



Hello all!

I hope you're doing well. I just wrapped my first ever semester of offering chaplaincy sessions and I truly wanted to thank each and every one of you for investing in my spiritual growth by taking the risk of scheduling with me and sharing such deep, vulnerable conversations. It's been tremendous and I truly can't wait to keep offering sessions in 2023.

Please take a couple minutes to fill out this short, anonymous [feedback survey](#) so I and the sangha organizing team can get an idea of how things went, how I can grow, and what sort of other offerings we can develop to best serve the ever expansive Bhumisparsha community. It is much appreciated.

Also, if you haven't yet please check out www.bhumisparsha.org to check out other online offerings including practice sessions and community building events. Finally, if you're able to support the sangha financially through a contribution, you can do so at www.bhumisparsha.org/support. I receive a stipend from my seminary right now so I'm covered, but if you valued our time together it'd be great to know the sangha is receiving support to help us continue to offer such services.

Okay that's enough from me! Thank you so so much. I hope you have a lovely holiday and get plenty of rest and rejuvenation as we navigate the darkness of winter.

May all beings be free, as soon as possible, without exception.

Love and solidarity,

Rafael Diaz
Bhumisparsha Community Chaplain