



Presenter: Clarissa Gaerlan

Session & Time: E-Poster

Room/Time: GUZ 113 & 114 / 3:30-4:30

Discipline: Nursing

Faculty Mentor: Olivia Catolico

Digital Portfolio URL:

https://docs.google.com/document/d/1h2Hh4arTswIEJSs3iJmj-OpLX_mcbHM0_gXoweSUH_/edit?usp=drivesdk

Title: Supporting Functional Ability Through Healthier, Sustainable Communities

Abstract:

This poster explores the relationship between Functional Ability and UN SDG Goal 11: Sustainable Cities and Communities. Functional Ability refers to the individual's ability to perform the usual daily activities required to meet basic needs; fulfill roles in the family, workplace, and community; and maintain health and well-being (Giddens 14). UN SDG Goal 11 and Healthy People 2030 share similar goals such as improving environments and quality of life; and these play a crucial role in health and independence. Healthy People 2030 focuses on improving health outcomes and reducing disease while SDG 11 focuses on creating inclusive, safe and sustainable cities for. Combined they allow the populations at higher risk to maintain functional ability and active participation in society. By improving both the environments people live in and their overall

health, these efforts help individuals stay independent for longer and narrow gaps between vulnerable groups. Bringing these approaches together also helps build stronger communities by making them more accessible, supportive, and better suited for everyone's well-being.