination doc - Check off the whiteboard entirely - Write in my journal today's progress - Fill out the rainmaker glory doc

	 Date 
Date:	09/28/24

	 3 Blessings I'm Grateful To Have 
1.	I am grateful for having enough money to travel to another country.
2.	I am grateful I get to meet members of my family that I have yet to meet.
3.	I am grateful that I am organized and prepared to take on a 4 day trip internationally.

	 3 Priority Tasks  (These are non-negotiable tasks and must be conquered today!)
1.	- Mini Objective #1: Post Content on all platforms - Post 3 Instagram Stories (previous image posts) - Make 1 post to pinterest (make sure to use AI). - Make 1 short post to the Youtube account.
2.	- Mini Objective #2: Testing & Reviewing ideas - Have a call with my client to go over posting as he said he wanted to test and show me something for posting and discuss the current process.

	- Review the most recent results and compare them to last week's results. - Talk to my client about what I noticed for high views posts on his account and lay out the pattern.
3.	- Finish creating my scheduled tasks and plan for my trip.

Hourly Commitments & Reflections

Task 🏆	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

(Fill in as you go & remove the hours you are asleep.)

6:30 AM: Task 🏆	Physical workout
Strategy 🔍	- Go outside and perform today's daily chosen workout (Run / Jog).
Reflection ✍️	Completed my morning run first thing in the morning after waking up.

7:30 AM: Task 🏆	Morning Checklist
Strategy 🔍	- Review tasks for the day (daily domination) - Post my task list for the day in chat - Post my GMs + Post in the gratitude chat - Fill out morning Rainmaker doc
Reflection ✍️	Completed my morning checklist no problem, filled out the rainmaker goal for today and posted my tasks and daily dom doc.

8 AM: Task 🏆	Social Media (business account) work
Strategy 🔍	- Create today's content to post it to Instagram. - Motivational, something I learned this week. - Search for trends and use them for inspiration. - Comment on 10 other accounts.
Reflection ✍️	Completed my social media work. It took me a little more time than I thought because I wasn't active enough. I see that If I need to comment on accounts that I would potentially want as a client from the same niche I am targeting that will help definitely. Also My posts need to become more "target market focused" instead of sharing my own personal ideas and lessons.

9 AM: Task 🏆	Client Project G-work 1
Strategy 🔍	- Mini Objective #1: Post Content on all platforms - Post 3 Instagram Stories (previous image posts) - Make 1 post to pinterest (make sure to use AI). - Make 1 short post to the Youtube account.
Reflection ✍️	Took care of all of the content posting for my client in the early morning. This way I'm able to gather feedback quicker, and organize my time better.

2 PM: Task 🏆	Client Project G-work 2
Strategy 🔍	- Mini Objective #2: Testing & Reviewing ideas - Have a call with my client to go over posting as he said he wanted to test and show me something for posting and discuss the current process. - Review the most recent results and compare them to last week's results. - Talk to my client about what I noticed for high views posts on his account and lay out the pattern.
Reflection ✍️	Today my client was busy so we didn't manage to hop on a call together to go over the next post so we'll find another time tomorrow. I did review the results and thus far they've been gradually increasing slightly. Although they aren't OVER performing, they are doing better and better.

3 PM: Task 🏆	Finish creating my scheduled tasks and plan for my trip.
Strategy 🔍	- Get a list of to-dos ready for work related tasks. - Have a schedule filled out for the 4 days I am traveling for (google calendar screenshot). - Do the math on when I'll be working and when I'll be sleeping.
Reflection ✍️	Made a whole schedule of my flight and how I'll divide work time with sleep time and also once I'm landed and onboard. I will board in the evening and then sleep once I'm aboard and for the remainder of the flight do the work I have planned, I'll want to take a bunch of screenshots of analytics and update them once I find wifi in Shanghai.

5 PM: Task 🏆	Daily Lessons Check
Strategy 🔍	- View the daily Power Up Call - Review the unseen lessons from the CA & SM campus - Review the remaining lessons from the Hero's Year
Reflection ✍️	Viewing today's lesson (Power up call) I learned how to best be in a peak state thanks to improving my body and mind connection with a few to dos. VERY important and useful even though I knew most of them already.

6 PM: Task 🏆	Reflect on today and plan tomorrow
Strategy 🔍	- Review today's daily domination doc - Check off the whiteboard entirely - Write in my journal today's progress - Fill out the rainmaker glory doc
Reflection ✍️	Reflected today and planned for tomorrow.



Twilight's Review



🌟 What wins did I achieve today? 🌟
Today I completed all of my daily tasks and spent some quality time with my family. Got a haircut and beard trim feeling fresh.

📖 What lessons did I learn today? 📖
I learned how to be in a peak state physically and mentally. I learned the importance of praising others that deserve it in order to throw around positivity and increase my chances of getting the ball back in a way.

🚧 What roadblocks did I face? 🚧
I didn't face any roadblocks I couldn't overcome although I didn't get to have a call with my client and discuss what we had planned and post for today on IG.

 **How will I improve and progress tomorrow?** 

Tomorrow I want to follow-up on my client and make sure that we get a new post up and running, and also create a new post from the old content on the cloud. Also improve my flight plan for tuesday to make sure I get a few things done on time during my flight and in between landing and boarding.

 **What worked well and will be repeated?** 

Morning execution on tasks.
Preparation for my flight Tuesday.

 **Who are the People I need to connect with?** 

My friend Hadrien.
My friend Ryan.
My contacts in TRW.

 **What tasks remain uncompleted** 

Hop on a call with my client and create a new post, as well as talk about the pattern I found.

 **What changes do I need to make to my CONQUEST PLAN?** 

None.

 The final assessment of the day's productivity

7/10

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)

Today was a long day. I did many things but didn't end up doing enough work since I hit a roadblock by not being able to call with my client but nothing too bad.