

# Behavior Problems at School: A Complete Problem-Solving Guide for Parents

Is your child experiencing behavior problems at school? Use this step-by-step guide – from setting up a brainstorming session with the school to tracking progress and troubleshooting setbacks – to address and remediate behaviors that are interfering with your child’s education.



By [Rachel Schwartz, PhD, BCBA-D Verified](#) Updated on July 12, 2023

The phone rings. It’s the school — again. Your child is exhibiting problem behaviors; they are having a difficult day. Your gut response might be one of panic, frustration, confusion, and/or overwhelm. *What now?*

The school may have ideas for managing your child’s behaviors. But management alone is not enough. To truly and effectively help a child with school behavior problems, you must *teach them new skills* to ultimately reduce interfering behaviors. You cannot punish the problem away.

Parents play an important role in driving the conversation and the problem-solving process. From requesting school meetings to brainstorming behavioral strategies and monitoring progress, here’s a detailed step-by-step guide for working with educators to improve your child’s classroom behavior.

Full article: [here](#)

(<https://www.additudemag.com/how-to-help-a-child-with-behavior-problems-at-school-adhd/>)