



































DAILY DOMINATION

 	 Today's Tasks & Steps To Success 
1.  	<p> Task: Wake up Checklist (FAST)</p> <p> Action Steps:</p> <ul style="list-style-type: none"> - Review my Identity document - Review tasks for the day (daily domination) - Post my task list for the day in chat - Post my GMs - Visualize my higher self - Post in the gratitude chat - Hydrate
2.  	<p> Task: Social Media Work (business account) + Client account</p> <p> Action Steps:</p> <ul style="list-style-type: none"> - Post some content to my business IG account and add it to my story. - Complete my client's social media management duties for today. <ul style="list-style-type: none"> - Post 3 stories on IG. / Post 1 on pinterest. / Post 1 short on YT.
3.  	<p> Task: Physical exercise.</p> <p> Action Steps:</p> <ul style="list-style-type: none"> - Complete today's chosen daily workout
4.  	<p> Task: Client Project G-work (Hadrien)</p> <p> Action Steps:</p> <ul style="list-style-type: none"> - Get my client's website reviewed more and take action on the feedback I gathered yesterday. <ul style="list-style-type: none"> - Send in the final product to an expert in TRW. - Review my entire process from the start of the WWP to the end of it to reflect on everything and have a better overview.
5.  	<p> Task: Daily Lessons Check</p> <p> Action Steps:</p> <ul style="list-style-type: none"> - View the daily Power Up Call - Review the unseen lessons from the CA & SM campus - Review the remaining lessons from the Hero's Year
6.  	<p> Task: Reflect on today and plan tomorrow</p> <p> Action Steps:</p> <ul style="list-style-type: none"> - Review today's daily domination doc - Check off the whiteboard entirely - Write in my journal today's progress - Reflect on today and see how to improve tomorrow - Plan out tomorrow's daily domination + Google Calendar - Perform the Weekly OODA LOOP.

	<div> <div>July 17</div> <div>Date</div> <div>July 17</div> </div>
Date:	09/15/24

	<div>  <div>3 Blessings I'm Grateful To Have</div>  </div>
1.	I am grateful for my loving family.
2.	I am grateful to live in a safe country.
3.	I am grateful to have a bed to sleep in.

	<div> <div>  <div>3 Priority Tasks</div>  </div> <div> <div>(These are non-negotiable tasks and must be conquered today!)</div> </div> </div>
1.	Get my client's website reviewed by an expert.
2.	Review my client's WWP from start to finish.
3.	Act on the remaining feedback I received and update my client.



Hourly Commitments & Reflections



Task 🏆	Task: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the task finished? If not, why & what stopped me and how will I fix it?

(Fill in as you go & remove the hours you are asleep.)

8 AM: Task 🏆	Morning Checklist
Strategy 🔍	<ul style="list-style-type: none">- Review my Identity document- Review tasks for the day (daily domination)- Post my task list for the day in chat- Post my GMs- Visualize my higher self- Post in the gratitude chat- Hydrate
Reflection ✍️	Completed my morning checklist quickly and efficiently.

9 AM: Task 🏆	Social Media management duties
Strategy 🔍	<ul style="list-style-type: none">- Post some content to my business IG account and add it to my story.- Complete my client's social media management duties for today.<ul style="list-style-type: none">- Post 3 stories on IG. / Post 1 on pinterest. / Post 1 short on YT.
Reflection ✍️	Completed my social media management duties no problem real quick like I usually do.

10 AM: Task 🏆	Physical exercise
Strategy 🔍	<ul style="list-style-type: none">- Perform today's daily chosen workout.
Reflection ✍️	Performed some daily exercise outside.

3 PM: Task 🏆	Daily Lessons Check
Strategy 🔍	<ul style="list-style-type: none">- View the daily Power Up Call- Review the unseen lessons from the CA & SM campus- Review the remaining lessons from the Hero's Year
Reflection ✍️	Reviewed today's mindset lessons and took notes as I usually do.

5 PM: Task 🏆	Client Project G-work Session 1
Strategy 🔍	<ul style="list-style-type: none">- Review my entire process from the start of the WWP to the end of it to reflect on everything and have a better overview.- Get my client's website reviewed more and take action on the feedback I gathered yesterday.<ul style="list-style-type: none">- Send in the final product to an expert in TRW.
Reflection ✍️	Filled out a google document and sent it into Henri's expert channel in TRW's copywriting campus to get my client's website reviewed.

6 PM: Task 🏆	Client Project G-work Session 2
Strategy 🔍	<ul style="list-style-type: none">- Review my entire process from the start of the WWP to the end of it to reflect on everything and have a better overview.
Reflection ✍️	Going through the entire WWP process, there were definitely some pieces that I haven't developed enough or "skipped" over you could say. And I want to continue improving on this draft tomorrow.



7 PM: Task 🏆	Reflect on today and plan for tomorrow + Weekly OODA LOOP
Strategy 🔍	<ul style="list-style-type: none"> - Review today's daily domination doc - Check off the whiteboard entirely - Write in my journal today's progress - Reflect on today and see how to improve tomorrow - Plan out tomorrow's daily domination + Google Calendar - Perform the Weekly OODA LOOP.
Reflection ✍️	Reflected on today and planned for tomorrow.



Twilight's Review



 What wins did I achieve today? 
<p>Completed all of my planned tasks for today. Spent some quality time with my dad.</p>

 What lessons did I learn today? 
<p>I've learned how important it is to feel comfortable in your own skin. I've learned how important it is to have good social contact during the day. I've learned the importance of being honest and open about everything.</p>

 What roadblocks did I face? 
<p>I didn't face any roadblocks that I didn't struggle to move past.</p>

 **How will I improve and progress tomorrow?** 

Tomorrow I want to make sure I put more time to make my client's WWP much more in depth and clearer than today. I want to make sure I'm fully confident in my abilities and have a conversation with my client asap to talk over what we need to do now and in the near future.

 **What worked well and will be repeated?** 

My quick execution in the morning of my first couple tasks and my social media management.

 **Who are the People I need to connect with?** 

I need to follow-up on my "ask an expert" with Henri in TRW.
I need to connect with my client Hadrien.
I need to connect with my friend Ryan.

 **What tasks remain uncompleted** 

None. Although I will be improving today's work on the WWP.

 **What changes do I need to make to my CONQUEST PLAN?** 

None.

The final assessment of the day's productivity

7/10

Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)

Today was a good day, it felt good productive-wise and I got a few things done. Although after reflecting I see how I could make it better for work related tasks.