



大華府地區中文學校聯誼會

Washington Metropolitan Association of Chinese Schools

2022大華府地區中文學校聯誼會第8屆運動會 競賽程序 2022 WMACS Joint Field Day Activity Schedule - May 1, 2022

時間 (Time)	項目 (Event)	組別 (Age Group)	生日 (Date of Birth)
12:10	各校跑道集合 (assembly)	Group C	2016.5.2 and younger
12:30	各校繞場 (marching) 開幕典禮 (opening ceremony) 全體健康操 (fitness)	Group B	2013.5.2 to 2016.5.1
		Group A	2010.5.2 to 2013.5.1
1:00	徑賽及拔河 (competition)	Junior	2007.5.2 to 2010.5.1
3:30	頒獎典禮 (award ceremony)	Senior	2003.5.2 to 2007.5.1
4:00	結束 (closing)	Adult	2003.5.1 and older

拔河 (Tug of War)		
時間 (Time)	組別 (Age Groups)	隊數 (Teams)
1:05	Group A, Junior	5
1:25	Adult	4
1:45	Senior, Woman	5
2:05	Groups C, B	6



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徑賽 (Track)							
看臺側 (East Tracks)				球場側 (West Tracks)			
時間 Time	項目 Event	組別 Age Groups	人數 Count	時間 Time	項目 Event	組別 Age Groups	人數 Count
1:00	100M	Senior Girl	6	1:00	100M	Group B Girl	24
1:05	100M	Senior Boy	14	1:15	100M	Group B Boy	32
1:15	100M	Junior Girl	19	1:35	50M	Group C Girl	21
1:30	100M	Junior Boy	25	1:50	50M	Group C Boy	13
1:50	100M	Group A Girl	29	2:05	50M fun run	Group C	44
2:10	100M	Group A Boy	29				
時間 (Time)		項目 (Event)		Age Groups		隊數或人數 (Count)	
2:30		400M Relay (4x100)		Senior		7	
2:35		400M Relay (4x100)		Junior		10	
2:55		400M Relay (4x100)		Group A		8	
3:00		400M Relay (4x100)		Group B		5	
3:05		400M Relay (4x100)		Group C		3	
3:20		1600 M		All groups		64	

(last update on April 30, 2022)