

Name:

ID:

Date:

## **Career Assessment & Exploration with CaliforniaColleges.edu or CACareerzone.org**

For first time users, steps for registering your account can be found [here](#).

STEP #1: Log in to [www.californiacolleges.edu](http://www.californiacolleges.edu) or [www.cacareerzone.org](http://www.cacareerzone.org)

STEP #2: Hover over or click on Career / Explore at the top of the page and then click on Interest Profiler. Click on Get Started and complete the profiler.

STEP #3: Now that you have completed the questions, take a moment to review your matches, click on your matches, compare careers, and mark favorites on the website by clicking on the heart icon.

STEP #4: List 3 careers that you are interested in. You can refer to Matching Careers OR search a career that you don't see by clicking on the Career Search Page.

1.

2.

3.

STEP #5: Now let's focus on your top career choice. Select one career that you want to learn more about. Click on the career and answer the following questions.

**Career:**

Name:

ID:

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<b>List the <u>Main Responsibilities</u> of this career:</b>	<b>List the main <u>Work Activities</u> of this career:</b>
<b>Pick 3 <u>Related Careers</u> that interest you:</b>  1.  2.  3.	<b>What are 2 or 3 characteristics in <u>Academic Knowledge</u> that you can improve or work on?</b>
<b>What degree or <u>Education Level</u> do you need for this career? What <u>Major/Program</u> can provide you this education?</b>	<b>What <u>Colleges</u> offer the <u>Major/Program</u> needed for this career? List at least 2 colleges.</b>

Name:

ID:

Date:

Select 1 of the colleges - what are 2 things you like about the college?

What Skills do you need to be successful in this career?

**REFLECTION:** What skills can YOU work on to be successful at this career?

**REFLECTION:** What do YOU find interesting about this career? Why are you interested in this career?

Name:

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Goal for your future: \_\_\_\_\_

\_\_\_\_\_

Go through the chart below and add specificity, measurable results, instructions for achievement, the relevance this has to your college and career path, and the time table you will use to guide your actions.

<b>S</b> Specific	
<b>M</b> Measurable	
<b>A</b> Achievable	
<b>R</b> Relevant	
<b>T</b> Time-Based	