

HARTINGTON LEAGUE OF HEROES

League of Heroes would like to invite all kids K-8th grade to learn the sport of wrestling while training to become everyday heroes. Along with learning the sport of wrestling, the coaches will also focus on the 5 characteristics of a hero: brave, strong, loyal, determined and respectful. Each hero will learn to work as a team as well as an individual. Wrestling/hero training will be held in Msgr Werner Activity Center (MWAC) Annex in Hartington, NE. Be sure to follow the League of Heroes Facebook page for current information as the season progresses. The 2024-25 season LOH had 77 heroes bringing home 8 team trophies, 33 state qualifiers and 3 state champions.

Registration

Registration Night will be on Sunday, November 23rd at 5pm for girls and at 6pm for boys at MWAC Annex (the new CCHS wrestling building south of Holy Trinity elementary and the MWAC) . There will be a parents' meeting to follow at 5:20pm for girls and 6:20pm for boys. Follow the QR code at the bottom of this page to fill out the registration for each of your wrestlers. We ask that you get a USA wrestling membership that can be purchased at usawrestling.com-we will explain more at registration night. If you're not sure about wrestling, we will have a time to **try out wrestling and meet the coaches on November 22nd from 8:30-9:30am.**

Apparel

Follow the QR code below to get your apparel for the year. This will only be available until **December 7th.** We will have it all before Christmas.

Dues

$55 per child + $50 deposit for singlets that will be shredded at the end of the season when the singlet is returned. No cash will be accepted. Please make these checks payable to League of Heroes. Bring a separate check for the deposit. There may be a total of 2 separate checks needed: 1) dues and 2) singlet deposit.

Photos

Each wrestler will receive a team picture for free. **Team pictures are on December 4th**. Individual pictures from 5:30-6 and team pictures at 6. You will need the Stack Team App to get updates for pictures.

Practices

First practice will be Monday, December 1st, 2025. Practices will be Mondays (boys only) Tuesdays (girls only) 6-7:30pm and Thursdays (boys and girls) from 6pm-7:30pm for the advanced group. Kindergarten and 1st grade boys will practice on Mondays and Thursdays (boys and girls) 6pm-7pm. Practices may be changed/canceled due to Christmas concerts and holidays. Facebook and the Stack Team app will have updates and a calendar.

Waiver & Release

Below you will find the release form QR code to fill out before registration night. If you are unable to get the QR to work, we will have a way to fill it out at registration night. We will not allow any child to wrestle if they do not have a signed release form.

Attire

Gym shorts, t-shirt, socks, wrestling or P.E. shoes. NO STREET SHOES OR BARE FEET. Wrestling shoes are not required. They do help but are not necessary. At tournaments, we suggest they wear P.E. shoes if they don't have wrestling shoes. We have singlets to check out to be worn at tournaments. If your child is not going to any tournaments, please leave the singlets for the ones who are.

Ages

All girls and boys in kindergarten through 8th grade. There will be a 6 week season for Tots (preschool-kindergarten) in February and March 2026.

Watching

Parents are allowed to watch anytime. Please be courteous to our coaches and volunteers so the wrestlers can give their full attention to practice.

Coaches

John Freeman, Eric Becker, Dirk Daily, Bob Lauer, Austin Kaddatz, Josh Evans, Justin Bartling and Aaron Wiechelman, along with the help of some high school wrestlers and high school coaches, will be coaching your children. We are always looking for more volunteers. The volunteer coaches cannot always help, so even if you don't have wrestling experience your help is welcome.

Tournaments

Coaches will be communicating through the Stack Team app (QR code below and search for League of Heroes). Upcoming tournaments will be shared at practices and on the Stack Team app. We encourage you to take your child to as many or as few tournaments as you like. They will usually get 2 to 3 matches in a tournament. There will be a home tournament in Hartington January 11th.

Weather

Practice will be canceled if either Hartington school cancels due to weather. If there is inclement weather, we will post on the League of Heroes Wrestling Facebook page and send out a chat on the Stack team app. It is important to get this app if you want the updates.

Thank You,

Please contact us if you have any questions.

John Freeman (402) 375-9280 and **Eric Becker** (402) 841-6374

Release form

Stack team app for IOS

Stack team app for android

Apparel sign up