

Learning Journal Requirements for DIG110

What is a Learning Journal?

A learning journal is an exercise in metacognition. Meta What?

To put it another way, a learning journal is my way of getting you to think about your own learning. Research continually demonstrates that a significant trait in successful students is their ability to monitor their own learning. This is referred to as an active learning teaching strategy. This journal assignment is a focused, organized approach to that process.

Now relax a bit; this is not a test. This is an opportunity to take more control over your learning and a way to ensure that you are getting out of the course exactly what you need.

Instructions:

For this assignment, you will need to create an account on [blogger.com](https://www.blogger.com) and create a blog for this course. You will create **ONE blog** and add multiple postings to it over the course of the semester. Blogs are essentially online journals and Blogger is very easy to use. You will need to make **one reflection entry** to your blog at the end of each learning module. The individual learning journal entries will help you reflect on what you learned over the entire semester and provide you with information to write your course reflection essay, which is due at the end of the semester.

Each module (about every two weeks) you will create a new post on your blog, add your journal entry content, and post a link to your blog home page in the assignment form in Brightspace by the assigned due date. At the end of the semester, you will write a course reflection essay based on the entries, weblinks, and other resources added to your blog throughout the semester.

JOURNAL ENTRY CONTENT REQUIREMENTS - Each entry is worth up to **100 points** and must include the following elements:

1. **What did you learn?** Your journal entries should reflect on what you are learning in this class: Your entry must include detailed information on what you have learned from the content within this learning module including the **discussion board**, readings, online lessons, or other supplementary materials. All writing assignments must use proper college-level grammar and spelling and be written in your own words. [Plagiarism](#) will not be tolerated. I may ask you to answer specific questions at times or provide other information. I will inform you in each learning module if specific information is needed.

- a. **For this first journal entry answer the following questions as part of the what you learned section:** What are the three most significant (central, practical, meaningful, surprising, disturbing) things you have learned in learning module #1?
- What is your muddiest point? What was the most difficult or confusing part of the lesson, web lab, reading, discussion, or getting started in DIG110?
 - Is there anything you didn't understand?
 - Do you feel comfortable navigating Brightspace and the course now? If not, how can I help you?
 - How do you prefer to receive my reminders? Text, the announcement in the course, T-Wolves email, or another method?
2. **Add Digital Learning Objects** - I would like you to embed resources you found helpful in learning the information in the current learning module (e.g., images, infographic, or video)
3. **Comment on your participation:** Did you put in the time and effort needed for this module? How will you improve your participation in the following learning module if not?
4. **Terminology**- List at least four words/terms and definitions from this learning module.

Below are some good examples of student reflection entries from DIG110 students:

- Brent Whitehall- [Journal](#)
- Mary Kay Koziol- [Journal](#)

<https://mkkoziol.blogspot.com/2019/02/learning-journal-entry-2-how-it-happens.html>